

BAKHABAR

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Be Aware, Always, Everywhere

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Ramadan Special



May Allah

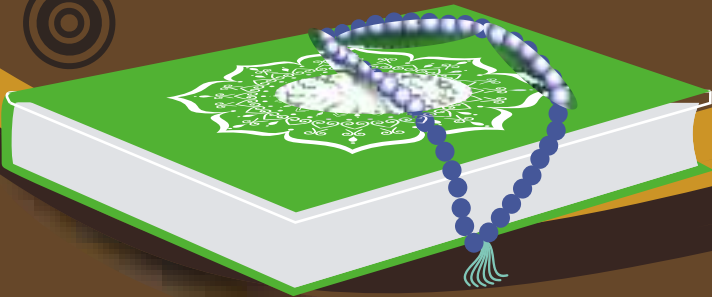
Give us the strength & Patience to fast during
the whole month of Ramadan!

Accept all our fasts in this holy month!

Give us the opportunity to worship in the night
of Qadr and accept our worship!

Help us to continue all the good deeds we do in
this holy month!

اللہ اکبر
سبحان اللہ
سبحن اللہ وبحمده
سبحن اللہ العظیم



Benefits of Fasting in Islam : How character-building is achieved...

- God-fearing nature
- Afterlife Accountability
- Patience
- Self-control
- Self-discipline
- Responsibility
- Obedience
- Purification of soul

Ramzan Mubarak!

You are driving the world's most luxurious car, Rolls Royce, or say Ferrari, zooming past each and every motor vehicle in the vicinity and speeding ahead fabulously. You are handsome; the car you are driving is handsomer. Your conveyance has every luxury you can think of, a wonderfully furnished little drawing room with all the modern gadgets, a well stuffed kitchen, a fitted bathroom and everything, yes, everything you want to grab your hands on, is within your reach. You are in the driving seat, and you feel on top of the world! Its just natural nah! The whole world is in awe of you, casting admiring glances on you and your Ferrari. Unmindful of all this, carefree, you speed on, whistling even perhaps, and why not? You are on cloud nine, in control of everything you want. You love your car; you are loving this life, the whole world under your feet. It's simply irresistible!

A beep from the car stereo plays the spoilsport, a voice informs politely

"Your car, Sir, has no brakes!"

Aghast!

Even before you begin battling your eyelids in utter dismay, this Ferrari, this awe, this admiration turns into a ghost of the past; that unbound joy is lost within no time! Difficult to believe you were bursting with joyful pride, just moments ago and suddenly everything changes, and how it changes! That one crucial part of the locomotive was missing. And absence of that tiny lovely little part transforms your car and your attitude to it, altogether! You hate it now and want to jump out of it as if it were a hell! Why did this happen?

Having brakes meant you could control the car and otherwise..... well ,you know well!

The analogy I draw here is worth pondering. Consider car as duniya, the world and its opulence, the driver obviously is you, and the brakes are akin to the quintessential controls of our beautiful Deen, Islam. We are doomed if the brakes go missing, same is the case of a life without our faith. Every moment in His remembrance, under His watchful gaze and remaining within the limits prescribed by Him is quite worth it. So truly speaking, the brakes or the controls put by our religion are actually an asset, without which whatever remains, may crash any time. The world of Ferraris is alluring and has the power of making us powerless if we get absorbed in it. If we ponder deep, we find that all the five essential pillars of Islam make us appreciate that this Duniya is only a fleeting moment and they are intended to prepare us for breaking free from Duniya's temptations, its allurements. Fasting of Ramzan is one of the five pillars of Islam that helps us break free, in other words, to feel liberated. In this holy month of Ramzan, we do something strange. We do not just keep off the prescribed haram things but also from things considered halal! Why is it so? Have you given it a thought?

Allow me to elaborate a bit. If we desist even from what is deemed halal in this month, then strong possibility is that we gain more strength to stay away from the haram ! Through fasting, our struggle to stay away from haram things begins getting easier. This may be the Hikmah behind it. Fasting for thirty days straight, indeed, proves magical not just for the physical but most importantly for the spiritual health of a person. His system is cleansed from within. Though he is depriving himself of nutrition, water and sufficient sleep but in the process he is fortifying his soul. Body is a cage for the soul. We pay much detailed attention to it, caring for it, trying to beautify it forgetting altogether that there is this little ephemeral entity hidden within it which too needs to be cherished. Ignoring the soul leads to our frequent failures, to make that 'connection' to its Great Creator, and that's why we feel depressed, we feel low, and feel alone. Interestingly like a domino effect, this 'frequent failure to get connected to the Almighty', also leads us to get ourselves entrapped in the marvels of duniya; Duniya which allures us with its beauty but can never give us that lovely peace, we so desire, all the time!

This eluding peace is born within our soul only when it gets connected to its Creator and the best way to get it done is to read/understand His words i.e. The Book /The Quran .Quran is az Zikr, the greatest of the zikr, food for the soul, and both (Quran and Soul) are in perfect harmony with each other. Of course, it is an answer to all our problems provided we comprehend the hikmah behind its commands and are willingly prepared to practise it.

Quran brings joy to our lonely souls, a joy unmatched and very precious. Our Creator is speaking to us through His Book. If we turn to someone only in the times of our dire needs, then it's a sign that the relationship is not healthy. And this is the state of most of us who are selfish enough, 'to use' God when there be a need. This blessed month of Ramzan has come again to us, as a big reminder of Him and His book Quran. Let's recognize that 'the training' in the month of Ramzan is not just month-long but surely year-long! To be used for the rest of the year.

Eid Mubarak

Ms. Asma Anjum Khan

۱- نیت کا ہونا ۲- روزہ توڑنے والی چیزوں سے فجر سے لیکر غروب آفتاب تک رک جانا
روزہ کے صحیح ہونے کی شرطیں:

- (۱) اسلام کا ہونا۔ (۲) رات سے ہی اگلے دن کیلئے روزہ کی نیت کا ہونا۔ (۳) عقل کا ہونا۔
- (۴) تیز کا ہونا، یعنی جو روزہ توڑنے والی چیزوں کو سمجھ سکے۔ (۵) حیض کے خون کا نہ آنا۔
- (۶) نفاس کے خون کا بند ہونا۔

روزہ کی سنتیں

- (۱) افطاری میں جلدی کرنا۔ (۲) کھجور یا چھو بارے یا پانی سے افطاری کرنا۔
- (۳) افطاری کا وقت قریب ہونے کے وقت دعائیں کرنا۔ (۴) سحری کھانے میں تاخیر کرنا۔
- (۵) نقلی نمازیں اور نیکی کے کام زیادہ سے زیادہ کرنا۔ (۶) قرآن کریم کی تلاوت اور عمرہ ادا کرنا۔
- (۷) قیام اللیل یعنی تراویح کی نماز پڑھنا۔ (۸) اعتکاف میں بیٹھنا۔

روزہ میں کردہ چیزیں:

- (۱) کلی یعنی غرارہ کے وقت مبالغہ کے ساتھ پانی حلق کے پاس بھیچنا یا ناک میں مبالغہ کے ساتھ پانی چرھانا۔ (۲) جھوٹ، یا غلط بات، غیبت اور جھگڑا کرنا۔ (۳) شہوت کو بھڑکانا۔

روزہ کو فاسد اور توڑ دینے والی چیزیں:

- (۱) کھانا، پینا اور جو چیزیں انکے مشابہ ہوں۔ (۲) جماع یعنی ہمبستری۔ (۳) جان بوجھ کر قتل کرنا۔ (۴) شہوت کے ساتھ جان بوجھ کر منی نکالنا۔ (۵) حیض اور نفاس۔
- (۶) زیادتی مقدار میں بدن سے خون کا نکلنا۔ (۷) روزہ کو توڑ دینے کی نیت کر لینا۔

ملاحظہ: یہ مندرجہ بالا چیزیں جو روزہ کو توڑ دینے والی ہیں انکے لئے یہ شرط ہے کہ۔

- (۱) ان چیزوں کا اسے علم ہو (ب) اسے ان پر مکمل اختیار ہو (ج) جان بوجھ کر اسے کرے۔

جن چیزوں کی وجہ سے روزہ نہ رکھنا مباح اور جائز ہو جاتا ہے۔

- (۱) سفر کی وجہ سے۔ (۲) مرض کی وجہ سے۔ (۳) حیض اور نفاس کی وجہ سے۔ (۴) کسی شخص کو بلا تک سے بچانے کے لئے ایک روزہ دار اپنا روزہ توڑ سکتا ہے تاکہ وہ نہ ہلاک ہو جائے، یا حمل والی خواتین کے روزہ رکھنے سے انکی صحت اور بچے پر اثر پڑے، یا دودھ پلانے والی عورتوں کا بچہ چھوکارہ جائیگا۔ تو پھر ان سب کے لئے مباح ہے کہ روزہ چھوڑ دیں اور بعد میں اسکی قضا کریں۔

دعا! اے اللہ ہم تجھ سے مانگتے ہیں۔

ایسی معافی جس کے بعد گناہ نہ ہو۔

ایسی ہدایت جس کے بعد گمراہی نہ ہو۔

ایسی رضا جس کے بعد ناراضگی نہ ہو۔

ایسی رحمت جس کے بعد عذاب نہ ہو۔

ایسی کامیابی جس کے بعد ناکامی نہ ہو۔

ایسی عزت جس کے بعد ذلت نہ ہو۔

یا اللہ مجھے اور میری فیملی اور عز و اقارب و دوست

احباب کو دنیا اور آخرت کی ہر قسم کی رسوائی سے

بچا اور آئیو لے دنوں میں ہمیں ہر قسم کا سکون اور

امن عطا کر۔ (آمین)

خبروں کی خبر

Seraj Akram

Ramzan ka مبارک mahina phir apni rahmaton ke sath aa gaya.

kaash is mahine se rewayatī taur par mustafid hone ke alawa kuch zindagi me bari tabdili bhi laane ki koshish ho.

Burma me hazaron Muslim ka Qatl-aam. aur sari duniya khamosh. Muslim Ramzan ki isteqlal ki tayyari me masroof?

ek chhota mulk Israel me 870 library aur pure arab mumalik me iska 10% bhi nahi. Muslim ko aakhir kab ahsas hoga ke qaum ka uruj unche building se nahi balke taleem, technology se hua karta he.

Bharat me sadar ke chunaw ke liye kafi halchal Lekin sadar ke ekhteyraat par bilkul khamoshi.

Pranab Mukharji, Bharat ke naye sadar Naik Khwahishat ke sath bahut se tawaqqawat wabista

Aatankwadi ke nam par Muslim naujawan ko pakad dhakar jari aur aam awam sirf apni khairiyat manane me masroof.

Hindustani media me Muslim ki hissedari sifar. aur uski ahmiyat se ghafil qaum kisi dusre dhun me mashghool.

Assam me phir fasad, darjano log maare gaye. sarkar jitni bechain dahshat gardi ke khilaf qanun banane ke liye hoti he utni fasad ke liye kyon nahi? kya fasad me marne wale ki jaan qimti nahi?

Iraq me bomb blast, saikron log maare gaye? kya is bat par puri duniya ke muslim ko sochne ki zarurat nahi ke aakhir muslim ko muslim kyon mar rahe hain. is se kiska fayeda ho raha he aur aakhir yah kyon nahi ruk raha he.

Ramadan

The Blessed Month of Fasting
Time to purify and train body and soul

Prophet Muhammad's (peace and blessings of Allah be upon him) address on the eve of Ramadan (Narrated by Ibn Khuzamah):
People, a great blessed month has come upon you. Allah has made fasting during it an obligation, and steadfastly observing its nights in worship a voluntary act.

Whoever undertakes an act of obedience to Allah during this month with a righteous deed, it is as if he has performed an obligatory act at other times, and whoever performs an obligatory act during it is as one who performed seventy obligations at other times.

It is the month of patience, and the reward for patience is Paradise. It is the month of goodwill, during which provisions are multiplied. Prophet Muhammad's (peace and blessings of Allah be upon him) said:
" Allah has no need for the hunger and the thirst of the person who does not restrain from telling lies and acting on them even while observing fast."

" When one of you is fasting, He should abstain from indecent acts and unnecessary talk, and if someone begins an obscene conversation or tries to pick an argument, he should simply tell him, 'I am fasting.'"

Ramadan provides an annual training opportunity that is meant to fulfil the character-building needs for the rest of the year.

Mr. Pranab Mukharjee is 13th president of India



ابھی خرید لوں دنیا کہاں کی مہنگی ہے
مگر ضمیر کا سودا برا سا لگتا ہے

ماشاء اللہ... ماہ مبارک کی برکت

سراج اکرم

ماہ مبارک

ماشاء اللہ، رمضان کے بارکات مہینے میں مسلمانوں کا رویہ کافی بہتر ہو جاتا ہے۔ لوگوں کی کوشش رہتی ہے کہ اس مہینے میں برے کام سے گریز کیا جائے اور نیکی زیادہ سے زیادہ کیا جائے۔

کاش... ہملوگ باقی مہینے میں بھی ایسا ہی رویہ رکھیں، نیکی ہر مہینے میں ہونی چاہئے اور برائی سے پرہیز ہمیشہ لازم ہے تاکہ اللہ ہم سے ہمیشہ خوش رہیں۔

روزہ

ماشاء اللہ، اکثر مسلمان روزہ رکھتے ہیں، انکی کوشش ہوتی ہے کہ کوئی روزہ نہ ٹوٹنے پائے، کوئے نافرمانی نہ ہونے پائے، ساری دقتوں کے باوجود بخوشی مسلمان تیسوں روزہ رکھتے ہیں تاکہ اللہ خوش ہو جائے۔

کاش... ہملوگ روزہ کے پس پردہ حکمت کو بھی سمجھ پاتے اور روزہ کی بھوک پیاس سے عبرت لیتے ہوئے اپنے غریب مسلمانوں کی تکلیف کا احساس کر سکیں اور انکے مدد کے لئے ہر ممکن کوشش کرتے تاکہ کوئی مسلمان پریشان نہ رہے۔

قرآن

ماشاء اللہ، اس مبارک مہینے میں لوگ زیادہ سے زیادہ قرآن پڑھتے ہیں تاکہ کئی گنا زیادہ ثواب حاصل کیا جاسکے

کاش... ہم قرآن کے پڑھنے کے ساتھ ساتھ اسکے نازل ہونے کی حکمت اور اسکے ہدایت کو بھی سمجھ پاتے اور پڑھنے کے علاوہ قرآن کے بتائے ہوئے راستے پر عمل بھی کرنے لگے تو اس قوم کی ساری پریشانی ختم ہو سکتی ہے۔

افطار

ماشاء اللہ، اس مہینے میں لوگوں کی خواہش ہوتی ہے کہ زیادہ سے زیادہ لوگوں کو افطار کرائیں تاکہ بیش قیمتی ثواب حاصل کر سکیں۔

کاش... افطار پورے خلوص کے ساتھ کروائیں اور افطار میں صرف اپنے رشتے داروں یا دوستوں کو ہی مدعو کرتے بلکہ غریب، مسکین اور یتیموں کا بھی خیال رکھتے جو زیادہ مستحق ہیں۔

زکوٰۃ و صدقات

ماشاء اللہ، اکثر مسلمان اس مواسات کے مہینے میں صدقات زیادہ کرتے ہیں اور خیرات بھی اسی مہینے میں نکالنے کی کوشش کرتے ہیں تاکہ اللہ کی خوشنودی حاصل کیا جاسکے۔

کاش... ہمارا صدقات ریاضے پاک ہو اور خیرات کا اصل مقصد کو سمجھتے ہوئے اسکو مجموعی طور پر بہتر منصوبہ کے ساتھ خرچ کریں تاکہ سماج میں بہتری آسکے۔

اعتکاف

ماشاء اللہ، کثیر تعداد میں لوگ اعتکاف میں بیٹھتے ہیں تاکہ پوری دلجوئی سے اللہ کی عبادت کیا جاسکے اور رمضان کے مبارک مہینے کا سہی فائدہ اٹھا سکے۔

کاش... ہم اپنے دکھی مسلمانوں کے تکلیف دور کرنے کے لئے بھی اتنے ہی بیچن ہوتے جس سے اعتکاف سے کہیں زیادہ ثواب ملتا اور اس سے ہمارا سماج بھی ایک بہتر سماج بن سکتا۔

تقویٰ، ٹرینینگ کا مہینہ

ماشاء اللہ، رمضان کے آنے کے پہلے سے ہی لوگ اس مبارک مہینے کی تیاری شروع کر دیتے ہیں تاکہ اس مبارک مہینہ جس میں شیاطین قید کر دیئے جاتے ہیں، اللہ کی خاص رحمت ہوتی ہے اور روزہ کے ذریعہ انسان کو متقی ہونے کا پورا موقع ملتا ہے۔

کاش... ہم لوگ ساری عبادت کے علاوہ رمضان کے بعد اپنا محاسبہ کر سکیں کہ اس بار کی ٹرینینگ سے ہمیں کیا فائدہ ملا آگے کی زندگی کے لئے، رمضان کی ٹرینینگ سے ہمارے کردار میں کتنا آرا یا اور کون کون سی بری عادتیں ختم ہوئیں یا اس میں کمی آئی۔ کیا ہم لوگ رمضان کو صرف عبادت کرنے کا مہینہ بنا دیا لیکن حکمت جو ہمیں اپنے کردار، اخلاق کو بہتر بنانے کی ٹرینینگ دیتا ہے اسکو فراموش کر بیٹھے۔ کاش ہم ہر رمضان میں اگر دس فیصد بھی اپنی اصلاح کر پاتے تو سماج میں با کردار، با اخلاق لوگوں کی کثرت ہو جاتی۔ یہ کیسی ٹرینینگ ہے جو سا لہا سال آ رہا ہے لیکن ہمارے کردار، اخلاق میں سال کے دوسرے مہینے میں کوئے فرق نہیں پڑتا۔

کیا دنیا میں کوئی ایسی ٹرینینگ ہے جو انسان دس میں بار کر چکا ہو پھر بھی اسکی صلاحیت میں کوئی فرق نہیں آیا ہو؟ کاش ہمیں اس ٹرینینگ کا صحیح مقصد سمجھ میں آئے اور اسکا فائدہ ہماری پوری زندگی میں اثر انداز ہو۔

دعا

ماشاء اللہ، اس مہینے میں ہملوگ کثرت سے دعا مانگتے ہیں تاکہ ہمارا رب ہم سے راضی ہو جائے، ہمیں بخش دے اور ہماری آئندہ کی زندگی پر سکون ہو جائے۔

کاش... ہم اپنے دعاؤں کو اسکی مقبولیت کے شرط کے ساتھ مانگتے، ہمارا جسم حرام خون سے پاک ہو اور دعا کو ہم اپنے ارادے، تدبیر اور عمل سے زیادہ مقبول ہونے میں مدد کر سکتے۔

توبہ

ماشاء اللہ، ہملوگ اس مہینے میں دن رات اللہ کے آگے سر جھکا کر اور اٹھتے بیٹھتے اپنی خطاؤں کے لئے توبہ کرتے ہیں تاکہ ہمارے گناہوں کو اللہ معاف کر دے اور ہمیں جہنم کی آگ سے نجات حاصل ہو۔

کاش... ہماری توبہ صرف ہونٹوں کا جنبش بھرنہ ہو، ہم اپنے رب سے دل کی گہرائیوں سے توبہ کریں۔ پورے ارادے اور وعدے کے ساتھ کہ جو غلطی ہم سے سرزد ہو گئی حتی لامکان اسکو دہرانے سے بعض رہیں گے اور اسکے لئے ہم پوری طاقت سے سال کے پورے مہینے میں برائیوں سے دور رہنے کی کوشش کریں تاکہ ہمارا رب ہمارے توبہ کی سنجیدگی کو دیکھتے ہوئے پچھلے گناہوں کو بھی معاف فرمادے اور آئندہ اپنی خاص رحمت سے ہر طرہ کی برائیوں سے دور رکھیں... آمین

کاش... اس بار کا رمضان واقعی میں ہمیں متقی بنادے اور ایسی ٹرینینگ دے کہ ہم سچے مسلمان بن جائیں، جیسے اللہ کو مطلوب ہے، اور اگر اگلے رمضان سے پہلے ہماری موت بھی آجائے تو یہ رمضان کی عبادت، توبہ ہمارے مغفرت کے لئے کافی ہو۔

جو شخص نرم عادت سے محروم رہا وہ ساری بھلائی سے محروم رہا۔



30 Common Mistakes During Ramadan

This list was taken from a class on the fiqh of Ramadan, given by Sheikh Ahmad Musa Jibril. Some of the issues may have a difference of opinion, but these are the most correct opinions.

- 1) Focusing on food; to the extent that people begin to worry about eating more than actually fasting. This also goes along with spending tons of money on Iftaars even though a person does not need to eat that much food.
- 2) Making Suhoor way before Fajr. Some people eat Suhoor a few hours after Taraweeh or Isha Salah, this is wrong. It should be eaten closer to the time of Fajr.
- 3) People don't make Niyyah (intentions) to fast for Ramadan. This is something in the heart and does not need to be verbal. Also it only needs to be done once, at the beginning of Ramadan and not every single day.
- 4) If you find out late that Ramadan started, you should stop eating and fast for that day, making that day up after Ramadan/Eid ends.
- 5) Many people don't think you pray Taraweeh on the first night of Ramadan (such as tonight). They believe you pray it after the first day you actually fast. They forget that the Islamic calendar runs on the moon, maghrib is the start of the new day.
- 6) Many people believe if you eat or drink on accident this breaks your fast. This is false, if you do this on accident then you continue fasting and do not need to make up the day.
- 7) Some people take the opinion that if they see someone eating or drinking they should not remind the person that he/she is fasting. According to Sheikh Bin Baz (ra), this is incorrect and it is an order from Allah for us to ordain the good and forbid the evil. Thus we tell the person, because we are forbidding the evil this way.
- 8) Many sisters believe they cannot use Henna while fasting. This is incorrect, they are allowed to use it during Ramadan
- 9) Some people believe when you are cooking you cannot taste the food to see if it has the right spices/flavors. This is false, and

allowed in Islam as long as the person cooking is not eating the food. Rather they can taste it to see if it needs salt, or more spices.

10) Many people think you cannot use a Miswak or toothbrush during Ramadan. This is false, for the Prophet (saw) used to use a miswak during Ramadan. Also you CAN use toothpaste; the reasoning by the scholars is that the Miswak has flavor, thus toothpaste is okay to use (if you are not eating it).

11) Some people make the Fajr Adhan early. They do this so people will stop eating before Fajr and not invalidate their fast. This is wrong and something we should not do.

12) Some people make the Maghrib Adhan late. They do this so people will start eating late, just in case Maghrib has not come in yet. This too is wrong and we should not do this.

13) Many many people believe you cannot have intercourse with your spouse during the whole month of Ramadan. This is false, you cannot do this only during the times when you are fasting. Between Maghrib and Fajr it is permissible to do.

14) Many women believe that if their period has just ended and they did not make ghusl, they cannot fast that day (considering their period ended at night, and they went to bed without Ghusl, waking up without having a chance to make it). This is incorrect, if a women has not made Ghusl she can still fast.

15) Many men believe that if he has had intercourse with his wife and did not make ghusl (similar to the above) then he cannot fast the next morning. This is also incorrect, for he can fast even if he has not made Ghusl.

16) Some people pray Dhur and Asr prayers together during Ramadan. (mainly in Arab countries) This is incorrect and should be avoided.

17) Some people believe you cannot eat until the Muadthin is done calling the Maghrib Adhan. This is incorrect, as soon as he starts a person can break their fast.

18) Many people don't take advantage of making dua before they break their fast. This is one of the three times when Allah accepts a person dua.

19) Many people make the mistake of spending the later part of Ramadan preparing for Eid, neglecting Ramadan. This is incorrect and these people lose the concept of what Ramadan is about.

20) Many parents do not let their children fast during Ramadan (young children). This is something counter productive to a child. By allowing him to fast he will grow up to know he must do this act.

21) Many people think Ramadan is just about not eating and forget about controlling their tempers and watching what they say. In actuality we are supposed to control our tempers and mouths even more during Ramadan.

22) People often waste their time during Ramadan. They go to sleep during the day and get nothing done. We should be taking advantage of this blessed month by doing extra Ibaadat.

23) Some people don't go on trips or travel during Ramadan. They think they have to break their fast when traveling. This is actually optional, if you want to break your fast while traveling you can (with making it up later), and if you don't you can continue fasting.

24) Many people who are able don't make Itikaaf at the masjid. We should take advantage of our good health and spend lots of time at the Masjid, especially the last 10 days of Ramadan.

25) Some people believe they cannot cut their hair or nails during Ramadan. This is also false.

26) Some people say you cannot swallow your spit during Ramadan. This too is false. However you cannot swallow mucus that has entered your mouth.

27) Some people say you cannot use scented oils or perfumes during Ramadan. This too is false.

28) Some people believe bleeding breaks the fast. This is not true.

29) Some people believe if you throw up on accident it breaks your fast. This is not true, however if you do it intentionally it does.

30) Some people think you cannot put water in your nose and mouth during wuduh in Ramadan. This too is incorrect. Source: <<http://www.azyouth.com/islam/special/ramadan/>>

What to avoid in Ramadan

1. Reduce watching TV, instead spend more time reading the Quran and other Islamic literature.
2. Avoid looking at unlawful pictures, whether magazines, department store catalogs or otherwise.
3. Avoid going to theaters; instead go to Masajid, Islamic organizations and make that a daily habit.
4. Avoid eating too much. Eat only when you are hungry and try not to fill your stomach completely.
5. If you drink Coffee, Tea or Soda, be sure to reduce consumption.
6. If you smoke, try to reduce daily usage; otherwise Ramadan will be very difficult for you to observe.
7. If you have friends who do not practice the teaching of Islam, try to avoid socializing with them.
8. If you travel a lot on business, try to do more local business, so you can be more closer to your family and community.
9. If you are used to staying up till midnight, try to go to bed earlier, so that you will be able to wake up early for Salat al-Fajr and Tahajjud prayers as well. To prepare ourselves before the month of Ramadan arrives is far better than waiting till it comes. To prepare ourselves for anything in life is a sign of wisdom and maturity. No one is assured of living one day more; tomorrow may not come. So hurry and benefit from blessings and rewards from Allah.

Remember: "Time is not money or gold; it is life itself and is limited. You must begin to appreciate every moment of your life and always strive to make the best use of it.



Ramzan agar training ka mahina he to baqiya 11 mahine me is se Muslim ke halat par kya farq parta he, kya yah sochne ki bat nahi?

Japan jab Amerika se shikasht khaya to uske badshah ne Amerika se guzarish kiya ke kuch bhi kar lo lekin hamari qaum uska zaban nahi chhinna, afsos ke aaj hamari taleem yafta naslen bhi zaban ki ahmiyat se gafil he. aur yahi wajah he ke aaj Musalmano me bhi Urdu sikhne ka chalan kam hota ja raha he. sad afsos kuch log mushayera aur yaum-e-Urdu mana kar sochte hen ke is meethi zaban ka haqada karrahe hain.

Ramzan aate ho log Zakat nikalte hain, lekin infaradi taur par bina gaur wa khauj kiye yunhi zakat ki raqam ko sarf karne se uska asal fayeda nahi hasil ho pata, jab tak ke zakat ki raqam ka ijtemayi istemal na ho iska matluba fayeda hasil nahi kiya ja sakta.

Burma aur duniya ke dusre kayi garib ilaqe me logo ke pas iftar aur sahur karne ke liye bhi munasib gaza nahi, aur kahi badardi se ghaza ko barbad kiya ja raha he, aakhir hamari beihisi kahan tak le jayegi?

OUR JOURNEY TO THE DAY OF RESURRECTION

PART-XIV

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... Continued from previous issue (Hisab).

In Mahshar (Grand Assembly) there will be no wealth to compensate. All claims will be settled from one's rewards (good deeds) earned in this world. Right of the oppressed will be paid from the good deeds of oppressor (tyrant). If the oppressor does not have any good deeds to pay, the sin (bad deeds) of the oppressed will be credited to the account of the oppressor.

The Messenger of Allah (S) said, "Do you know who is the Mufliis (bankrupt)?" They (the companions) [R] said, "The bankrupt amongst us is the one who has no money and no property."

The Messenger of Allah (S) said, "Indeed the Mufliis (bankrupt) from my nation is the one who comes on the Day of Judgment with prayers, fasting, and Zakat (to his/her credit). (Despite all this) he comes having cursed this one, slandered this one, eaten the wealth of this one, shed the blood of this one, and beaten up this one. So this one will be given and recompensed from his good deeds and this one from his good deeds. If his good deeds are all used before all his dues (to those who were wronged by him) are paid off, their bad deeds will be taken and thrown on him. Then he'll be thrown in the fire at last." [Reported by Imam Muslim, Tirmidhi and Ahmad]

Those who worshiped in fashion and eye-service will be put in Hell. The severe punishment will be for those who make picture of living-things. Allah can forgive anyone who has not made partner with Him. Lo! Allah forgives not that a partner should be ascribed to Him. He forgives (all) save that to whom He will (An-Nisa/48).

The man will not be allowed to move till they answer five (5) questions. It was narrated from Ibn Mas'ood (R) that the Prophet (S) said: "The son of Adam will not be dismissed from before his Lord on the Day of Resurrection until he has been questioned about five things: his life and how he spent it, his youth and how he used it, his wealth and how he earned it and how he disposed of it, and how he acted upon what he acquired of knowledge." (Tirmidhi).

The life-world is the word of work and action, i.e. earning good or bad deeds. The Aakhira (after-life world) is the world of accounting and reckoning. The man was given complete freedom in this world to do as they wish. Allah will not come down to catch their hand saying O' my servant, do this and not to do that. He has already sent His clear-cut messages to His servant through His last Prophet (S) in the form of book (Quran) and saying (Hadith) in order for them to know the purpose of their Creation and to understand His planning, then to work accordingly. Nothing is hidden from man. Allah has completed His Hujjat (Proof) to them, and that will be shown to them at the Day of Judgement so that they could not say they were not aware of this and that. Hence, they will get what they have done. No repentance will be entertained there.

کون بہتے ہوئے اشکوں پر نظر رکھتا ہے
لوگ ہنستے ہوئے چہروں کو دعا دیتے ہیں

Islam encourages Lawful earning and prohibits from unlawful earnings and lustful lifestyle

by Ali Asghar Shah" <aliasgar_shah@yahoo.co.in>

All praise and blessings of Allah be upon his Beloved Prophet Muhammad al Mustafa saws, his Family and all his companions. Amen

Today we find that the people are turning cold hearted. For most of the people life means only to earn and eat and to marry and to show and boast your wealth to others and that is the purpose of life for them. It is true that earning lawful living is one of the greater forms of struggle (Mujahada in this life) which pleases Allah. But know that Life has a greater purpose; this life which mankind has been given is not given in Vain O reader!

This purpose is served if we hearken unto the calls of the Prophets and the last and Final Prophet is Hazrat Muhammad al Mustafa saws. He (saws) is the chief of all Prophets. He (saws) completed the mission of all Prophets and established the Flag of Tawhid and expelled the darkness of Kufr and Shirk and united the people who were in disarrayed ranks within mankind under the banner of One true Allah and his teachings.

Correct beliefs (Sahihul Aqeedah) along with lawful earning save us from the wrath of Allah.

It has come in a Sahih hadith that the prayer of the person is not answered, who consumes unlawful wealth or who earns through unlawful means. Now by this hadith we come to know that one who consumes Riba or works in Banks and other financial institutions where the earning of the organization is mainly through lending on interest and borrowing on interest then this is Haram and Allah's wrath is on that person. This is because Islam promotes general well-being and establishes means to remove poverty. Riba (Interest) transactions (lending and borrowing) aims to monopolize the circulation of money within a selected few. Hence rich becomes richer and poor, poorer. No wonder we hear so many cases of suicides committed by farmers who end up in huge debt.

Today the global economy is in chaos due to this massive deficit which has brought them into debt, the cause of which is mainly Riba. It is the Jewish community which controls most of the financial institutions and lending in the world. Islam promotes circulation of wealth, it teaches us to take from the rich and give to the poor. The zakat which is the third pillar of Islam and every able Muslim is obliged to give out 2.5 percent Zakat (charity) from his annual savings to the poor, needy and the destitute. Islam promotes Business, profession but it forbids Lending on interest, for this is great injustice indeed. This leads to a gain of few and loss of many. Humanity has suffered a lot with this Dajjalic financial system.

Islam has come to break these shackles of slavery and oppression and liberate mankind from these clutches and teach them the real meaning of freedom, which is freedom from lust, greed, sins, oppression, injustice, tyranny.

Islam makes man a servant, a slave, a bondman of Allah alone and liberates from the obedience of any tyranny and from the servitude to else other than Allah who alone is worthy of servitude as all belongs to him alone, he alone is the creator, sustainer and the cherisher, the Judge of the day of Judgment, the giver of life and death. This is what is also meant by Laa Ilaha Illallah (There is no deity other than Allah)

Islam permits, rather encourages lending but without any interest. The principal amount alone, rather in lending if someone even gives more than needed it is more meritorious.

Those who cheat and earn in their business by treachery, lying and deceit, those who deal in alcoholic beverages, drugs and flesh trade they are all under the haram earning bracket and hence none of their Amaal will reach Allah and they will be among the losers in the hereafter. May Allah grant Hikmah and understanding to those brethren of ours who are willingly besides having other means of livelihood engulfed in the stream of the unlawful spring water. So they can find lawful means of livelihood.

Allah says in the Quran al Kerim that those who indulge in Riba (Interest), they have waged war against Allah and his Prophet saws. Now O reader what will be the plight of this person!

The Holy Prophet saws did not like idleness and always encouraged his followers to earn livelihood for themselves. Beggary is strictly forbidden in Islam. We come to know from a hadith that it is better for a person to carry a rope and an axe and go to the jungles and cut the trees/woods and sell them rather than to beg from people.

The Holy Prophet saws himself used to do business to set an example for his followers. The honesty which the Holy Prophet saws showed in his business dealings even before proclamation of the call of Islam earned him the title across whole of Arabia as Al-Amin (The Trustworthy). Even the enemies of the Prophet saws, those who did not hearken to the call of Islam gave their valuables to the Prophet saws.

It is really saddening to see people indulge in treachery, cheating and

unlawful means of earnings even after being told its forbiddance in the Shariah. After reading and listening to the Sahih hadiths of Prophet saws we see people not turning their back on the unlawful means of livelihood. Do they even realize the fate of their actions once they die and are lowered into the grave and when they will be raised up on the Day of Judgment and cast into the flames of fire. What excuse will they have before Allah on that terrifying day? If Allah does not guide them and have mercy on them surely they will be doomed.

I want to keep this as a short and precise Risalah very short so people will read it and I will just add few more words to this topic, even though I know I will not be able to do justice to it but I pray to Allah that the purpose of conveying this message is served.

Islam encourages marriage and does not preach monasticism. Islam teaches us to live in a society with the highest morals of Humanity which Islam alone teaches. It has come in a Sahih hadith that a single morsel of food which a Husband earns for feeding his wife is written as a sadqa (charity) for him. Which means it is highly rewarded by Allah.

The Holy Prophet saws said that best among you is he who is best towards his Family. We also come to know from a hadith that son of Adam is never satisfied in this life with material wellbeing. If he were given one large valley of Gold even then he will desire another Valley of Gold and that the desire of the son of Adam will be filled when dust will be cast on him (when he will be smeared with dust at his grave).

The Holy Prophet saws said that the root of all evil is fondness/love for this world. Listen O reader O despise death because you love this world more than its due. Why is not your love more for him who gave this life and can give a life better than this one, such that you can never imagine.

Surely the Mominee'n and Momiinaat will be joyed and relaxed in their houses in paradise and unbelievers will be in hellfire.

The Promise of Allah is true. Man alone does wrong on himself and he alone is to blame for the consequences he will face. Lush green trees, river flowing beneath the purity of its water is unmatched, the earth will be of musk, fruits will be very near to reach, beautiful companions to be with us for eternity, No one will die and no one will fall sick and all will be healthy and with shining faces, happy and overjoyed. What all will you miss o he o that person who will not turn in repentance to Allah and will not mend his/her ways. What all will you lose O disbeliever of the bounties of Allah when you will be cast into hell.

Islam teaches us to live in this life in such a way that we consider it to be a passage, a means and not the end in itself. Like a voyage in the sea. Islam does not tell us to boycott the world no because this world is a beautiful opportunity for us to secure our hereafter. This world is the place of worship of Prophets alayhimussalaam, the place of the descending of Angels, the place where we have been given time to act and mend our ways if wrong.

Islam encourages learning wisdom and to use it for the betterment of humanity at large. To be the true Vicegerents of Allah on earth is what Islam molds us into.

Lust for ever increasing wealth coupled with miserliness is what Islam forbids as they are the root of destruction for the balance of justice in this life and the cause of man's own ruin.

Quran al Kerim which is the final Revelation of Allah to mankind, it is the final word and revealed book to mankind from our Lord who created us and is our sustainer and he alone is the One true Lord, He is Allah.

Quran al Kerim is the light which stretches from heaven to earth, it is such a rope that one who holds onto it, to its teachings he will reach the pinnacle of excellence in Human morals, spirituality and all other attributes of chivalry, Goodness. The life of this world and the hereafter will be passed in best state, the hereafter which is till eternity for those who love Allah and his Prophet Muhammad saws and those who are loved by Allah and his Messenger saws. Know O reader that Quran and the authentic traditions (Acts, words and conduct) of Holy Prophet saws are the two lights which expel all darkness of ignorance and disparity and misery and inhumanity and evil lifestyle.

Those who live by following these two lights live as Vicegerents of Allah who extract and use the resources and faculty given by Allah for the betterment of the life of this world, for humanity and these people will be given the Great and beautiful palaces and station in Paradise. This is so because they are true followers of Prophet Muhammad saws.

I do not wish to write more as I want the readers to grasp the Message I have conveyed and Allah alone is the one who gives Success.

Peace and Blessings of Allah be upon his Beloved Prophet Muhammad saws, his Family and all his companions. Ameen.

Practical Way To Benefit From Ramadan

Mustafa George (Hafidhahullaah)

In the Name of Allah, the Most Beneficent, the Most Merciful.

May the peace and blessings of Allah be upon Prophet Muhammad peace be upon him, his Companions and his family members and all those who follow them until the Last Day.

The following post is based on the notes from the lecture of Br. Mustafa George that he gave Saturday Aug. 16th at Masjid Rahmah, Newark NJ. The topic of the lecture was "How to Benefit from Ramadhan Practically"

Practically benefitting from Ramadhan should be divided into 2 Categories:

Goals and Preparations

Each person should make goals that he wants to achieve in the month of Ramadhan. The following are just examples and they should be modified according to the person's abilities and circumstances.

Here are some examples:

1) I want to finish the Qur'aan from cover to cover 1 time, or 2 times, or 5 times, etc.

2) I want to start Riyaad us-Saaliheen with my family, or I want to start teaching my family from Kitaab at-Tawheed or other beneficial books.

3) For the sister – I want to fix that which is between me and my sister.

4) I want to start praying Tahajjud regularly in Ramadhan and continue after Ramadhan

5) I want to memorize some dua's from the Sunnah which I can continue saying even after Ramadhan.

Each person should make a daily planner for Ramadhan.

- If the person prays fajr at home, then he should pray in congregation in the month of Ramadhan.

- Then after coming home, let him sit down with his family, either his wife and kids or with his parents and siblings and read the Qur'aan together. So each person reads one page or two pages.

- Then when the brother has to go to work, instead of listening to 1010 news station or some other radio channel that he usually listens to, he buys some beneficial lectures and listens to those while going to work and coming back. Its best if he listens to a series of lectures for example on 'Aqeedah or the Correct Manhaj.

- At work, during his lunch time, he reads the Qur'aan or memorizes some du'as from the Sunnah which he is not familiar with.

The person can also tell his co-workers that – "This is the month of Ramadhan, so please do not curse around me. Do not make too many jokes around me. Do not listen to music at your desks when I am around, etc."

Then when he is coming back home, similarly, he listens to the Qur'aan or listens to some beneficial lectures to use that time wisely in Ramadhan. (Note: Even though, this should be done outside of Ramadhan as well because free time is a blessing from Allah. It should be used for the worship of Allah or in doing actions which will increase us in knowledge of the religion and help us to do righteous actions.)

- When he gets home, he can take a short nap and ask his wife or family members to wake him up in half an hour or 45 mins. Its important that we don't sleep the whole time from 'asr till maghrib so as to make use of this time with our families inshaAllah.

-After getting up, he again reads the Qur'aan with his family or if he wants to read Qur'aan in the morning and a beneficial book like Riyaad us-Saaliheen in the evening, then he does that. So if he reads Riyaad us-Saaliheen for example, each person can read a few ahaadeeths and then you ask everyone, "What did you benefit from that hadith?"

This questioning is done as a way of teaching and this was also the way of Prophet Muhammad sallallahu 'alayhe wasallam with his Companions. It will also make everyone think about some of the benefits that can be derived from the ahaadith which were read. And other people can add other benefits which they thought of to make this more fruitful inshaAllah.

-At iftaar time, the parents can ask their kids to bring over their friends for iftaar. This will achieve several things bi'idhnillah.

1) You will gain the reward of providing food for the ones who are fasting
2) The parents will be able to know who your kids keep company with (i.e. who are their friends)

3) It can be said to the kids, "Let's sit together since this is the month of Ramadhan and read a book on fasting or any other beneficial book, or some ahaadiths"

This will motivate the kids to take this idea to their parents so they can implement it in their households as well. This will earn the parents the reward of helping others onto something good and earn a copy of their good deeds without their deeds being diminished in any way.

- Or one day, the husband can bring over the brothers for iftaar. Instead of talking about the normal things that brothers talk about when they get together, it can be said to them, "Since this is the month of Ramadhan, let's sit down and read a few ahaadiths so that we get some benefit from the time"

Similarly here, they might take this idea to their households and start implementing this also so you can bring some goodness to others by encouraging them to get some benefit from the time.

- Likewise, one day, the wife can bring over the sisters for iftaar and also encourage them to read from a book instead of talking about whatever

the sisters talk about normally.

- Then comes time for taraweeh. If the family is accustomed to praying taraweeh at home, then they take the initiative to go and pray in the masjid. And its important to take the whole family to the masjid so everyone realizes that this is the month of Ramadhan where we have to do extra worship to get closer to Allah and one of those extra acts of worship is praying Taraweeh.

It is important to note here that many Muslims don't understand that worship falls into different categories. For example, there are those acts of worship which are obligatory, such as praying 5 times a day and then those which are recommended (i.e. Sunnah in the fiqh sense of the word) such as Taraweeh.

Its particularly sad to see that many of the Muslims neglect the obligatory duties such as praying in congregation for the men but they feel like they have fallen short if they don't pray taraweeh in the month of Ramadhan. Even though its good to see that the Muslims have zeal in the month of Ramadhan to pray taraweeh, we need to understand that praying in congregation for the men inside and outside the month of Ramadhan is more important and has a greater reward than praying Taraweeh. And Allah Knows Best.

-Then after Taraweeh, you come home and this is the time now when you need to work on our personal connection with Allah.

Think, o Slave of Allah, of the many blessings that Allah has bestowed upon you.

Has He not guided you to the Sunnah and has made your feet firm upon it?

Has He not chosen for you Islaam, out of so many people who are still wandering in the darkness of disbelief?

Why did Allah choose you? When in fact, He is in no need of your worship. So remind yourself that this guidance is a blessing from Allah and its a gift that He bestows upon whomever He wills.

Remind yourself that Allah has chosen for you the path of knowledge, such that He has placed the love of following the Qur'aan and the Sunnah according to the way of the Sahabah in your heart. Is this not a blessing from your Lord upon you?

Remind yourself that it could be that He wishes for the path of Jannah to become easy for you so He has made the path of knowledge open for you.

Remind yourself of all the blessings that He has given you in terms of good health.

- Then you should get some rest so that it becomes easy for you to wake up for Tahajjud inshaAllah later on in the night.

- For the last 10 nights of Ramadhan, its a good idea to make a list of things that you want in the dunya and in the Next life. And then ask Allah for those things. Indeed, He gives without any measures. Keep in mind the hadith of the Messenger of Allah sallallahu 'alayhe wasallam:

It was relayed on the authority of Abu Dhar al-Ghifari, radiyallahu 'anhu, that the Prophet, sallallahu alayhi wasallam, said, of waht he related from his Lord, magnified and exalted be He, Who said:

O My servants, even if the first amongst you and the last amongst you and the whole human race of yours and that of Jinns gather together on a sector of land and all ask of Me and if I were to give everyone of them what they asked, that will not in any way decrease what I have anymore than a needle decreases what is in the ocean when it is put into it. (Taken from Nawawi Hadith 24)

And you continue to follow this throughout the month of Ramadhan so that Your Day in Ramadhan is not Like the Day when you are Not Fasting.

Aside from that, there are many small and easy things which all of us can do to get more rewards in the month of Ramadhan. Here are a few:

- Buy a few pack of water bottles and put them in the masjid so the people can have water to drink during Taraweeh
- Buy some tissues and leave them in the prayer area.
- Sponsor an iftaar at the masjid for the people
- Help out in setting up the iftaar in the masjid
- Come early and clean the masjid so the people come to a masjid which looks very clean
- Buy some air freshners and leave them to be used in the masjid
- Buy some burning incense to be used during Taraweeh
- Give rides to those who don't have a means of transportation to the masjid for Taraweeh
- At the MSA's, sponsor and arrange iftaars for the Muslim brothers and sisters in college
- Buy 30 or 40 copies of the Qur'aan and place them in the masjid for people to read during Ramadhan

So there are many easy things that each one of us can do which we have the capability of doing in the month of Ramadhan to achieve more good deeds for the sake of Allah alone.

Taken from : <http://salaf-us-saalih.com/2009/09/12/practical-way-to-benefit-from-ramadhaan/>

Welcome to Holy Month Ramadan

Gheyas S Mahfoz Hashmi, Jeddah
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Thanks to Allah almighty that we have got Ramadan again. It is the month of Quran. It is the month of better than 1,000 months (83 years). Happiness is at every corner. Why should not, it is the month of Mercy (1st 10 days), Forgiveness (2nd 10 days) and Salvation (last 10 days). It is the month of taking rewards as much one can. It is the month where Devine Generosity rains. It is a month of raising hands to The Lord of Heavens & Earth. It is the month in which Shatan is clamped. A good Muslim always awaits Ramadan to welcome it openheartedly and at the end they bid it farewell with eyes full of tears, as they are unaware if they will be able to see it the next. They try always to have good use of Ramadan for which Allah Almighty has given it to His servants as a gesture of His kindness towards them.

The most important thing that makes Ramadan valuable is the revelation of Quran in this month from Loh-e-Mahfouz (Heavenly Tablet) to The House of Heaven. It is reported thrice in the Quran in verses (2/185, 44/3&4 and 97/1-5). The 1st describes that it is Ramadan in which Quran was ascended. The 2nd specifies the time saying Quran was revealed in a blessed night (of Ramadan) and it is the night where angels are assigned to execute commandments of Allah Almighty with regard to Human Destiny, while the 3rd further specify that Quran was ascended in the night of Al-qadr (power), i.e. one of the odd nights of last ten days of Ramadan, which is better than thousands months where angles and Jibrael come down with the permission of Allah having fate matters (here it refers to same matter of verse 44/4). This is to clarify here that some interpreters and most prominent of them is Hazrat Akramah did confuse with aforesaid verse (44/3&4) that the revelation of Quran was at the night of 15th Shabaan, as it was also mentioned in few weak Hadithes.

We understand from above verses that a night was elevated and exalted to the degree of 1,000 months in terms of sanctity, holiness and blessing of Allah Almighty. Keeping this in view we should think how importance is Ramadan and precisely last ten days and more precisely Lailat-ul-qadr. We also know that Rahbaniat (Monasticism) for this nation was closed but E'TEKAAF during the last 10 days of Ramadan was given as Sunnah Kifayah.

Some of our brothers understand, due to lack of knowledge of Islam, that performing of good worshiping in Ramadan can compensate lack of duties of 11 months. This is a blunder. None is exempted whatever great deal of worshiping they do in Ramadan from their duties/obligatory towards Allah and His servants during 11 months. Ramadan is mainly for two things (1) a training of religious requirements whose effects can be felt during the rest 11 months (2) offsetting optional worships that remained to be done or done little during last 11 months.

Ramadan, however, has two obligatory worships (1) Fasting (2) Zakat-ul-Fitr) and two special optional worships (3) Taraweeh (4) E'tekaaf. Reward of all worships in Ramadan increases many folds due to the importance of the month. Similarly bad actions may have the same effects or more. Most of the people pay Zakat (2.5%) in this month in order to get advantage of multiplication of reward. Here I am pleased to give below a very brief description of worships earmarked for Ramadan. For any query, I am available at email to reply.

Night Prayers: There are two optional night prayers; one is Tahajjud and another is Taraweeh. Tahajjud was Wajib for our Prophet (S) and remained Sunnah for his Ummah. Among Nafil (optional) prayers Tahajjud is of great significance in terms of its status and virtue. The minimum is two Rikah and maximum is eight Rikah, excluding Witr. Tahajjud is meant for whole year and remains as usual and unchanged in the month of Ramadan. Its best time is after midnight (3rd part of night) after getting a sleep. Rewards of good deeds in Ramadan get many folds.

The second optional night prayer "Taraweeh". It is Ramadan-bound confirmed Sunnah. It is completely separate from Tahajjud. Its Rikah is not confirmed from the prophet (S) from any authentic Hadith, as he prayed it 2/3 days in the mosques with his companions and remained absent for 3rd or 4th days for its being obligatory.

There is different opinion on Rik'at of Taraweeh but 20 is Sunnah of Hazrat Omar (R) on which conformity is reported. This 20 Rik'at

figure is undisputed among righteous scholars while other figures are controversial. The prayer is for whole month and completion of recitation therein by reading or listening to of full Quran is another Sunnah.

E'tekaaf: As per Hanafi School it is a confirmed Sunnah Kefaya, i.e. if a fasting Muslim from a village or from a Mohallah does it the accountability gets dropped from all living in the same village or Mohallah. It is ten days devoted worship at one's mosque keeping one-self away from materialist word. Not allowed to come out of mosque except for essential needs. Its time is from 20th Maghrib till seeing the moon of Eid. As for woman, she can do it also with her husband's consent at home (Hanafi) or mosque (Maliki, Shafayi, and Hanbali). These are jurisprudential differences which are not blameworthy but praiseworthy, and which pave the way for acquiring scientific knowledge. The reasons for difference are mainly three that are (1) In case of explicit text, but there is possibility of more than one meaning, that meaning is taken by the scholars that best fits to their knowledge. (2) In case of various texts on a single subject, one text is taken by the scholars that best fits to their knowledge. (3) Scholars ascertain the reasons available in the stipulated rule in order to apply it in the unspecified rule.

Zakat-ul-Fitr (Fitra): Every Muslim is required to pay Zakat-ul-Fitr at the conclusion of the month of Ramadan as a token of thankfulness to Allah for having enabled them to observe fasts. Its purpose is to purify Muslims' worship from any mistakes and inappropriateness that they might have committed in Ramadan, and also to help poor and needy.

Those who possess Zakat Nisab (a minimum amount of property) have to pay Zakat-ul-Fitr (Abu Hanifah), but according to most of the scholars Zakat-ul-Fitr is incumbent on every free Muslim who possesses one Saa' of dates or barley which is not needed as basic food for himself or his family for the duration of one day and a night. Saa' is a certain measure varies according to foodstuff. It may be 2,176 – 2,520 grams per head. It may be dates, cereals or its value. It is generally what an individual eats. If a Muslim eats high quality Basmati rice, it is unfair to give lower quality rice or its value.

Its disbursement starts from Eid day after dawn (Fajr) up to before Eid prayer. In case it was not given before Eid, it could be given after Eid prayer but it loses its essence and spirit, and some say it is reprehensible. Therefore, its payment does not get nullified due to delay. It can be given 1 or 2 days earlier also (Ahmad & Malik) and can be paid in the beginning of Ramadan (Shafayi), and can be paid even before Ramadan (Abu Hanifah).

Zakat: It is Fard (obligatory). Any Muslim who has a saving of minimum of 52½ Tola silver (612.35 grams) or 07½ Tola gold (87.47 grams) or its equivalent in any currency or all together reaching the value of 52½ Tola silver, qualifies for payment of 2.5% Zakat on the total values. Muslim

While determining the eligibility for payment of Zakat, from between silver and gold, that material should be taken into consideration whose price is lesser. In order to properly calculate Zakat, a date should be set according to Hijrah calendar as a boundary line to count completion of one year. Most of the Muslim takes Ramadan. For example, if 1st Ramadan is taken as a boundary line for completion of one year this date becomes due for calculating and payment of Zakat. Any income comes before 1st Ramadan (it may be on 29th or 30 Shaban) should be calculated. There are details among 4 schools of thoughts about it.

This Zakat is payable without delay upon being due. It can be given earlier also, and this amount may be deductible from Zakat amount when it is due. Any Muslim who does not reach Nisab (a minimum amount of property) of Zakat can get Zakat. Among them the most poor is most deserving. Zakat can be given to one's own relatives first if they qualify for it provided they are not parents, children, and wives. Zakat to "Syed" should also not be given. They can be helped from the normal money. Quran mentions eight categories of Zakat recipients in Surah Tobah (9:60): The poor, The needy, Zakat administrators, those whose hearts are made to incline to Truth, Ransoming of Captives, Insolvent Debtor, in the Cause of Allah, and Traveler in need (Scholars have details about all of these categories).

Ramadan boosts Emotional Intelligence, Part-1

...By Shakeel Ahmad <shakeeluae@gmail.com>

An introduction of Emotional intelligence and how Quran may be considered as the a guide book on emotional intelligence (and far more) was presented in the September 2010 issue of BaKhabar [reprinted by Milli Gazette of 16-31 July 2012], while how Eid Al-Adha can raise the EQ (a measure of Emotional Intelligence) was dealt with in the November 2010 issue of BaKhabar. In this article, an attempt is made to see how Ramadan and fasting could raise the level of Emotional Quotient (EQ) further. To start with, let us review some quotes from secular fitness experts that may reinforce our belief that fasting is actually a fast road to higher emotionally intelligence levels.

1. "Fasting is like being a gifted sculptor who knows how to take areas of fatness and thinness and give them proper form." Otto Buchinger, Jr., director of Buchinger Therapeutic Fasting clinic at Überlingen (Germany).
2. "Fasting creates a condition of low concentration of toxic wastes in the circulatory system. This is sensed by the plasma membrane of each cell and each cell will then let go of its load of toxic wastes." Ron Kennedy, M.D.
3. "I assert that fasting is the most efficient means for correcting any disease." Adolph Mayer, M.D., from his book *Fast Cures - Wondercures*
4. "I often observe in the fasting participants that by four days of fasting, concentration seems to improve, creative thinking expands, depression lifts, insomnia stops, anxieties fade, the mind becomes more tranquil and a natural joy begins to appear. It is my hypothesis that when the physical toxins are cleared from the brain cells, mind-brain function automatically and significantly improves and spiritual capacities expand." Gabriel Cousins, M.D. (psychiatry)
5. "Our data lead us to speculate that sporadic fasting might represent a simple, safe and inexpensive means to promote this potentially therapeutic neuronal response." [In *Short-term fasting induces profound neuronal autophagy*, by Alirezaei M, Kembal CC, Flynn CT, Wood MR, Whitton JL, Kiosses WB, The Scripps Research Institute, La Jolla, CA, USA.]
6. Fasting had a substantial impact on neural growth, and as new neurones grow, memory improves and the chances of getting depression decrease. [Doris Stangl, King's College, London]
7. Mark Sisson, fitness expert and author of *The Primal Blueprint*, cites numerous research works which prove that fasting improves memory, boosts Neuronal Autophagy, increases levels of Brain-Derived Neurotrophic Factor (BDNF), increases production of Ketones, reduces chances of stroke, is also effective against physical trauma to the brain, helps recover from cervical spine injury, reduces chances of Alzheimer's disease and enhances chances of recovery for the affected ones, can slow down progression of Huntington's disease and basic age-related cognitive decline.

Mere physical fasting, with no spiritual connection, has been cited above, as carrying such incredible benefits that could improve the emotional levels as well as intelligence, apart from greatly improving health and fitness – and we know that a healthy body is the best fit for a healthy mind. This implies that physical fasting (abstaining from food and drink) alone could enhance the EQ levels greatly, by conditioning us in Goleman's components of EI, i.e., (a) Self-awareness, (b) Emotional literacy, (c) Empathy and compassion, (d) Balance and (e) Responsibility.

Imagine how much value would get added by associating Quran, worship, and efforts to seek closeness to the One Who created emotions, intelligence, mind, body, and the soul, a perfect package of a human! Imagine being recipient of the immense amount of collective release of spiritual energy at the time of breaking of fast, in prayers, in rukoo and sujood, to which the angels add unlimited worth!

Let us now look at some of the values added by a wholesome fast undertaken for the sake of Allah. Ramadan is not merely fasting the way we understand, that is, restraining oneself from food and drink. It involves fasting of the nafs - freeing from all carnal desires, trying to upgrade one's nafs (self) to higher levels, e.g., from Nafs Al-Ammara to Nafs Al-Lawamma, and to Nafs Al-Mutmainnah.

Nafs-al-Ammarah (Quran, 12:53), or the tempting soul, is that which leans towards the bodily nature, tempts one towards unlawful carnal pleasures and lusts and, pulls the self towards lowest levels. It is the most desirable resting place of evil and source of culpable morals and mean actions. In its primitive stage the nafs incites us to commit evil: this is the nafs as the lower self or the base instincts.

Nafs-al-Lawwamah (Quran, 75:2) is an inner police (an alarm system or the self-reproaching conscience) inside us that inwardly alarms us whenever a wrongdoing is committed by us. This self helps resist wrongdoings and seek Allah's forgiveness by making us conscious of our wrongdoings. In this stage of self-realization, the right deeds get distinctly differentiated from the wrong ones; however the ability to reform is still quite weak. We start disliking our misdeeds (self-reproach), and enter a cycle of erring, regretting our mistakes, and then possibly erring again.

Nafs Al-Mutmainnah (Quran, 89:27) is the peaceful, satisfied soul, or the reassured soul (self-actualized self in psychology), or a soul in inner peace - that which believes in Allah as his Lord and Sustainer, and feels pleasure in following the way of life taught by the prophet, with full satisfaction of the heart, and without the least doubt about it, not unwillingly but with perfect conviction, endures any hardships with full peace of mind, without remorse on being deprived of pleasures of this world.

Fasting can act as a catalyst if we seek a transition from a lower level of self (lower EQ) to higher levels; by practising fasting essentials every day for a month, with due honesty, the transformation could internalize as a permanent change. This could become easier if our fasting involves:

- a. Fasting of the mind: avoiding thoughts about things forbidden Allah, while focusing on ways and means to get closer to Allah,
- b. Fasting of the hand: not touching/taking what does not belong to it, nor begging,
- c. Fasting of the nose: not sniffing or smelling unlawful things, so that smell of Jannah gets closer,
- d. Fasting of the feet: not going places where sinful acts are propagated; rather going to places where the special mercy of Almighty rains in this month abundantly.
- e. Fasting of the eye: to prevent it from seeing forbidden things, and to lower the gaze,
- f. Fasting of the tongue: guarding against lying, backbiting, slandering, reviling, abusing others, cursing, indecent conversation, swearing and false evidence,
- g. Fasting of the ears: not to listen to idle talk, gossip, lyrics and notes that contain obscene and indecent things. Listening to the Qur'an bears the fruit of faith, guidance, light and prosperity,
- h. Fasting of the heart: casting out from it the love of worldly things and by cleansing it of all corrupt material such as, false beliefs, evil suggestions, filthy intentions and degenerate thoughts, making room for the noor (light) of guidance.

Apart from fasting in the month of Ramadan, in which Qur'an was revealed as guidance for mankind towards ultimate success, muslims make sure that they utilize maximum of their time reciting Quran, and trying their best to internalize its teachings by practicing what they learn. The impact of Quran on enhancing one's EQ levels would be taken up in next part of this article, insha-Allah. It is becoming clearer, however, that Ramadan and fasting can not only raise our EI levels far more, but also enhance our social intelligence levels and our spiritual intelligence levels. I believe that if our fasting and other Ramadan engagements are properly aligned with the divine guidance received through Quran and Sunnah, we could actually become Heavenly Intelligent – after all, the ultimate goal of this life is to pave way for the heavens, right? And, it is promised by Allah:

Prophet (PBUH) said: "Allah says: "All the deeds of Adam's children belong to them, except fasting, which belongs to Me, and I will reward it. Fasting is a shield (against the Hell and sins). If one of you happens to be fasting then he should avoid sexual relations with his wife, and should avoid quarrelling. If someone quarrels with him, let him say: 'I am fasting.' By Him in Whose Hand is my soul, the smell of the mouth of a fasting person is better in the Sight of Allah than the musk." [Hadeeth-e-Qudusi]

The Essence of Ramadan

There is a buzz in the air and everyone seems to be so excited about it, my mother has been attending the long flurry of calls from aunts and uncles from abroad who would be flying down soon to join the party at home. My little sister and brother are so enthralled about its coming and have already been planning what dresses would they be wearing for the big day. Dad has already paid someone to come and paint the house tomorrow and my elder sister is busy on her sewing machine giving her final touches to her new curtains.

Outside an eventful discussion is taking place among my friends; whether it will be 29 or 30 as new pamphlets are being distributed in the local mosque. The debate about when the moon will be visible on the Urdu channel has started once again. All these indications give us the hints that Ramadaan is just a few days away.

The excitement and the zeal is quite obvious as the holy month of Ramadaan approaches with all its blessing and Rahma. As the devils get locked away and each single action of worship and deeds gets multiplied by 70 times and Nafs (Desire) being deprived of its nourishment; every Muslim become sincere, pious and focused in the worship to Allah (swta) in this great month. As the hadith enunciates; Al-Bukhaari (1761) and Muslim (1946) narrated that Abu Hurayrah (rzh) said: The Messenger of Allaah (pbuh) said: "Allaah said: 'Every deed of the son of Adam is for him except fasting; it is for Me and I shall reward for it.'

My shaykh says that; 'Fasting was ordained by Allah (swta) only to make us attain tawqā and It's a training ground before one heads for the actual battlefield'. As Allah says in the quran; O ye who believe! Fasting is prescribed to you as it was prescribed to those before you, that ye may (learn) self-restraint (2:183). So the whole essence of Ramadan to me is all about observation where at every Instance Allah is ordering us to "observe".

- Allah orders us to observe the Hunger of the poor by commanding us to fast.
- Allah orders us to observe our wealth and teaches us the alchemy to purify it by means of Zakath (Charity).
- Allah orders us to observe our Nafs (Desire) and gives us a solution in the form of Fasting.
- Allah wants us to observe the food we consume throughout the year and shows us the way to detoxify our self.
- Allah wants us to observe his remembrance and gives us Taraweeh (Prayers) to remember him by glorify him through the reading of the Holy Quran.
- Allah wants us to observe a night of Power and Honour which is better than a thousand nights and to ask for salvation and repentance. Indeed Allah likes who ask for forgiveness.

So, what is the purpose of these observations, and why Allah wants us to observe these things? Is what essentially the holistic objective of Ramadan is. From my observations I wanted to bring into light some of the elements which we Muslims unfortunately are missing out from the lessons of Ramadan or there is a lack of understanding within us.

Many of us Muslims today MashaAllah become extremely pious in the Month of Ramadan by doing fasts, praying five times, reading Quran, Charity and every possible deed to please Allah (swta) but as soon as Ramadan gets finished the level of their taqwa and their good acts come to an end. Similarly with people who have this perception and regard the month of Ramadan as a sin cleanser, where one gets baptised and becomes pure and holy; which invariably one gets if he with a sincere intention, and asks Allah (swta) for repentance and forgiveness. But, if the intention is to carry out the same old acts from which we asked Allah (swta) to

forgive us from, then there is malice in our intentions which needs rectification. And He Allah (swta) is well acquainted with everyone's intentions. And if one is constantly struggling and trying to improve himself, but the conditions are becoming so tough that he/she is getting drifted away then Allah is all Forgiving and Merciful.

People who are addicted to Alcohol, Cigarette, lottery and other harmful stuff and who can't live without it's consumption, in fact do exceptionally well in the month of Ramadan refraining from it for 30 days. Sooner Ramadan gets finished, some start after they finish the Eid prayers. Oaths and promises with Allah are broken and we come back to our same old habits and ways. When one can refrain for it for 30 days then why can't we do it for the rest of the months? This is an answer that we all need to emblazon in our minds when we are at the break point of committing an act which displeases Allah (swta).

Ramadaan is all about perseverance, abstinence and a step becoming closer to Allah and then carrying on his good deeds and Aamaals further until he starts to become more and closer to his creator with every Ramadan that is written down in our destiny. It's not about 30 days of Ibadah (worship), and chill out for the next 11 months. Many Ramadaans will come and go but If one doesn't observe any substantial growth in his religiosity and practice in the next 11 months after Ramadaan and shaping himself as a better Muslim, then he or she are losing an opportunity which Allah has bestowed on us all.

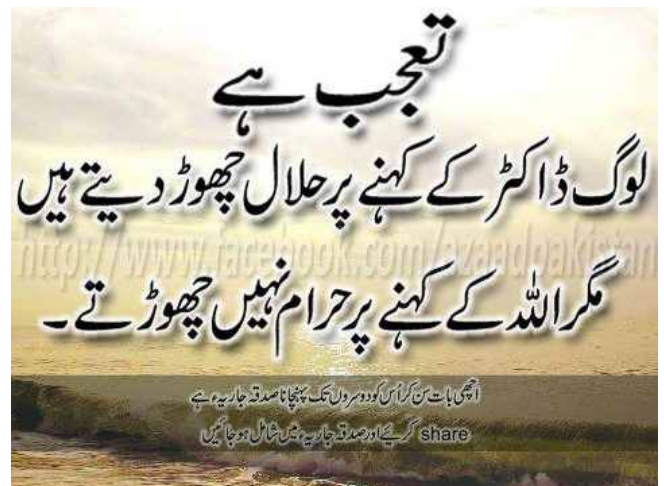
As life is a constant learning and developing process and the grains of sands ever so flowing away for us to mix in the ocean of eternal time, and inch by inch man is getting so closer to his final destination and abode. For those who reflect and ponder on the signs of Allah and have received his divine guidance and knowledge and are fortunate enough to have read the (Kalimah Lal Iaha Illallah); have a deep sense of responsibility to always elevate themselves to achieve greater heights of spirituality and character may it be through learning a small surah or doing zikr, Nawafil or charity and becoming closer to Allah.

May Allah (swta) give us the Hidayh and Taufeeq to sincerely make intentions to make us better muslims and better individuals and enable us to attain our ultimate goal Jannah.

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Fighting Burn-Out: Becoming A Well-Balanced Productive Muslim

by Rushda Abraham4 Comments

Posted on Wednesday, March 28, 2012 in Feel Better, Topics
Life is a prison for a Muslim and Allah sends down trials to human beings, which is clearly mentioned in the Qur'an:

"Verily! We have made that which is on earth as an adornment for it, in order that We may test them (mankind) as to which of them are best in deeds." [18:7]

Therefore, happy and sad moments are a natural part of our life. It's essential to understand how to deal with unpleasant realities of living when they knock on the door of life.

Inability to cope with frustrating moments in life can possibly lead to burnout and depression.

Burnout is a state of physical, emotional and mental fatigue caused by excessive and prolonged stress. It develops when you feel overwhelmed and unable to meet constant demands.

It also occurs when you are working towards objectives that do not resonate with you. This state can also be a real threat if you get on with your family members or co-workers poorly. As the burnout continues, you may lose the motivation that led you to undertake on a certain role in the first place.

Some personality traits that can contribute to burnout are: perfectionism, a pessimistic view of the self and the world around you, as well as having a type A personality or high achieving personality.

Is your target to live a well-balanced life? A lifestyle where you reach success in your chosen field and be emotionally present, and actually involved, in the lives of your loved ones? If so, then achieving inner balance should be your guide.

The following are steps to get you out of burnout and achieve inner balance:

Physical Exercise

The World Health Organization warns that by the year 2020, burnout and depression will be the second leading cause of death and disability in the world — mainly due to more stressful lifestyles, violence and poverty. Exercise helps us deal with a stressful situation and it prepares us to better cope with future burnout and fight depression.

In 1999, four health related studies were conducted at the University of Colorado at Boulder. The research studied how regular exercise changes physiological responses to stress from the brain, hormonal system and immune system. The results showed that regular exercise helps to reduce the negative effects of burnout and to improve the immune system. As we know, exposure to mental or physical stress increases our susceptibility to illness.

Physical exercise, on the other hand, can help keep stress levels under control.

Breathe to Relax

Allah (Subhanahu wa'tala) has blessed us with beautiful nature that provides us a pure way to activate our relaxation response. Taking a deep, mindful breath when we feel burned out can be a convenient way to bring us back to balance. It can also help shift our perspective. The next time you feel overwhelmed in a situation pause and take a deep, concentrated breath and allow the stress to melt away.

Take breaks between big tasks.

Burnout leads your body and mind to a weakened situation. It's important to avoid jumping from one stressful, time-consuming task to the next. Give your body and mind time to recover. Without such a recovery you're placing a burden on your mind and body without having a chance to recharge, it's exhausting!

Spiritual Exercise

Sad moments and misery are among major causes of burnout.

Fortunately, Islam holds the answers to every worldly problem. Spiritual exercise is always the best way for a productive Muslim to fight any unpleasant state of mind and body, including burnout. The essential factor is an optimistic view of the self and the world. This is necessary to release us from such a state of burnout and any stressful situation.

Remember that the Prophet (Peace and blessings upon Him) related that Allah (Subhanahu wa'tala) said, "I am with my slave's thoughts about Me, so let him think of Me as he chooses." The hadith emphasizes the importance of positive thinking in life.

The nature of this worldly life makes it impossible for human beings not to be intruded with some kind of adversity. This is a part of life. Realizing that any unpleasant moments or hardship strengthens our hearts, atones for our sins and helps to suppress an inclination towards pride and haughtiness will relieve our mind.

Furthermore, there are numerous scientific findings on the relationship between mental health and religion. Thayer, Newman, and McClain (1994) found that religiosity and spiritual strategies were particularly effective for reducing burnout, nervousness, tension and anxiety. Moreover, it loaded on a pleasant distraction factor which was found to be the most effective strategy for mood change.

If you sense that you suffer from burnout, first of all, stop insisting of yourself to keep going. Start listening to your body, and it will tell you what it needs. Take on some of the strategies mentioned above and keep the faith that Allah (Subhanahu wa'tala) is the best disposer of all human affairs.

As a Productive Muslim, how do you fight burn out? What tweaks and positive habits in your life help you maintain a balanced lifestyle? Share with us below!

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Masjid in Thailand

8 Simple Steps to Help You Prepare for Ramadan

by Wesam Kerayem

Have you ever wondered why it is difficult to concentrate in your prayer? Or why your faith throughout the year is not on a high like it is during Ramadan or through Hajj? Maybe it is because we usually jump straight from a phone conversation into Takbir or because we just go with the flow in Ramadan and are influenced by the environment around us and not our own 'real' feelings.

A lot of us usually live life and have our faith dependent on an upcoming major event i.e. "I'm going to start reading a page of Quran a day as soon as Ramadan starts; I'm going to start praying Qiyam every night when I come back from hajj; or, I'm going to stop smoking when my child is born." And because of this way of thinking we usually end up with an anticlimax; we don't end up giving up smoking, we don't end up praying Qiyam and we start reading Quran but then get back to our normal old self after a few days or weeks.

This is because these 'statements' or 'feelings' are based on impulse and not a real thought out plan. We usually don't prepare for Ramadan or hajj or have a plan for our faith to stay at the increase; we just go with the flow and expect it all to happen. Well, it doesn't!

Wouldn't you love to enter the month of Ramadan on a real high and have the effects of this beautiful month be a permanent impact on your life thereafter? How can this be done? Below are the 8 steps for a Legacy of a Ramadan.

Step 1 – Create a Ramadan Count Down

Counting down for Ramadan (whether it is done mentally or by keeping physical signs around the home or office) will help create hype and buzz in your mind and amongst the people around you. When you and others are counting down to the same event, it becomes part of regular conversation and excitement spreads.

Step 2 – Seek knowledge about Ramadan

This will help you ensure you will do things correctly and perfectly for Ramadan, it will create a hype as there are many motivational aspects and events in the month to look forward to and finally it is a reward reaper. The more you know about Ramadan the more you can apply, hence multiplying your rewards.

Step 3 – Make a Ramadan plan

Be it reading the entire Quran, ensuring you pray taraweeh every night or inviting families over for iftaar; make a list of things you would like to achieve in the month and then how you plan on achieving these goals. It is important that goals are realistic and it is better that your life doesn't need to entirely take a different road in this month (i.e. take the month off work or change work hours etc.) so that you may continue to do these deeds after Ramadan. Knowing what you want to achieve in the month will help you stay focused. Ensure you plan your day every night before you sleep when Ramadan starts (try to continue this even after Ramadan).

Step 4 - Know your life

Be aware if Ramadan affects anything that is happening in the month or shortly after. Do you have exams during Ramadan? Or is there a major family wedding after Ramadan by a short time? Moving house? If so, plan for these events from now. Study now so that you are prepared for the exams before the month starts. Be packed and ready to go before Ramadan or plan that you do it after so that it doesn't take time away from your worship. The last thing you want to do is spend Ramadan at the shopping centres. Buy any Eid presents and prepare for any wedding before the month starts.

Step 5 – Prepare spiritually

We all know that Ramadan is about Fasting, Praying, Reading Quran and giving in charity. Start these worships early; don't expect to just click into it as soon as the first day of Ramadan starts. Start doing extra prayers from now, start revising and regularly reading Quran now, get used to being generous and follow the Sunnah of the Prophet Muhammad (peace and blessings of Allāh be upon him) and fast during Sha'baan.

Step 6 – Prepare your mind

Fasting is to refrain from more than just what we consume in our mouth. Start working on your patience; be extra vigilant with your conversations: ensure you are not backbiting, slandering or talking about useless things.

Step 7 – Say 'good riddance' to bad habits

Know what bad habits you have and stop them from now, don't wait until Ramadan begins. If you sleep late, start sleeping early, if you are a Facebook junky start cutting down, have a coffee craze, slow it down etc. It might sound much easier said than done, but once you've committed yourself, purified your intentions – make sincere dua for guidance. Insh'Allah, these bad habits will be easier done with than you ever expected.

Step 8 – Plan your life around your worship

For instance; instead of working through your prayer or setting up meeting etc., at prayer times, plan that you have a break at prayer time. Don't take your phone with you to the place you pray and forget the world as you stand between the hands of the almighty Allah (glorified and exalted be He).

How about you? What are you doing to prepare for Ramadan? Let us know in the comments section!

About the Author:

Wesam Kerayem is part of two campaigns in Sydney, 'MyPrayer Project' and 'Ramadan Awareness Campaign' (RAC). Both these projects have been running successfully for many years. To find out more visit: www.myprayer.org.au.
<http://www.productivemuslim.com/8-simple-steps-to-help-you-prepare-for-ramadan/#more-2640>

A quick preparation for Ramadan Kareem

1. Start reading Quran daily after Salat al-Fajr.
2. Spend some time listening to recitations from the Quran.
3. Train yourself to go to bed early so that you can wake up for Salat al-Fajr.
4. Keep yourself in a state of Wudu (Ablution) most of the time.
5. Evaluate yourself daily before going to bed.
6. Thank Allah for good deeds, and repent to Him for your mistakes and sins.
7. Start giving Sadaqah daily, no matter how little. Make it a habit like eating and drinking.
8. Find time to pray extras, such as Tahajjud prayers.
9. Spend more time reading Islamic books, especially the Quran, Sirah, Hadith, and Fiqh.
10. Find time to help others with your wisdom, knowledge and other talents.
11. Try to write articles on Islam for Muslims as well as for non-Muslims.
12. Associate with Muslim scholars / ulama and other pious people so that you may learn from them.
13. Train yourself to do good, render free service to others to seek the pleasure of Allah.

Preparing For Ramadhaan-The 'Month Of Mercy'

By Sister S Bemath

As the dawn of Ramadhaan approaches, offering us glimpse of its golden rays of purity, every Muslim around the world prepares to experience the warm ambience which only this month can bring. From Suhoor to Iftaar to Taraaweeh Salaah, Ramadhaan brings together brothers, sisters, parents and children. In order to derive the utmost benefit from the sacred month of Ramadhaan, it is crucial to recognize the spiritual significance and importance of this month. Fasting during this month should be only for ALLAH TA'ALA, and that HE will give the reward for it, for the reward of ALLAH, the Bountiful and Munificent, is greater and vaster than anyone could imagine, Subhaan-ALLAH!

A Hadith so beautifully encapsulates: "The reward for every good deed of Adam will be multiplied anywhere between ten and seven hundred times. ALLAH said: 'Except for fasting, because it is for ME and I MYSELF will give recompense for it. He gives up his food and his passion for ME.' For the one who fasts, there are two times of rejoicing, one when he breaks the fast, and one when he meets his Lord. Verily the smell that comes from the mouth of one who is fasting is more pleasing to ALLAH than the scent of musk." (Hadith: Bukhari and Muslim)

Beloved Reader! This is a month which ALLAH TA'ALA has designated for the revitalization of the soul and one's spiritual ascension after a year full of sin and spiritual retrogression. However, all this will only be possible if we value this precious month and prepare for it accordingly. It is reported that Muhammad (Sallallaahu Alaihi Wa Sallam) used to commence His preparation two months prior to Ramadhaan by reciting the following supplication at the beginning of Rajab, "O ALLAH! bless us in Rajab and Sha'baan and make us reach Ramadhaan". This shows the importance of conditioning oneself mentally and spiritually for the advent of this month. Ramadhaan is a long-awaited celestial guest; accordingly, we ought to prepare the grandest reception in appreciation for all of its beautiful blessings and barakah. It is only through such yearning and longing that the significance of Ramadhaan will develop in our hearts serving as a catalyst to increase our good deeds and to fulfil the objectives of Ramadhaan.

Therefore, we should strike a balance, during this all-too-short blessed month, between our domestic duties and the opportunity this month brings, to draw closer to ALLAH through worship and good deeds. Do not let our household chores and other work distract us from performing the obligatory Salaah at the appointed times or from reading the Qur'aan Kareem or Nafil Salaah. Nor should we let traditional late-night family gatherings keep us from performing Qiyaam al-Layl and making Du'a. There are three main objectives to attain from this blessed month, namely absolution of one's sins, attainment of piety and enhancing one's communion with ALLAH TA'ALA. In regards to absolution of sin, Muhammad (Sallallaahu Alaihi Wa Sallam) mentioned, "Whoever fasts and stands for worship in Ramadhaan out of faith and anticipation of reward, all of his previous sins will be forgiven." (Ibn Majah)

The main element mentioned in this Hadith is that our effort and striving in worship throughout the month should be with the zest of Imaan and zeal of reward. The recompense of this will be a thorough effacement of sins. The veil of inhibition that impedes a person from his or her Rabb will be removed and the doors to a life of spiritual bliss, ecstasy and harmony will be flung open. Subhaan-ALLAH!

ALLAH TA'ALA states,

"O you who believe, fasting has made compulsory upon you as it made compulsory upon those before you so that you may become ALLAH fearing." (Quran:2:183)

Alhamdulillah! Fasting is one of the best spiritual exercises to establish piety, patience and a perpetual consciousness of ALLAH TA'ALA and the reward for true patience is Jannah. In this beautiful month four things you should continue to perform in great number, two of which shall be to please your Rabb, while the other two shall be those without which you cannot do. Those which shall be to please your Rabb, are that you should in great quantity bear witness that there is no deity to worship except ALLAH (i.e. recite the Kalimah Tayyibah Laa Ilaaha Illallaah) and make much Istighfaar (beg ALLAH'S forgiveness with Astaghfirullah)." And as for those without which you cannot do, you should beg of ALLAH, entrance into Paradise and ask refuge in HIM from Jahannam(Hell)." Once a person feels the bliss of being

completely pardoned and relieved from the burden of sins coupled with the feelings of ALLAH'S Omnipresence, he or she would have reached a very high pedestal of divine communion. This pedestal is what referred to as the stage of Ihsaan; where a person worships ALLAH as if he or she is seeing HIM or with the full conviction and cognizance that ALLAH is watching him or her.

Beloved Reader! The Mubarak month of Ramadhaan requires special preparation because it requires complete dedication on part of the Mu'min. Below are a few easy ways to Inshaa-ALLAH (ALLAH willing) help prepare our minds and hearts for this upcoming Month of Mercy.

1. INTENTION TO PREPARE:

One of the most essential elements of preparing for the arrival of Ramadhaan is to make the intention for preparation for verily "every action judged by its intention"(Hadith-Bukhari). The preparation begins the day you start practicing humility and patience and learn how to control your nafs (desires) and anger.

2. PERFORM REWARDING ACTIONS:

In the spirit of Ramadhaan, it is best to start preparing for the blessed month by performing actions that are rewarding and appreciated by our beautiful ALLAH. According to a Hadith, "If a person says, "SubhaanALLAH"(Glory be to ALLAH) 100 times, a thousand good deeds are recorded for him and a thousand bad deeds are wiped away."

3. INCREASE THE WORSHIP:

To start preparing for the blessed month of Ramadhaan, it is best if you start increasing your worship. This will allow you to adjust your routine for the arrival of Ramadhaan. Increase all forms of Ibadah(worship) such Fasting, recitation of Qur'an, Zikr, Sadaqah(Charity) , Nafil (voluntary) Salaah etc

4. DETERMINE SPECIFIC DAYS FOR FASTING:

To adjust your body to fasting, it is best that you start fasting beforehand. You should define specific days for fasting. For example, if you fast every Monday and Thursday, you will be more fully prepared for Ramadhaan making the adjustment much easier.

5. READ THE MUBARAK QUR'AAN REGULARLY:

For individuals who have not prepared for reading and reciting Qur'aan during Ramadhaan, Qur'aan Kareem recitation while fasting becomes difficult. It is best if you start reading the Mubarak Qur'aan after Fajr salaah on a daily basis just to prepare for the Ramadhaan spirit.

6. ADJUST SLEEPING HABITS:

Ramadhaan teaches us to adjust the way we lead our life. Therefore, before the arrival of Ramadhaan, it is ideal if you start adjusting your sleeping habits. You should start off by going to bed early and rising early. If you are used to this routine, you will not feel sleepy and tired when Ramadhaan arrives.

7. DEFINE OBJECTIVES:

Ramadhaan is the ideal month to embark on your journey to fresh objectives. If you are a smoker and want to quit this habit, you should start off with this month. If you want to be an early riser, still Ramadhaan is the perfect month for you.

In essence, Ramadhaan is the most blessed and rewarding month. Therefore, all Muslims should try their best prepare for this auspicious month of Ramadhaan. Regular recitation of Qur'aan, voluntary charity and recitation and offering prayers will help you prepare for the Ramadhaan spirit. Inshaa-ALLAH!

O Beloved Reader! Let us embellish our Akhlaaq(character) in this beautiful and blessed month with gifts presented by the Prophet of guidance (Sallallaahu Alaihi Wa Sallam). Let us make this Ramadhaan a means of gaining nearness to Allah Ta'ala and preparing for the eternal journey that each and every one of us must traverse.

To subscribe to our mailing list please send a blank email to: subscribe@eislam.co.za
Feedback and constructive comments are most welcome and appreciated. Contact/feedback details: info@eislam.co.za
For general & motivational articles on Islam visit our website: www.eislam.co.za

15th August 1947



**Wish you happy
independence day**



India's First Independence Day Celebrations in Delhi - August 15, 1947

India got freedom on 15th August 1947 but still we have to fight against **Corruption, Illiteracy, Poverty, Injustice, inequality, Terrorism and all type of violence**

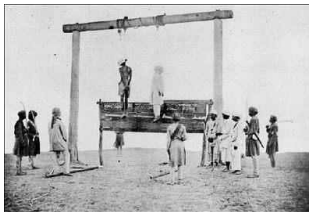
India need Fighters from new generation to fight against these problems



The Real Hero.....BhagatSingh



100-yr-old photos of British India found



A public hanging in British India



A rare view of the Rashtrapati Bhavane and the Parliament House in New Delhi.



India's First Independence Day Celebrations in Delhi - August 15, 19



Nathuram Godse with gun in hand facing Mahatma Gandhi just before his assassination



The dead body of Mr Chandrashekhar Azad.... The REAL HERO....



Mahatma Gandhi with Louis Mountbatten

Compiled by: Nand Kumar

When will this mass slaughter stop?

By Muqheet Mujaba Ali

At the outset, let me say that I do not intend to hurt or make fun of anyone. I am addressing this post to everyone's reason and logic, and not to anyone's emotions and sentiments. Thank you and Jazakallah Khayr.

Al Qur'an is a Book whose first chapter begins in the name of Allah and the last chapter ends with seeking refuge in Allah. Between these two, flows life as such.

How fortunate are those Muslims who are able to read the Qur'an in an excellent manner. Also, how fortunate are those Muslims who are able to listen to the Qur'an being read in an excellent way.

And how terrible it is to stand behind an Imaan offering taraweeh prayers in a ridiculous way!

Terrible, not because you are standing for prayer. Terrible, because this person whom you call as an 'imaam' is a butcher of a different kind!

Not an ordinary butcher. An accomplished mass slaughterer!! The one who indulges in mass slaughtering of the Qur'anic verses. Fracturing a verse here, breaking a limb there! Creating distortion and spreading corruption – all in the Way of Allah! In the name of Allah! With the Kalaam (Speech) of Allah! And in the very House of Allah!!

The wide-spread slaughter of Quranic verses in the name of Taraweeh must be condemned in the strongest possible terms.

I wish Hazrat Umar ibn al Khattab (radiyallaahu anhu) come back to life and whip all those Imaams who lead taraweeh prayers for the heck of taraweeh!

What is the purpose of Taraweeh? To listen to the Qur'an. To spend active time in conscious worship of Allah. To develop closeness with Allah. To uplift oneself, spiritually. To be thankful to Allah for revealing the Qur'an.

But no! Now, Taraweeh is not for listening to the Qur'an, it is to finish the Qur'an!

Not to stand in conscious devotion, it is to do unconscious physical exercise!

Not to uplift oneself spiritually, it is to get the iftaar food digested! (so that you can get back home and eat a lot!!)

Not to develop closeness with Allah, it is to play an indoor T20 match! Not to be thankful to Allah, it is to get rid of the heavy burden laid upon the shoulders!

As Allama Iqbal says: Reh Gaye Rasm-e-Azaan, Rooh-e-Bilali Na Rahe! Only the form remains, and the spirit is missing!

The management of the mosques and all the Imaams leading Taraweeh prayers must understand that Taraweeh is not a T20 cricket match to bat and bowl wildly and finish it off in a given time-frame!

We also need to understand that completing Twenty Rak'ahs or reciting the whole Qur'an in Taraweeh is not compulsory. Listening to the Qur'an attentively and reciting the Qur'an at a moderate speed and in a beautiful manner - these aspects are not only compulsory but they should also become every Muslim's prime concern.

Humility, tranquility, remembrance and reflection are important elements of Taraweeh Prayer. We all need to connect to these missing links, Inshaa'Allah.

May Allah give us the Tawfeeq, Hidayah and Istiqamah to live by His guidance. Aameen.

Jazakumullah Khayra for reading this post of mine.

I know everyone is busy in their own world. If anyone wants to comment or even criticize, he can log in here:

<http://yassarnalquran.wordpress.com/2012/07/18/when-will-this-mass-slaughter-stop/#respond>

MEDICAL ASPECTS OF FASTING

Dr. Moiz Shams, Aligharh

There are two beneficial health aspects of RAMADAN, one would be the psychological benefit and the other the physical health benefits which includes:

- 1.Loss of excess weight.
- 2.Improvement of Lipid profile and Glucose profile.
- 3.Gastrointestinal rest.This benefits patient with chronic gastrointestinal diseases.
- 4.In salah(Namaz) all the muscles and joints have mild exercise in terms of caloric output.
- 5.Ramadan fasting is actually an exercise in self discipline.For those who are chain smokers or nibble food constantly or drink coffee or tea every hour is good way to break the habit.
- 6.Psychological effect of feeling of inner peace and tranquility.The prophet (SAW) has advised "If one slanders you or aggress against you,tell them ,I am fasting."Thus personal hostility during the month is minimal.

Regarding general advice for maximum benefit from fasting there are few tips.

- 1.Drink a lot of fluid throughout the period between Iftar and Sahoor,especially for old persons exposed to cardiovascular risks.
 - 2.It is actually sunnah to break your fast on a date, then go to pray the Maghrib and return to complete your iftar. This is the ideal way to break your fast and avoid too much eating suddenly after a long period of hunger..
 - 3.Try to avoid heavy meals, specially Iftar. Lighter meals will help you perform prayer etc without feeling sleepy.
 - 4.Avoid fatty meals and diets containing a high amount of sugar,as much as ytu can.Ramadan is a chance to lose the excess weight and improve the internal metabolic profile.
 - 5.Try to increase diets containing water and fibres in both Iftar and Sohoor.
- Taraweeh prayer are unique in building up muscles during physical movements of prayer. Tension is relieved in the mind due to spiritual persons perform Tarawih prayer feel alert and active.



25th Awards Ceremony @ RAHBAR Coaching Centre, Muzaffarpur on 8th July 2012, at Hazrat Ali Academy, Chandwara: Chief Guests on the occasion was Janab Prof. farooque sb, Rtd Prof. of physics, L.S. College, Muzaffarpur

Special invitees on the occasion were Janab Mansoor Alam Sb., patron of RCC Muzaffarpur, Janab H. Tarique Sb (Joint Sec. H.A. Academy, Muzaffarpur), and Janab Suleman Sb., Teacher Aabeda high school.

The ceremony started at 5 pm, with recitation of Quran, by Maulana Mohd Mustahsan Sb.

Janab Md. Ehsan Sb welcomed the guest.

Chief Guest, Pro. Farooque Sb, in his speech, appreciated the work of RAHBAR Coaching Centre and promised to extend all help to the center and advised students how to achieve their goal. he urged all students to seek knowledge to prove themselves in this era of inordinate competition. "Nothing happens until something moves." – Albert Einstein, this quote stress how consistency, punctuality and continuity merge the barrier of suffering. Labor never goes waste.

Md. Suleman sb reminded the history, how Israel is so powerful today with small population. You have to follow the path of discipline so how you can achieve coveted means of life. He asked the students to cultivate for themself that on which their future will nurture.

Pro. Mohd Mansoor Alam Sb, in his closing speech, reminded all to follow the path of quran and hadeeth for ultimate success.

Finally, the event came to an end after distribution of awards to best performing students (3 categories), and dua by Md .H. Tarique sb.:



Rs. 30,000/= cash award distributed

among top scorers of 10th board exam @ RAHBAR Coaching Centre, Motihari, on 18th June 2012, to nurture a mindset of competition and excellence among the students. Four students shared the cash award. Rs. 15,000/= was marked for the highest scorer, Irfan Saeed. The second highest prize of Rs. 10,000/= is to be shared between Affan Akram and Zbeehullah, while the third prize of Rs. 5,000/= is to be given to Anisur Rahman. All of them received the first instalment of their prize money as cheque, while the 2nd and 3rd instalments will be given away in July and August respectively. The prize money has been sponsored by Al Ameen Educational and Welfare Trust, Siswa, in the campus of which the RCC is operating. The award ceremony was attended by Janab Shakeel Ahmad Sb, moderator of Bihar Anjuman, among others.

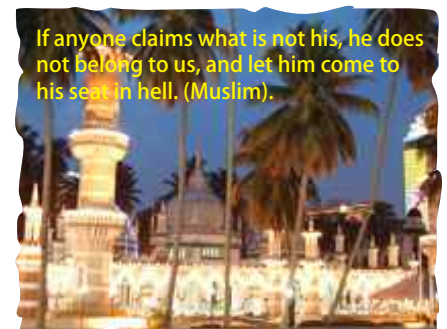
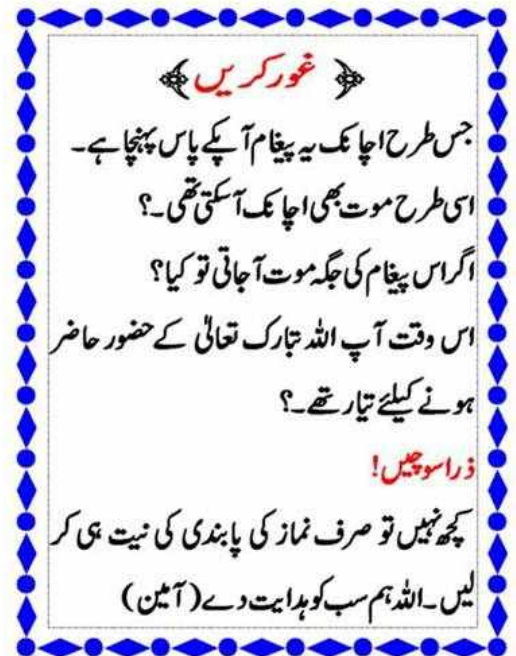


39 Zero-to-Hero from RAHBAR Coaching Centres

now: 16 students of RAHBAR Coaching Centres make history in 2012: RAHBAR Coaching centres were able to transform 16 zeroes of yesterday into heroes of today, this year, thus adding to the 23 of previous two years (8 in 2010 and 15 in 2011), taking the total to 39, now. RCC Patna has pushed behind the last year's shining star, RCC Darbhanga, sending 6 students to MANUU's diploma engg. Also first time ever for ay RCCs, 3 female students from RCC Patna have qualified for MANUU admissions, while one girl student of RCC Samastipur got admission in AMU, thus removing the gender bias from its zero-to-hero miracles, finally. A remarkable good news is that all these neo-heroes will get their admission fees and monthly expenses sponsored, insha-Allah, through Bihar Anjuman. Total sponsorship of diploma engg students increases to 39, now.



opening ceremony of Olympic 2012 in London



If anyone claims what is not his, he does not belong to us, and let him come to his seat in hell. (Muslim).

Educate poor community girls @

RAHBAR-e-Banaat Madrasa-cum-School

Appeal to donate your Zakat/Sadaqat to RAHBAR-e-Banaat School and Madrasa, for holistic education & guidance

[Only for Girls of weaker sections, in Bihar & Jharkhand: <http://school.biharanjuman.org/>]

Your support has helped the project a lot, but it needs more funds, therefore, pls come forward to donate your Zakat & Sadaqat, to this important project of Bihar Anjuman.

Individual NRI Donors may please transfer their contributions to the following bank account of RAHBAR, the NGO of Bihar Anjuman [Kindly send an email to school@biharanjuman.org, once you have made the transfer, so that we may be able to maintain a proper account, at our levels.

Also, please send scanned copy of your ID proof (passport copy for NRIs), which is a mandatory requirement for NRIs (If you have already sent it before, then you don't need to send again).

In case of any problems in transferring the committed amount, please write back to us (school@biharanjuman.org) so that we could find an alternative means of transferring the funds [like sending to a personal account of one of the Bihar Anjuman's representatives, or handing over cash or cheque to him]. In any case, please do not forget to send us an email after the transfer has been made.]

If you have transferred any contribution before, kindly email a scanned copy of your passport (mandatory requirement for NRIs). Non-Indian donors, kindly do not transfer any funds to this bank account.

A/c name: RAHBAR; A/c number: 00891450000123
Bank name: HDFC Bank; Branch: D-965, Mata Ka Mandir, New Friends Colony, New Delhi - 110065
IFSC Code: HDFC0000089; MICR Code: 110240009

Donations: all kinds of donations are acceptable
Willing to donate for this noble cause? Write to school@biharanjuman.org or fill an online form at <http://www.rahbar.info/rahbar-e-banat.htm> to commit your donation

Read this article, please: Letter and Spirit of Zakat (Zakah) [<http://www.biharanjuman.org/zakat-letter-and-spirit.html>]

The students in this madarsa will be from poor families, most of whom are not going to any schools or madrasas, at all. Therefore, zakah funds may be used to impart literacy to them. Yateem girls will be accommodated in a hostel which is the first building being built [structure of 2 floors are ready, thus 16 rooms can be used once finishing work is completed]. Hostel is planned to become functional by December 2011, insha-Allah, after completing the boundary wall.

You may donate (from any funds at your disposal) for:

Regular (monthly, quarterly, annual) contribution:

(a) Sponsor the principal's salary @ Rs. 7,000 to Rs. 8,000 per month,

(b) sponsor a teaching staff @ Rs. 4,000 to 6,000 per month,

(c) sponsor a non-teaching staff (matron, peon, muhassil, etc.) @ Rs. 3,000 to 4,000 per month

(d) sponsor a student's expenses (non-resident): Rs. 200 per month

Sponsor construction cost for eisal-e-sawab and sadaqa-e-jaariya:

(a) construction of class-rooms (one classroom: Rs. 4 lakhs): total number of classrooms planned = 15 (architectural dwg @ <http://bit.ly/eFUHl>)

(b) Construction of hostel (one hostel room: Rs. 2 lakhs): total number of rooms planned = 24 (architectural dwg @ <http://bit.ly/eFUHl>)

(c) Construction of a library-cum-reading room @ Rs. 4 lakhs + furniture @ Rs. 1 lakh

(d) Construction of the office room @ Rs. 3 lakhs + office furniture @ Rs. 50,000/=

(g) hand pump for drinking water, Rs. 10,000/= (with platform), near hostel building

(h) 2 Overhead water-tanks + 1 electric submersible pump + plumbing work for hostel building, Rs. 75,000/=

Uniform for the girl students studying at RAHBAR-e-Banat Madrasa-cum-School: Kindly commit your share

Cost of 1 set of uniform for each girl: Rs. 395/= (salwar-suit + scarf/ dupatta)

Cost of 1 set of sweater for each girl: Rs. 325/=

[Only for Girls of weaker sections, studying at Bihar Anjuman's first madrasa-cum-school project]

Kindly



Uniformed students @ RAHBAR-e-Banat School-cum-Madrasa Rahimabad, Samastipur [<http://school.biharanjuman.org/>]



RAHBAR-e-Banat School and Madrasa, for holistic education & guidance For Girls of weaker sections: Hostel Bldg's 3rd Floor roof cast on 29-10-2011

Visit the website for more details @ <http://school.biharanjuman.org/>

write to school@biharanjuman.org specifying number of sets and number of students you would like to sponsor; an idea of the budget is given in the below table:

No of Students	No of sets	Sponsorship	Uniform Only	Wish to
add 1 sweater?		Uniform + Sweater		
1	1	Rs. 395	Rs. 325	Rs. 720
1	2	Rs. 790	Rs. 325	Rs. 1,115
2	1	Rs. 790	Rs. 650	Rs. 1,440
2	2	Rs. 1,580	Rs. 650	Rs. 2,230
3	1	Rs. 1,185	Rs. 975	Rs. 2,160
3	2	Rs. 2,370	Rs. 975	Rs. 3,345
4	1	Rs. 1,580	Rs. 1,300	Rs. 2,880
4	2	Rs. 3,160	Rs. 1,300	Rs. 4,460
5	1	Rs. 1,975	Rs. 1,625	Rs. 3,600
5	2	Rs. 3,950	Rs. 1,625	Rs. 5,575
6	1	Rs. 2,370	Rs. 1,950	Rs. 4,320
6	2	Rs. 4,740	Rs. 1,950	Rs. 6,690
7	1	Rs. 2,765	Rs. 2,275	Rs. 5,040
7	2	Rs. 5,530	Rs. 2,275	Rs. 7,805
8	1	Rs. 3,160	Rs. 2,600	Rs. 5,760
8	2	Rs. 6,320	Rs. 2,600	Rs. 8,920
9	1	Rs. 3,555	Rs. 2,925	Rs. 6,480
9	2	Rs. 7,110	Rs. 2,925	Rs. 10,035
10	1	Rs. 3,950	Rs. 3,250	Rs. 7,200
10	2	Rs. 7,900	Rs. 3,250	Rs. 11,150

مسلم قوم فروغ علم کو اپنا نصب العین بنائیں: انجینئر شکیل احمد

موتیاری (عزیر الہم) آج ہم مسابقتی دنیا میں سائنس لے رہے ہیں اور اس میں جو ہدف کا تقاب نہیں کر پایا وہ پیچھے چھوٹ جائے گا اور ہدف تک پہنچنے کا واحد راستہ تعلیم ہے۔ عصری تعلیم میں عقلی تعلیم دور جدید کی ضرورت ہے اور اس میں ہمارے طلبہ کو مشاق ہونا چاہئے۔ مذکورہ بالا خیالات کا اظہار بہار انجمن رہبر فری کو چنگ سنٹر کے روح رواں انجینئر شکیل احمد نے الامین ایجوکیشنل اینڈ ویلفیئر ٹرسٹ، سسوا (موتیاری یونٹ) کے رہبر فری کو چنگ سنٹر کے زیر اہتمام منعقد ایک پروگرام تقریب سے خطاب کرتے ہوئے سہمان خصوصی کی حیثیت سے کیا۔ خطبہ کے دانشورو اسباب رائے کی کثیر تعداد سے خطاب کرتے ہوئے سسوا احمد نے کہا کہ شرعی، منجگ دینی وہی روزگاری کے خاتمہ کا واحد علاج بھی تعلیم حاصل ہے اور اس سے کنارہ کشی اختیار کرنے والوں کو تباہی بھی معاف نہیں کرے گی۔ انہوں نے کہا کہ دینی تعلیم مسلمانوں نے لئے اس کی حیثیت دیکھی ہے لیکن دور جدید کے علوم و فنون کا سیکنا بھی ہم بلازم و طہم ہے۔ عقلی و پیشہ وارانہ علم میں دسڑس حاصل کی جائے۔

موقع پر انہوں نے بہار انجمن کے زیر اہتمام چلنے والا رہبر فری کو چنگ کے افراش و مقاصد اور اسکے خدوخال پر تفصیلی روشنی ڈالی اور اس شروت سے اس میں بڑھ چڑھ کر حصہ لینے کی اپیل کی۔ انہوں نے مسلم معاشرت کو اوپر اٹھانے کی تدابیر بھی تجا میں اور ان کی کمزوریوں کی طرف بھی نشاندہی کی۔ واضح ہو کہ گذشتہ کئی سالوں سے الامین ایجوکیشنل اینڈ ویلفیئر ٹرسٹ سسوا میں بہار انجمن کے تعاون سے درجہ مطہم سے میٹرک تک کے طلبہ و طالبات کو رہبر فری کو چنگ سنٹر کے توسط سے خصوصی اساتذہ کی نگرانی میں مفت میں تعلیم دی جاتی ہے اور معاشرہ کے فریب طبقات کے بچوں کو نمایاں کارکردگی پیش کرنے کا موقع دیا جاتا ہے۔ مذکورہ سنٹر میٹرک امتحان میں 74 فیصد نمبرات حاصل کرنے والے ہونہار طالب علم عرفان سعید کو 15 ہزار روپے، دوسری پوزیشن حاصل کرنے والے دو طالب علم حفان اکرم و ذبح اللہ کے مابین 10 ہزار روپے و تیسری پوزیشن حاصل کرنے والے طالب علم انیس الرحمن کو 5 ہزار روپے کی پہلی قسط چیک کی شکل میں پیش کیا گیا۔ ان کے علاوہ فرسٹ ہوا۔

Make your Zakat do much more

[100% utilization]:

Educate poor girls; give them Class-rooms and drinking water facility (in their hostel); gift them Uniform & Sweater

With your cooperation, a lot has been done, alhamdulillah, by Bihar Anjuman. But, whatever has been done is hardly a few drops in an ocean of opportunities and in the ocean of needs of the community. Education is the key to empowerment, and the real jihad at the moment. During this holy month of Ramadan, when zakat will be given away by all the people we know, let's make the best use of this money for educating poor community girls at RAHBAR-e-Banat Madrasa-cum-School project [http://school.biharanjuman.org/]. The 3rd floor of the hostel bldg was completed after last Eid, Alhamdulillah. . Construction of the boundary wall (it's a girls madrasa, so safety is the prime consideration for the yateem girls who would be accommodated free of cost, and for the lady teachers who wish to live in the campus) has been delayed due to non-availability of registry documents of adjacent plots (so demarcation could not be done). Priority is to finish and furnish the hostel, and start the construction of class-rooms, insha-Allah. We need to raise Rs. 15 lakhs this Ramadan so that we can at least complete the hostel bldg, complete the foundation of the class-room bldg (that is, come above ground) and at least 3 class-rooms, insha-Allah.

We need to your suggestions as much as the funds, so please feel free to write to me. Jazakallah Khairan!

بدل دوزمانہ

اپنے روزمرہ کے کلمات بدل دو

ہیلو ہائے کو اسلام و علیکم سے

تھینکس، شکریہ کو جزاک اللہ سے

ہائے، ٹیک کیئر کو فی امان اللہ سے

واؤ، گریٹ کو ماشاء اللہ سے

اوکے، ڈن کو انشاء اللہ سے

آئی ایم فائن کو الحمد للہ سے

ایکسیلینٹ، زبردست کو سبحان اللہ سے

شٹ، اے یار کو انا للہ وانا الیہ راجعون سے

کیونکہ! الحمد للہ آپ مسلمان ہیں۔

مدرسہ رہبر بنات میں طالبات کے درمیان پوشاک کی تقسیم

چاند (محمد ہارون رشید سہیل) مدرسہ رہبر بنات ریحیم آباد چنور میں الحاج ڈاکٹر جاوید عالم کی صدارت میں طالبات کے درمیان پوشاک کی تقسیم کیا گیا۔ یونٹس کا آغاز نرسنگ فاطمہ کی شادیت قرآن سے ہوا۔ شوقی پڑھنے والے اس کا ترجمہ پیش کیا اس کے بعد فقہیہ زہرہ نے ایک تعلیم پیش کی پھر قرآن خاتون نے تقریر کی اس کے بعد مولانا شعیب ارجمان عمری چیئر مین مدرسہ بنات نے مدرسہ کا تعارف کرائے ہوئے کہا کہ 2009 میں بہار انجمن کے زیر اہتمام بنات لڑکیوں کی تعلیم و تربیت کے لئے مدرسہ رہبر بنات کے نام سے جموں پڑوی کی شکل میں ایک ادارہ قائم کیا گیا اور 15 طالبات سے تعلیم کا سلسلہ شروع ہوا۔ ان کی والد مدرسہ میں 125 طالبات اپنی تعلیم کی بھی رجھ رہی ہیں اور جو معنات اپنی خدمات انجام دے رہی ہیں۔ دارالافتاء کی نین مشاورت عمری ہو چکی ہے مدرسہ کے اندھ بندی کے بعد فوراً داخلہ کا سلسلہ شروع کر دیا جائے گا اس کے بعد ڈاکٹر ایس ڈاکٹر حسین عرف بٹھے سستی پور نے اپنے بیان میں کہا کہ میں نے بہت سارے مقامات کا دورہ کیا ہے مگر لڑکیوں کی تعلیم کا کوئی انتظام اس علاقہ میں نہیں پایا تو میں فکر مند تھا کہ اپنے علاقہ میں لڑکیوں کی تعلیم کا صحیح انتظام ہونے چاہئے اور میں نے حج کے دوران اس کے لئے دعا بھی کی پھر حاجی مسعود حسن شیر نے خطاب فرمایا انہوں نے کہا کہ آج ہماری بچیاں بے درادہ رومی کی شکار ہیں ایسے وقت میں طالبات لڑکیوں کا نظام امور خیرہ و یتیم بہتر ٹیک ہے۔

- نیک ہمسایہ دوز کے بھا سے بہتر ہے
- زندگی وہ منتظر آنکھ ہے جو موت کا انتظار کرتی ہے
- جس پر نصیحت اثر نہ کرے وہ جان لے کہ اس کا دل خالی ہے
- زندگی کا مقصد حصول مسرت ہی نہیں بلکہ تکمیل انسانیت ہے
- وہ شخص جنت میں نہ جائے گا جس کا پڑوسی اس کے ایزاؤں سے محفوظ نہ رہے۔

I am a Muslim, alhamdulillah! Is my pocket also a Muslim?

.... By Muqteet Mujtaba Ali

Zakah and Ramadhaan are seen as twins. In Ramadhaan, we not only fast but we also give Zakah, alhamdulillah. Even though it is a not a rule that the Zakah be given only in this month, we give Zakah in Ramadhaan because of amassing greater rewards in this blessed month. We have to give Zakah anyway, so why not give in a Month which is Full of Blessings Unlimited?

Interesting point to note is that both Zakah and Sawm (Fasting) were made obligatory in the same year, the Second Year of Hijrah. Zakah is an obligatory act of worship in Islam.

A police offer must follow the system. It is his duty to keep the crime in control. If any policeman looks at his uniform how tip-top it is and marvels at his achievement of being a police officer while not bothering to perform his duty and continues in that state, won't he be thrown out of his job by those in authority?

There are Muslims who marvel at their outer appearance: Look at my beard, how long it is! Looking at my dress, don't you understand I am a Muslim! This cap which you see on my head was purchased in Makkah, you know!

Abu Bakr Siddique (radiyallaahu anhu) declared war against those who refused to give out Zakah! With whom do you wage war? With your own brothers? Just think over!

Qur'an gives us a crystal clear message: You can't keep one leg in one boat and the other leg in another boat and sail in the voyage of your life!

"O you who have believed, enter into Islam completely [and perfectly] and do not follow the footsteps of Satan. Indeed, he is to you a clear enemy". (Surah al Baqarah: 208)

May Allah give us the Tawfeeq, Hidayah and Istiqaamah to live by His Guidance. Aameen

Source:

<http://yassarnalquran.wordpress.com/2012/07/18/2581/#more-2581>

When you thought I wasn't looking.

A message every adult should read because children watch you and do as you do, not as you say.

When you thought I wasn't looking I saw you hang my first painting on the refrigerator, and I immediately wanted to paint another one.

When you thought I wasn't looking I saw you feed a stray cat, and I learned that it was good to be kind to animals.

When you thought I wasn't looking I saw you make my favourite cake for me, and I learned that little things can be the special things in life.

When you thought I wasn't looking I heard you say a prayer, and I knew that there is a God I could always talk to, and I learned to trust in Him.

When you thought I wasn't looking I saw you make a meal and take it to a friend who was sick, and I learned that we all have to help take care of each other.

When you thought I wasn't looking I saw you take care of our house and everyone in it, and I learned we have to take care of what we are given.

When you thought I wasn't looking I saw how you handled your responsibilities, even when you didn't feel good, and I learned that I would have to be responsible when I grow up.

When you thought I wasn't looking I saw tears come from your eyes, and I learned that sometimes things hurt, and it's all right to cry.

When you thought I wasn't looking I saw that you cared, and I wanted to be everything that I could be.

When you thought I wasn't looking I learned most of life's lessons that I needed to know: to be a good and productive person when I grow up.

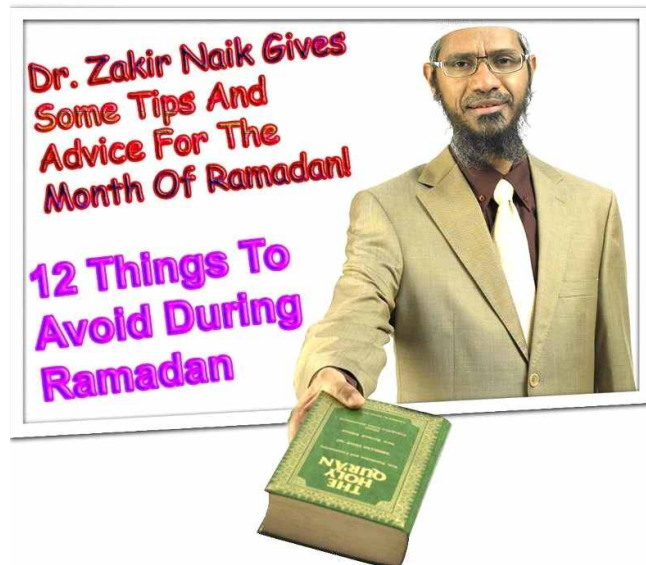
When you thought I wasn't looking I looked at you and wanted to say, 'Thanks for all the things I saw when you thought I wasn't looking.'

Dr. ZAKIR NAIK GIVES SOME TIPS AND ADVIC FOR THE MONTH OF RAMADAN!

12 THINGS TO AVOID DURING RAMADAN

1. Don't sleep during the day and pray all night. By doing this you are converting the day into night and the night into day, which is not the purpose of fasting.
2. Avoid having Iftar parties. Ramadan wasn't meant to be a food extravaganza.
3. Don't waste time playing games during the day. Rather, please Allah by increasing in your worship of him.
4. Avoid being lazy and inactive during the day.
5. Don't ask your wife to spend Ramadan in the kitchen. Eat something light and quick – she isn't A Biryani machine.
6. Spend the last 10 days worshipping Allah rather than trying to prepare for Eid! A day that is better than a thousand months is in the these last 10 days. You can't afford to miss this.
7. Don't stay awake the full night. Your body has a right over you, and when it wants rest, then rest.
8. Avoid excessive socializing after Taraweeh.
9. Avoid shopping a lot in Ramadan.
10. Don't eat the full night.
11. Don't loiter around at night rather than worshipping Allah.
12. Eid doesn't require loads of preparation. Don't fall into this trap! Keep it simple, and it will be blessed.

Allah has blessed us with the Month of Ramadan, So Make most of it.



کوئی بندہ اس وقت تک مسلمان نہیں ہو سکتا جب تک کہ اپنے بھائی کے لئے وہی پسند نہ کرے جو اپنے لئے پسند کرتا ہے۔

Muslims and their (Islamic) Banking

By Shakeel Ashraf (shakeel.ashraf@yahoo.com)

During a friendly discussion, a person working in an Islamic Bank was asked, "How much Islamic is your Bank"? The reply was, "as much as are we Muslim". (Conversation was in Urdu: Jitne hum musalman hain utna hamara bank Islami hai.)

A Muslim is the one who has surrendered to injunctions of Allah and one of His injunctions is to abstain from riba. Verse 279 of Sura Baqra declares war by Allah and His messenger against riba takers. After revelation of the verse money lending on riba became criminal offence in an Islamic society. (<http://www.tafheem.net/tafheem.html>). Today one can argue that he is not living in a society where riba can be a criminal offence. Well, there is a hadith to warn him that the sin of riba is 70 times the sin of incest with one's mother (Ibn Maja, Bai'iqi, http://tanzeem.org/books/books/BU_4_01_Islam_ki_Maashi_Nizam.pdf, page#22). Anyone having some moral sense can conclude, on the basis of this prophetic saying, that there is nothing more immoral than taking riba. Why such stern warnings against riba? Because Allah, the All-Knower knows that man has limitless lust to wealth. "And you love the wealth with all your hearts" (al-Fajr 89:20). Money is such a weak point for mankind that the general tendency is, to take the Divine restrictions in a light way? The warning on riba is not only to the lenders but includes all who are involved. The Apostle of Allah (pbuh) cursed the one who accepted usury, the one who paid it, the witness to it, and the one who recorded it. (Sunan Abudawud Book #22, Hadith #3327). In a capitalistic economic system, one is free to enter race of money making without any ethical limitation but Islam cuts the root of such a system.

In olden time when riba was charged by individual lenders it was easy to perceive the sufferings. In modern time the financial institution's dual role of lending and borrowing appear quite innocent in spite of its destructive fallouts. Banks take deposits from their customers at a certain rate of interest and lend to other customers at a higher rate, the difference is their earning. Interest is the modern term for usury or riba. Lending on riba by financial institutions puts an extra liability on the economic system. To understand this let us assume that a country starts its financial system from scratch, with issue of first lot of fiat currency of amount (x) by its central bank. The bank lends the first lot of currency to the entrepreneurs on interest after taking substantial collateral and expects return of (x+y) amount. The interest amount (y) is an extra liability created by bank, which doesn't exist in the economy. Entrepreneurs invest their borrowed money in the market and a trade battle starts as everyone tries to increase his money. The gain of one is the result of loss of another because sum total of currency has to be same as (x) issued by the bank. At the end of the term the gainers repay the principal and interest while the losers default and their collateral are forfeited by bank. The vicious cycle continues and the bank's asset grows at the cost of borrower's valuables. The destructive mechanism is further augmented by another devil's tool called fractional reserve banking, which allows banks to multiply the deposited amount and create virtual money, which causes inflation in the economy.

Banking takes working class to a deceitful world of enticements. The moment a professional joins his first job, bank offers all the comfort and lavishness of life to his doorstep - a new model car, a furnished new flat in an apartment and a credit card for shopping. Who can resist the temptations of this dajjalic civilization? Only those who possess firm belief in the life hereafter.

Islamic banks claim that their transactions are free of riba. How true is their claim? Islamic banks have their paid sharia board, which issues compliance certificates to their products. Is that enough for an

educated Muslim who is bound to not cross the limits set by his Lord? If it is an affair of worldly benefit he will delegate all his knowledge and wisdom to find out the pros and cons. On the other hand in religious matters any favorable edict is adopted blindly without bother to check its authenticity and applicability. Here is an example, which I have witnessed. One of my friends took a cash loan from an Islamic bank to spend in marriage and education of his children. I asked him, "under which contract did the bank give you cash loan"? He replied, "Bai-al-Salam".

I said 'Bai-al-Salam' is an advance payment against future delivery of a sale, so what did you sell to the bank? I did not dare to point out the mistake on his part; I just told him that this is a gross violation by bank. He uttered an edict; "yes, the weakest point of Islamic banks is that they indulge in paper transactions (without any physical exchange of goods) to satisfy the sharia council". What about his own weakness? I know he is well educated and there is no reason to think of his ignorance.

I borrow money from a bank and return a higher amount. What else could it be if not riba? If my dealing with an institution is in clear violation of Divine law, which I am aware of, will the 'Islamic' tag of the institution save me from the wrath of my Lord?

Imran Ahsan Neyazi in his book "The Prohibition of Riba Elaborated" writes on page # 129 (<http://www.nyazee.org/islbanks/riba/riba-elaborated.pdf>):

"If Islamic banking has to become Islamic the idea of "cash loans" has to go. In other words, the concept of credit has to be altered radically and the creation of fake money by the banks has to come to an end. Till this is done, it will be difficult to call these banks "Islamic". The obvious question that will be raised is: Will such banking be banking? Maybe not, and in our view this is not important as long as a system that is truly Islamic is put into place. We feel that even though the banking industry in Muslim countries is dominated and remotely controlled by Western banks, it is possible to have truly Islamic banks or institutions that perform similar services."

Many Muslims, though aware of the prohibitions in financial dealings in Islam, argue that such dealings are unavoidable in this age. Well, prohibited is permitted sometime, but when? Only when one is forced by absolute necessity (muztar), there is no intention of willful disobedience (ghair-a-baghin) and does not take more than what is absolutely indispensable (wa la aadin). Do they really meet these conditions set by their Lord (al-Baqra, 2:173) or just indulge freely without any remorse in pretence of necessity?

Your little help could bring big changes in life of some people



33 Blessings of Ramadan Fasting (Benefits)

The benefits of the Ramadhan month of fasting are too many to be counted. If one does recognize them and realize their importance, he wishes to have the month of Ramadhan to be throughout the whole year.

These blessings are given by Allah to the fasting Muslims, who are to fast with full faith and expectation.

These blessings and benefits of the month of fasting during Ramadhan have been grouped and summarized into different categories. They are summarized here without commentary. It should be remembered that all of these blessings were taken directly from Holy Quran and Hadith.

The following is a partial list for the blessings and benefits of the month of fasting during Ramadhan:

01. Taqwa:

1. Fearing Allah (SWT)
2. Practicing the Revelations of Allah (SWT)
3. Accepting the little things that one has achieved
4. Preparing for departure from this world to the Hereafter
5. Self-discipline
6. Self-control
7. Self-restraint
8. Self-education
9. Self-evaluation

By accepting these criteria and by practicing them, the Muslim will achieve the concept of Taqwa in his private and public life.

02. Protection:

1. Avoiding Immorality
 2. Avoiding anger/outcry/uproar
 3. Avoiding stupidity
 4. Avoiding all makrooh/mashbooh/haram
- By achieving these good manners, a Muslim will come out of fasting a better human being in the society.

03. Revelation of Holy Quran: The Holy Quran was revealed during the month of Ramadhan. The Holy Quran is meant to be:

1. A Guidance to mankind
2. A Manifestation of right from wrong
3. A Summation and culmination of all previous revelations
4. A Glad-tiding to the believers
5. A Healer
6. A Mercy
04. Doors of heaven are open
05. Doors of hell are closed
06. Devils are chained down
07. Fasting with Iman (faith) and expectation: Such type of intention leads to forgiveness by Allah (SWT) to the individual's sins.

08. Door of Rayyan: There is in Paradise a door called Al-Rayyan. It is for the fasting Muslims. Only those who fasted the month of Ramadhan are the ones to enjoy the bliss of Paradise inside that area.

09. Rejoices: There are two types of rejoices

for the Muslims who fast. These are:

1. When breaking fast
2. When meeting Allah (SWT) on the day of Judgment
10. Mouth Smell: The smell of the mouth of the fasting Muslim will be better than the smell of musk during the day of Judgement. (Bad Breath)
11. Glad-Tidings: These glad-tidings are given to the well-wishers while the ill-wishers are to be stopped during fasting.
12. Ramadhan -to- Ramadhan: Whoever fasts two consecutive months of Ramadhan with good intention will receive forgiveness for the mistakes committed throughout the year.
13. Multiplication of Rewards: Doing good = 10x, 70x, 700x or more during the month of Ramadhan.
14. Feeding Others: Whoever invites others to break the fast, and whoever takes care of the hungry, needy, during the last ten days of Ramadhan will receive equal rewards to the fasting person(s).
15. Blessing of Iftar: Dua is accepted by ALLAH (SWT) at Iftar time.
16. Blessings of Sahoor (The late night meal): This meal time gives the opportunity for:
 1. Night Prayers
 2. Zikr, Remembrance, Contemplation
 3. Recitation of Holy Quran
 4. Fajr Salat in Jamaat
 5. Dua of Fajr
17. Night Prayers: Whoever performs the Night prayers with sincerity and good intention will receive forgiveness of his past mistakes.
18. Shafa'at (Pleading One's Case for Forgiveness): Whoever fasts Ramadhan will receive on the day of Judgement the Shafa'at of:
 1. Ramadhan
 2. Holy Quran
19. Ihya (Passing Nights Awake): Last ten days of Ramadhan. When a Muslim makes this type of effort, he will get rewards, forgiveness, and multiples of blessings.
20. Itikaf (Retreat): A Muslim who performs Itikaf during the last ten days of Ramadhan will get:
 1. Blessings and rewards
 2. Peace of mind
 3. Contemplation and evaluation
 4. Better citizen
21. Lailatul Qadr (The Night of Power): Whoever observes it with sincerity and good intention will get the following benefits:
 1. Forgiveness of mistakes
 2. Better than 1,000 months
 3. Dua
 4. Zikr
 5. Prayers
 6. Reading Holy Quran
 7. Rewards

8. Blessings

9. Better human being
22. Generosity: Kindness, hospitality, visitation, etc. All of these and many more are among the benefits of Ramadhan.
23. Zakat al-Fitrah (Charity on Eid Day): The benefits of paying such as charity to the needy are tremendous, among which are the following:
 1. Purity
 2. Feeding the needy
 3. Sharing happiness
 4. Improving human relations
 5. Improving society
24. Sadaqah (Charity): The benefits of paying sadaqah are many. These are summarized as follows:
 1. Purity
 2. Flourishing of wealth
 3. Improving economy
 4. Circulation of wealth
 5. Elimination of inflation
 6. Elimination of poverty
25. Fasting and Health: By fasting, one gets the following benefits:
 1. Purification of body from toxins
 2. Reducing of weight
 3. Purity of brain
 4. Rejuvenation of body
 5. Living of life with happiness
 6. Looking younger
26. Change of Lifestyle: By living a different life style, one gets rid of the monotony of life and hence enjoys his life span.
27. Sharing: Of hunger, thirst and rituals with others in the society.
28. Eid-ul-Fitr (Feast): Sharing of happiness and visitation of one another as members of the society.
29. Graveyards Visitation: One will get the following benefits by visiting graveyards.
 1. Dua for the deceased
 2. Preparing oneself for departure from this world
 3. Feeling respect for the deceased
 4. Making the person to be humble in his life
30. Every breath is Tasbiih. Every breath and even sleep is Ibadah and awarded.
31. Umrah in Ramadhan: Visiting Makkah during the fasting month of Ramadhan is:
 1. Equal to one Hajj (pilgrimage)
 2. Equal to one Hajj with Prophet Muhammad (pbuh)
32. Historical Successes and Victories in Ramadhan: Muslims throughout their history received many benefits during Ramadhan the month of fasting, among which are the following:
 1. Battle of Badr
 2. Battle of Khandaq
 3. Opening of Makkah
 4. Battle of Tabuk
 5. Tariq Ibn Ziyad opened Europe
 6. Salahuddin liberated Jerusalem from the crusaders
 7. Egypt and Israel, 1973 - Egyptians kicked

continued on page 24

the Israelis out of Egypt during Ramadhan the month of fasting, etc.

33. Learning lessons from historical incidents that happened during Holy Ramadhan the month of fasting, e.g.

1. Wafaat Hazrat Khadijah (as).
2. Wiladat Imam Hassan bin Ali (as).
3. Shahadat Imam Ali bin Abi Talib (as).
4. Youm-al-Quds

<http://www.qul.org.au/islamic-occasions/holy-month-of-ramadan/1083-33-blessings-of-ramadan-fasting-benefits>

سراج اکرم

پسندیدہ اشعار

میں جو سر بہ سجدہ ہوا کبھی تو کھیں سے آئی یہ صدا
تیرا دل تو ہے صنم آشنا تجھے کیا لے گا نماز میں

آج بھی ہو جو ابراہیم سا ایمان پیدا
آگ کر سکتی ہے انداز گلستاں پیدا

مسجد تو بنا دی شب بھر میں ایماں کی حرارت والوں نے
من اپنا پرانا پانی ہے برسوں میں نمازی بن نہ سکا
(اقبال)

کیا مصلحت شماس تھا وہ آدمی قتیل
مجبوریوں کا جس نے وفا نام رکھ دیا
(قتیل)

اس شرط پر کھیلوں گی بیا پیار کی بازی
جیتی تو تجھے پاؤں ہاری تو بیا تیری
(ژون شاگر)

بچپن فانی تری جوانی فانی
فانی ہے تمام زندگانی فانی
اللہ سے کو لگا کہاں کی دُنیا
باقی باقی ہے فانی فانی

سرکشی نے کر دیئے دھندلے نقوش بندگی
آؤ سجدے میں گریں لوح جبیں تازہ کریں

HUMAN WELFARE TRUST (Iftar Kits Project 2012), New Delhi, have been distributing "IFTAR KITS" to the poorest of the poor families belonging to BIHAR, JHARKHAND, ORRISA, ASSAM etc., states of INDIA since 2009 with the help of generous contributions from various organisations as well as individuals, in a very planned and organised way for the "HOLY MONTH OF RAMADAN".

These "IFTAR KITS" costing Saudi Riyals 150/- for each family. Each FAMILY of 4-5 persons create its own "IFTAR". The contents of proposed "IFTAR KIT" is as follows:

1. RICE 5kg,
2. WHEAT FLOUR 20kg
3. COOKING OIL 3kg
4. SUGAR 3kg
5. SALT 1kg
6. PULSE 2kg
7. GRAM FLOUR 3kg
8. MILK POWDER 1kg
9. TEA LEAFS 500Grams
10. DATES 2kg

COST OF EACH IFTAR KIT is Saudi Riyals 150/- = US \$ 38/- = Indian Rupees 2,100/-

The target have been set to distribute a minimum of 20,000 "IFTAR KITS" in "RAMADAN 2012"

by the "HUMAN WELFARE TRUST".

Bihar Anjuman Dammam-Khobar Chapter, would like to take part in this "NOBLE CAUSE", to help the poorest of the poor families by providing them the "IFTAR KITS" in the "HOLY MONTH OF RAMADAN 2012".

On behalf of B-A Dammam-Khobar Chapter, I, Syed Rashique Ahmed, Convenor, hereby humbly request you all to come forward, join hands to hands, shoulders to shoulders to help the needy and poorest of the poor families so that they can also enjoy with these "IFTAR KITS".

The Prophet (peace and blessings of ALLAH be upon him) said: " In paradise there are rooms whose outside can be seen from inside and inside can be seen from outside. Allah has prepared them for THOSE WHO FEED THE POORS"

Please CONFIRM YOUR CONTRIBUTIONS FOR THIS NOBLE CAUSE BY RETURN MAIL OR CONTACT ME ON MY MOBILE#. 0507585839.

May Allah bless you with true success of this world as well as of the hereafter!



HUMAN WELFARE FOUNDATION (HWF) DISTRIBUTED RAMADAN KIT TO BURMESE REFUGEES

The Truth of Media...

thought provoking, must read

This article is from THE NATION & appeared on 21st April, 2012. The Man Who Came to Dinner John Swinton, the doyen of the New York Press Corps, upon his retirement, made the following speech: "There is no such thing, at this stage of the world's history in America, as an independent press. You know it and I know it. There is not one of you who dare write your honest opinions, and if you did, you know beforehand that it would never appear in print. I am paid weekly for keeping my honest opinions out of the paper I am connected with. Others of you are paid similar salaries for similar things, and any of you who would be foolish as to write honest opinions would be out on the streets looking for another job. If I allowed my honest opinions to appear in one issue of my papers, before twenty four hours, my occupation would be gone. The business of the journalist is to destroy the truth, to lie outright, to pervert, to vilify, fawn at the feet of Mammon, and to sell his country and his race for his daily bread. You know it and I know it, and what folly is this toasting of an independent press?

We are the jumping jacks, they pull the strings and we dance. Our talents, our possibilities and our lives are all the property of other men. We are intellectual prostitutes." I do understand that you have to eat like all of us and therefore must keep your mouth shut. You are Jewish and so am I. (Sephardic). For the sake of truth, I will give you here another side to the Libyan story. Just imagine a country where there is no electricity bill. Electricity is free to all its citizens. There is no interest on loans, banks were state owned and loans given at zero percent interest by law. Having a home was considered a human right. All newlyweds received US\$ 50 000 from the govt to buy their first apartment and to help them start a family. Education and medical treatments were free.

Before Qaddafi, 25 % of the population were literate. Today this figure is 83 percent. Should Libyans want to take up farming, they would receive land, a farmhouse, equipments, seeds and livestock to kick start their operation, absolutely free of charge. If citizens could not find the education or medical facilities they needed, the govt would fund them to go abroad, free of charge, and would get some US\$2,300 per month for accommodation and car allowance. Cars were government subsidized to the tune of 50%. Fuel prices were \$0.14 per liter. The country had no external debt and its reserves amounted to some \$170 billion, now frozen globally plus some 27 tons of gold, which the new regime found safely in the National Bank. Any graduate unable to find a job would get the average salary for the profession, as if he/she was employed, until employment found. A portion of oil sales were credited once a year to every citizen bank account. A mother who gave birth, immediately got some \$5000. Forty loaves of bread cost \$0.15. 25% of citizens have a university degree. An immense project bringing water from aquifers in the south made it available all over the country, free of charge. That is what that "tyrant" Qaddafi gave to his people. There are some 150 tribes in Libya and a strong hand was necessary if the country was to remain in one piece. Every citizen was in possession of a military weapon. Qaddafi was not frightened of his own people. The so called rebels who took over, so we are told, would not have lasted a few days without NATO air power, British and French commandos and thousands of mercenaries. Those are the winners.

Now another Karzai has been installed in Tripoli, and the country can be plundered at the victors' whim and fancy. It takes \$1 to extract a barrel of Libyan oil and today's price is over \$100. Total the French company has already grabbed some 30% of the Libyan state oil company. BP is starting exploration. And of course massive contracts for the reconstruction of Libya will be handed over to US and European companies. Of the sovereign fund, only some 1.2 billion have been released out of the \$170 billion. With the state of the European economy, I doubt very much if Libya will see the rest any

time soon. Now Libyans are free as you say, but as Janice Joplin used to say...freedom is just another word for nothing else to lose, as Libyan queuing for funds at their bank's door are finding out.

Qaddafi is gone and so are the perks. What will be left is a terrible civil war. The price of democracy! "It is the joyous jigging dance Americans do -USA! USA!- when their government slaughters someone illegally. It is primitive, but it is positively Libyan". Wrong. It is positively American! Just saw a movie on the training of the US Army before going to Iraq. Soldiers running and singing: "Kill the women! Kill the children! "Then we are shown the results when civilians are gunned down in the streets by those braves. All on film. When they come back home, realizing what they have done, they just commit suicide! These are ordinary Sunday soldiers with families. We can hide the truth with prison sentences, but the truth eventually come through, and unfortunately for us we cannot plug the dyke any longer

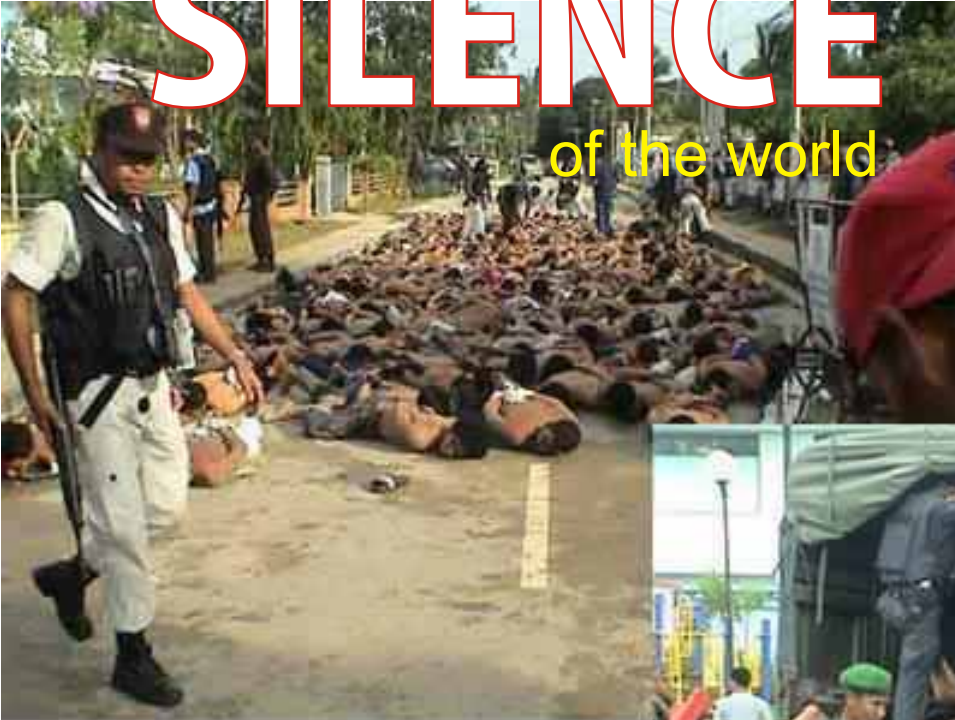
رسول اللہ ﷺ نے ارشاد فرمایا کہ
جو شخص اللہ تبارک تعالیٰ سے دن میں
تین بار جنت کا سوال کرتا ہے۔ جنت
خود اللہ تبارک تعالیٰ سے دعا کرتی ہے
کہ اے اللہ اسکو مجھ میں داخل فرما۔ اور
جو شخص دن میں تین بار جہنم سے پناہ
مانگتا ہے تو جہنم خود اللہ تبارک تعالیٰ
سے دعا کرتی ہے کہ اسکو مجھ سے پناہ
عطا فرما۔ (سبحان اللہ)



Massacre in Burma
the heinous

SILENCE

of the world



Burma massacre

Thousands of muslims killed.
Is there anyone to care ?

wake up Ummah .. wake up

f APNA DINGA PAGE



Continuity of Massacre of Muslims of Burma by Budhists
More than 1000 Killed Yesterdav – Please SHARE for the awakening



AFP



12 ways to stay on top of stress

by Gabrielle Reece

1. Exercise. Amen for endorphins. Believe me, they've helped me many days with my perspective. If you have to work out, then go take a brisk walk and get that blood flowing. It isn't about working out to lose weight -- it's about being healthy and staying sane.
2. Eat the real stuff. Crappy food (fast, processed, and loaded with sugar) doesn't help your chemical brain and body handle stress. Living food, real food, helps support your mind and body while it's trying to deal with the million things coming its way. Every time I reach for the chocolate, I'm looking to feel something from it. Don't get me wrong -- if it's just a little here and there because I enjoy the taste of it, great. But if I'm using it the minute I feel overwhelmed, then that's when that food is no longer OK to eat. It doesn't make the problem go away, and then I just feel bad about eating the food to pacify myself. Grab green food instead. Put things in your mouth that are going to support your immune function and keep you levelheaded.
3. Notice. Try not to let the stress overtake you. Recognize the situations that cause the stress and notice them coming your way. You have a better shot at fending off the full effects of the stress when you can anticipate it.
4. Get it off your chest. Talk to a friend or partner about the stress. Sometimes just getting it off your chest can help unload some of the burden.
5. Keep your sense of humor. If you do have the chance to talk about it, try to see the irony and humor in the wacky bits. I think someone is dead in the water once they lose their sense of humor.
6. Stay grateful. My daughter has large lungs and verbal skills she likes to display. Just when I start to wishfully think about her being quiet, I remind myself to be grateful that she can talk to me at all. In almost all of our problems are boatloads of blessings. "Oh, I don't feel like going to the gym." Well, Amen that you have the means and the health to even be able to wrestle with the idea of going to work out. Make a habit of saying thank you. You will notice



- the sunny spots a lot more often, and not just the gray skies and storms.
7. Ask, "What's the hurry?" Have some fun. We're always so busy going somewhere, we miss just enjoying the moment. If an opportunity comes your way to do something fun, take it.
8. Take a deep breath. When you feel the stress getting to you, take a moment. Get away, even if it's just for an hour, to be with yourself and your thoughts. Some people like to take a walk, meditate, lock themselves away in a beautiful bath, or go to church. Find the peace and the silence.
9. Keep it simple. Simplify where you can. Does Junior really need to be in 78 activities at the age of 5? Do you have to go to every little party or gathering you're invited to?
10. Turn of the TV. A lot of it is bad news anyway, and it robs us of hours that we could use to be getting other things done. Since everyone complains that they have no time, get some by unplugging from the tube.
11. Sleep. If you're rested, you have a better shot at handling things. Not to mention, you may not stress out as easily if you have a chance to recover at night.
12. Drink water. I have said it before: Americans consume 21 percent of their calories through liquid consumption. Hydrate with water. Help you entire system function better just by drinking enough water. Oh, and by the way, if you don't think that weight loss and proper hydration have a relationship, think again. Shift the paradigm on its side -- don't think about exercise and nutritional eating just as something you have to suffer through to get into those jeans. Instead, think of them as armor that will protect you in this crazy world, with all of the bazillion details you deal with every day.

5 Simple Ways to Increase Your Intelligence

Your brain needs exercise just like a muscle. If you use it often and in the right ways, you will become a more skilled thinker and increase your ability to focus. Here are 5 simple techniques to exercise your brain.

Minimize Television Watching -- Watching television doesn't use your mental capacity OR allow it to recharge. When you feel like relaxing, try reading a book instead. If you're too tired, listen to some music. When you're with your friends or family, leave the tube off and have a conversation.

Exercise -- Time spent exercising always leads to greater learning because it improves productivity during the time afterwards. Using your body clears your head and creates a wave of energy.

Read Challenging Books -- If you want to improve your thinking and writing ability you should read books that make

you focus. Reading a classic novel can change your view of the world and will make you think in more precise, elegant English.

Early to Bed, Early to Rise -- Nothing makes it harder to concentrate than sleep deprivation. You'll be most rejuvenated if you go to bed early and don't sleep more than 8 hours.

Take Time to Reflect -- Spending some time alone in reflection gives you a chance to organize your thoughts and prioritize your responsibilities. Afterwards, you'll have a better understanding of what's important and what isn't.
Forwarded by Junaid Takir



RAHBAR Coaching Centre, Tajpur, Samastipur conducted its 11th Awards ceremony, on 8th July 2012, at Tajpur Public School, Tajpur: Mr. Navin Kumar, Up-Prumukh, Tajpur Block was the chief guest at the function, while Janab Shakeel Ahmad Sb (moderator, Bihar Anjuman), Janab Abu Md. Fakhruddin Sb, Janab Abrar Ahmad Sb, Janab Nooruzzoha Sb, Janab Mohd Umar Sb, and Janab Manzoor Alam Sb graced the occasion as special Invitees. The Award Ceremony started at 9:30 am with recital of the Holy Qura'n by Munira Iqbal, a student of RCC Tajpur.

Janab Shakeel Ahmad Sb (moderator, Bihar Anjuman) presided over the function. First of all, Mohd Munib Iqbal, a student of RCC Tajpur delivered a lecture in English, on the importance of education in the light of Quran. Then, Janab Abu Md. Fakhruddin Sb, team leader of RCC, extended his warm welcome to the guests, students and guardians, and shared his experiences of managing RCC Tajpur. He apologised for being slow in retrieving the results of 10th board students, and promised to make it up by prompt follow-up of every student-related event.

Janab Abrar Sb expressed his satisfaction at the progress of the RCC during the 9 months of its functioning. He expressed his anguish at the fact that 2 RCC students failed in the 10th board exam, and promised that there would be no failures in the next board exam, insha-Allah. Janab Nooruzzoha Sb, in his short speech, shared the good news that 4 of the RCC students had achieved a major milestone by successfully competing in the MANUU polytechnic exam. He was hopeful that all the students from current 10th batch would achieve this distinction, next year, insha-Allah.

Addressing the RCC teachers, Janab Mohd Manzoor Sb. said they were sculptors who shaped ugliest of stones into beautiful masterpieces - they can shape the career of RCC students in a similar fashion.

Mr. Navin Kumar, chief guest, commended Bihar Anjuman for their innovative ways for utilising the talent and energy of Indian youth in productive areas so that they could not just help themselves, their families, but also help nurture a culture of education and progress. He announced that he would continue to pay Rs. 500 per month, and would rope in some more contributors to cover for the deficit in financing of this RCC which is helping this region immensely.

Janab Er. Shakeel Ahmad Sb, in his presidential address, congratulated the RCC Tajpur students who passed the 10th board exam and those who successfully competed in the MANUU polytechnic exam. He assured them that fees of every govt polytechnic student would be reimbursed, and monthly scholarship would be made available to all of them - even to those who are not from RCC Tajpur, but who cannot afford to pay for themselves. He thanked the RCC organizers, Tajpur Public School owners, teachers, and guardians of students for shaping the career of these students, thus contributing positively towards the country's economy.



RAHBAR Coaching Centre, Sitamarhi conducted its 12th Awards ceremony, on 7th July 2012, Crescent Public School, Rajopatti.

Chief Guest: Janab Shakeel Ahmad sb (Moderator of Bihar Anjuman)

Special Invitees: 1. Janab Mohd Anwar sb (Secretary of SIO-Bihar)

2. Janab Nuruzzoha sb (Committee member of RCC Samastipur @ Tajpur)

A special felicitation ceremony was also organized to felicitate and award the Sitamarhi 10th board pass-outs of 2012. The programme started at 8:30am with Tilawat-e- Quran by a student of class 8th.

Jb Amir Iqbal sb (Chairman of Sitamarhi Coaching center), welcoming the guests, briefed them about the aims, objectives, and functioning of RAHBAR coaching centres.

Jb Nuruzzoha sb (R.C.C Tajpur) shared his experiences of RCC Tajpur and also motivated the students and guardians to support the coaching programme, for their own benefit. Citing examples of RCC Tajpur, he explained how this coaching programme has been able to turn heroes even out of zeroes.

Chief guest, Jb Shakeel Ahmad sb (moderator of Bihar Anjuman) described the aims and objective of Rahbar free coaching centres and also described the system of Bihar Anjuman. He told that 22 coaching centres in Bihar have been established in different districts of Bihar. He emphasized on the importance of diploma engineering in providing quickest possible respectable employment opportunities to the youth of our community. He shared the good news that Bihar Anjuman is sponsoring the diploma engg education of some 25 students and has set a target to sponsor 25 more in 2012, insha-Allah.

Jb Mohd Anwar sb, Secretary of SiO Bihar described the purpose and aim of education. He told that the spirit of education has vanished, nowadays. Students are imitating merely the data of education, without gaining any knowledge. They have forgotten all the basic purposes of education. That was the reason why corruption in India is dominant in all government departments, and pervades every sphere of everyone's life.

After this, 10th board pass-outs of Sitamarhi were given prizes as per the percentages scored by them. Also, awards were distributed among best performing students for the month of May (no classes in June).

The programme ended with a vote of thanks by Br Asghar, Unit Secretary, SIO Sitamarhi.



RAHBAR Coaching Centre, Gopalganj @ Hathwa conducted its 15th Awards ceremony, on 11th July 2012.

Mr Satish Kumar Shrivastawa, Branch Manager, Reliance Money, Silliguri graced the occasion as chief guest.

The program started despite heavy rain and water logging everywhere. Hozaifa Ali, a student of Grade IX recited a verse of the Holy Quran.

Dr. Manoj Kumar presented a brief introduction of the Chief Guest and recalled that he was the Chief Guest during the 1st Awards ceremony of this centre.

The incessant rain didn't permit us to devote expected time on the scheduled programs. Right after the introduction of the Chief Guest, monthly report was presented by Arshad Masood Hashmi, and the students were asked to recall all that Janaab Shakeel Ahmad advised during his visit to this centre.

Jb Sharfuddin Ahmad was invited by Dr Manoj Kumar to elaborate on the salient features of Rahbar in the light of the points mentioned by Janaab Shakeel Ahmad.



15th Awards Ceremony @ RAHBAR Coaching Centre, Hathwa Gopalganj [http://Gopalganj2.biharanjuman.org/], 11th July 2012

15th Awards Ceremony @ RAHBAR Coaching Centre, Hathwa Gopalganj [http://Gopalganj2.biharanjuman.org/], 11th July 2012



The prizes were announced by Dr Manoj Kumar. The teachers were asked to present the prizes for 100% attendance while the Chief Guest handed over the prizes for the Best Class Performance and Improvement.

The Chief Guest right before his speech announced a cash prize of Rs 1200/= for all the six students who stood 1st and 2nd in monthly rest exam of June 2012. He discussed about holistic attitude and future building citing various examples from day to day life. The vote of thanks was delivered by Janab Prof Dr. Arshad Hashmi Sb.

RAHBAR Coaching Centre, Darbhanga organized 13th awards ceremony, on 19th July 2012, at Bibipaker govt middle school, near Millat College: Janab Hafiz Md. Aamir (high school teacher, member rihab foundation) graced the event as chief guest, while Janab Ahmad Rasheed Sb, moderator, BA, Janab Shahid Athar Sb, BA representative from Muscat chapter, Janab Hasan Arshad Sb, BA convener of Doha chapter, and Janab Dr. Badruddin Sb (lecturer, Nagendra jha college darbhanga) were prominent special guests.

The Award Ceremony started at 5:30 PM with recitation of the Holy Quran by 8th grade student Hafiz Ahmed Husain. The ceremony was conducted by Md. Nooruddeen (member local committee, RCC Darbhanga). Brother Shahid Athar Sb was invited by host Nooruddeen Sb to share his recent experience with RCCs. Brother Shahid Athar Sb expressed his happiness about RCCs Darbhanga following guidelines and conducting award ceremony regularly with simplicity. He shared his experience of attending award ceremonies at other RCCs and mentioned that today's function is very similar to the one usually organized at other centres.

After that Project manager of RCC darbhanga Hasan Arshad addressed to the audience. He further clarified the point of brother shahid athar about importance of award ceremony to be conducted each month regularly. He analyzed this year board result and congratulated the RCC team but at the same time he said we must admit that those students scored 80% and above were good from the very beginning and they got support from the teaching team and excelled. He mentioned some students getting very GOOD marks in Hindi and Urdu (e.g: Iftekhar Ansari, 98 in Hindi) is really great and teachers must feel proud about it. He expressed a little bit disappointment over results of a couple of students whose performance in the coaching regular test were good and who were supposed to touch 75% in board but ended in the range 65-70%. After that he told students that our aim is not only to make you pass 10th but to shape your career according to your potential. He lamented about not many students applying for MANNU polytechnic test even after repeated efforts from local committee of RCC darbhanga.

Ahmad Rasheed sb. (moderator, BA) talked to students and emphasized the importance of technical degrees like diploma engineering. He told students that after 3 year diploma they can become khud kafeel(self-dependent) and continue their studies to achieve their goal in life.

Prof Badruddin called on the students to associate themselves strongly to ALLAH SWT and HIS book Quran. He also told students that poverty should not in come in the way of success to them. He gave his own example that he was son of a tailor and now alhamdulillah with the continuous efforts he has become lecturer in a college.

Chief guest Hafiz Aamir talked to students with a lot of passion by quoting many Urdu couplets of Allama Iqbal. He also emphasized on the importance of courses like diploma engg. He said that the concept of vocational course was introduced right away by father of nation Gandhiji. He called students to have high aim in their life and quoted APJ Abdul Kalam that "aiming low is a crime". He appreciated initiative like RCCs and told students that they are lucky to have support like this and so they should use this facility to full extent.

After that brother Shahid Athar presented special prize to the teachers offered by MUSCAT chapter (sponsor RCC darbhanga) for excellent performance in board results. Prize money for the 10th board pass student were also received by Munawwar Zaman on behalf of students.

At the end gathering was enlightened with the beautiful naat recitation by hafiz ahmad hussain (grade 8 student) and award ceremony concluded with dua of kaffara-e-majlis.

Students of classes 8th, 9th and 10th were also awarded based on their performance in regular monthly test.



13th Awards Ceremony @ RAHBAR Coaching Centre, Darbhanga [http://Darbhanga.biharanjuman.org/], 19th July 2012

Hafiz Amir Sb addressing the students ...

RAHBAR Coaching Centre, Kishanganj conducted its 14th Awards ceremony on 8th July 2012, at Millat Girls High School, near Churipatti in the district headquarters:

As Chief Guest, Janab Dr. Zaki Anwer, Dentist at Churipatti, Kishanganj graced the occasion while Janab Jawed Sarfarazi Sb.(Businessman), Janab Nazamul Haque Sb., Social Worker attended the event as Special Invitees.

After a refreshing break of 15 days (summer vacation) the students and teachers of Rahbar Coaching Centre were highly delighted over the resume of classes from first week of July. Leaving behind the vacation mood, both the students and teachers of RCC Kishanganj were ready to carry ahead the mission of Bihar Anjuman by putting their best efforts in studies.

In a week's time on July 8, 2012, the monthly award ceremony was organized at

15th Awards Ceremony @ RAHBAR Coaching Centre, Kishanganj
[http://Kishanganj.biharanjuman.org/], 8th July 2012



15th Awards Ceremony @ RAHBAR Coaching Centre, Kishanganj
[http://Kishanganj.biharanjuman.org/], 8th July 2012

Line Urdu Middle School the new home of RCC, Kishanganj. This time not only the students but the teachers of the coaching as well were also rewarded.

The programme started in Islamic way with recital of Holy Qoran by Safeena, a student of Class VIII at 3 pm. This time the local committee had decided to give the students and teachers some health and hygiene related knowledge. Hence, Dr. Zaki Anwer (a Dentist) was invited as Chief Guest, who has given a valuable lecture about good health focused towards oral issues. Dr. Zaki explained about common oral problems and ways to protect the teeth and gum.

Among the special invitees, Maulana Mubarak Salafi Sb. had delivered a speech on the importance of namaaz (salah), the second pillar of Islam. Janab Jawed Sarfarazi Sb, a businessman by profession has presented copies of Holy Qoran to the teachers of coaching along with medals for their commendable services for students. The top performing students of Rahbar Coaching were awarded in various categories by the guests. The award ceremony concluded at 4.30 pm with vote of thanks by the local leader Janab Nayeemuddin Qasmi Sb.

RAHBAR Coaching Centre, Motihari (East Champaran) conducted its 10th Awards Ceremony, 5th July 2012, in the campus of Al-Ameen Educational and welfare trust, Siswa.

As Chief Guest, Janab Alim Akhter Sb (lecturer Nayab Abbasi Girls Degree College Amroha, (U.P.), graced the occasion while Janab Majhar Alam Sb, Janab Mr. Asif Reja Sb (Teacher Urdu meddle School), Janab Karim Ahmad Sb, Janab Mr. Manir Ahmed Sb, and Janab Mr. Sahil Sb, were the special invitees for the event.

The award ceremony started at 5 p.m. with recital of the Holy Quran by Tarannum Jahan. Rahmat Jahan read the Naat.

Rahmat Jahan and Shaista Mukhtar (Student of Class X), read the Naat Chief guest Mr. Alim Akhter (lecturer Nayab Abbasi Girls Degree College Amroha, (U.P.) addressed the students and guardian on the vital role of education in leading the world to the enlightenment and revival. He said that Allah had given priority of Adam before the assembly of angles only on the basis of knowledge. Knowledge is power in world of action and deeds and means to achieve the inspiration towards Allah as well.

Dr. Mukhtarul Haque (Secratry of Al-Ameen Educational & Welfare Trust, Siswa had spoken to the student about the moral tradition of Islam as a champion to win the heart of millions of people in the fold of Islam. He put the glorious example of prophet's life which cause to change the face of the world and still it may change if we follow his footsteps.

The president of this programme Mr. Naseem sb. (Social reformer and sympathizer) addressed the student with their better future and hope to be exemplary Muslim's not only in the words but here after.

At the end of the programme Mr. Shamim Akhter (Principle of Rahbar Coaching Centre had announced the name of the performance of the meritorious students for award, award was given by the chief guest Mr. Alim Akhter sb., Mr. Shamim Akhter thanked the guardians to participate in the programme in spite of their busy schedule. In this way the programme concluded at 6:30pm.

Felicitation Ceremony for 10th board pass-outs @ RCC Motihari, 18th June 2012



10th Awards Ceremony @ RAHBAR Coaching Centre, Siswa
Motihari [http://Motihari.biharanjuman.org/], 5th July 2012



Ramadan, month of Qur'aan

RAHBAR Coaching Centre, Baghakuri, Kumardhubi, Dhanbad conducted its 8th Awards ceremony, on 3rd July 2012, in its own building near Jama Masjid. Janab Muhammad Lasani Khan Sb. was the chief guest at the function, while Janab Janab Faiyaz Baig Sb., Jb. Muhammad Meraj Sb., Jb. Wakil Ahmad Sb., and Janab Sajid Amin Sb. graced the occasion as special invitees.

The Award Ceremony started by recitation of The Holy Quran by Muhammad Firdaus. After this students presented Hamd and Naat Sharif. Jb. Faiyaz Baig Sb. presented welcome lecture and he introduced the audience about the aims and objectives of the Rahbar Coaching Centre.

The chief guest of the ceremony Jb. Lasani Khan Sb. delivered his lecture to motivate the students. According to him students are future of the nation. Students should be sincere in their studies as they have to change the society as well as the nation with knowledge and struggle. He requested the students to take full advantage of the coaching centre provided by "Bihar Anjuman". After him, Jb. Muhammad Meraj Sb. told the students how this coaching is like a precious gift from Almighty giving the opportunity to achieve success in life. He also advised the students to remain target-oriented in their studies. Other guests also encouraged the students in their speeches. At the end of the program Students were awarded by guests on securing highest marks in two fortnightly tests.

The vote of thanks was delivered by Jb Faiyaz Baig and the ceremony concluded at 09:00 am with dua led by him.



RAHBAR Coaching Centre, Chapra conducted its 18th Awards Ceremony on 8th July 2012, at Islamia High School, Olhanpur. Janab Iqbal Ahmad Sb., Retired Senior Manager, Central Bank, Chapra, graced the occasion as chief guest, while Goush Mohammed Sb, Accounts professional, Dubai, UAE., Janab Shamshul Haque Sb, Retired Headmaster Olhanpur High School, Janab Salam Khan Sb, and Janab Nurul Islam Khan Sb were the special invitees.

The program started at 8:30 am with recital of the Holy Qura'n by Hafiz Janab Mohd. Arshad Ali Sb. The program was anchored by Janab Islamuddin Sb., he welcomed all the guests and introduced them to the audience. Janab Shamshul Haque Sb. expressed his gratitude to Bihar Anjuman for providing coaching facilities to poor students. He advised students to utilize this facility for achieving their dream.

Janab Goush Mohammed Sb who is also a Bihar Anjuman member and accounting professional was special guest in the program. He assured students that all the resources required for education will be provided by Bihar Anjuman. He also announced to bear the ceremony expense, Rs. 1,200/-

Janab Iqbal Ahmad Sb. advised students to share their strengths and weaknesses with their teachers and coaching committee members so that proper support and guidance could be provided. He also advised the guardians to support and guide their wards.

The ceremony was followed by prize distribution to the students who had scored well in June exams.

The Vote of Thanks was delivered by local team leader Janab Salam Khan Sb. The ceremony concluded at 9.30 am.

RAHBAR Coaching Centre, Hazaribagh conducted its 9th Awards ceremony, on 10th July 2012, at RCC Millat Academy, Khirgaon, Hazaribagh. Janab Dr. Allaudin sb. (M.B.B.S) graced the occasion as chief guest while Hafiz-o-Quari Jb. Seraj Ahmad sb. (Khateeb-o-Imam Madarsa Gareeb Nawaz Masjid) attended as special invitee.

The ceremony began with the recital of the holy Quran by Hafiz-o-Quari Jb. Seraj Ahmad sb. After that, Sampa Madhesia of Grade IX spoke about 'Trees, their advantages & utilities'. Roushan Jahan of Grade IX presented 'Naath Shareef'. Sana Samshad of the same Grade recited a poem 'No Men are Foreign' before the audience.

Rumman Afreen, a RCC teacher of Dinyat, gave a lesson to the students of Discipline and Respect for parents, teachers and elders in the light of the holy Quranic verses and Hadiths.

The chief guest then after motivated the students with his influential speech. He asked them to sharpen their brain with knowledge and rise it upto the level of zenith height. He also asked them to take care of their health and diet and provided them some tips of remaining healthy.

The Guest of Honour Hafiz-o-Quari Jb. Seraj sb. Acknowledged the students about the importance of Education & learning in the light of Kitaab-o-Sunnah. He asked them to fulfill the obligations of Islaam like Namaaz and also to keep fasting during the coming month of the holy Ramadan.

The Prizes were then distributed among the students and the Programme concluded with 'Vote of Thanks' presented by Mr. Parwez Ahmad.



Thought provoking

A leading Mufti in Saudi Arabia was brought to tears on live TV when he received a question from Somalia:
"Is my fast accepted if we have no Suhoor or Iftaar?"



RAHBAR Coaching Centre, Bhagalpur conducted its 9th Awards ceremony, on 8th July 2012, at Middle School, Puraini

Chief Guest: Janab Syed Wali Manzoor Sb. (Sr. HR officer, Coal India Limited, Ranchi)

Guest of honour: Janab . Syed Najmul Haque Sb. (social worker)

The ceremony was presided over by Jb. Ali Siddiqui Sb. He introduced the guest and briefed them on the coaching updates. Jb. Syed Wali Manzoor Sb, in his talk, expressed his pleasure with the honour bestowed upon him as the chief guest. He pleaded with the students to follow the five basic principle of career building and inspired the student to work hard to build a meaningful career.

Jb. Najmul Haque Sb., a renowned social worker and educationist, who graced the function as guest of honour, thanked the committee for their efforts towards educational upliftment of the locality which will bring social and educational spring.

The award ceremony was concluded with the vote of thanks by the committee head and some valuable advises of the guardians present there. Refreshment was served to guests.



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باتوں سے خوشبو آئے
○ تمہارا لباس پھل، پرانا یا پونڈنگا ہوتا نظر نہ کریں، اپنے جسم کو صاف رکھیں۔
○ جو باتیں تم لوگوں کے سامنے نہیں کر سکتے، ان کے پیچھے بھی مت کریں۔
○ زندگی کی راہوں میں اس طرح پھول بکھیرتے جاؤ کہ جب تم پیچھے مڑ کر دیکھو تو تمہیں گلستان نظر آئے۔
○ احسان کا بدلہ ادا نہ کر سکو تو زبان سے شکر یہ ضرور ادا کرو۔
○ خوش مزاج انسان ٹوٹے ہوئے دل کی دوا ہے۔
○ عقل مند وہ ہے، جو دوسروں کی نصیحت سنتا ہے۔
(ارباب مری گل..... تربیت)

ہذا خدا کے نزدیک بہترین انسان وہ ہے، جو اپنے دوستوں کا خیر خواہ ہو۔
ہذا اگر سو دوست ہوں تو کم ہیں مگر ایک دشمن ہو تو وہی کافی ہے۔
ہذا قرض، مرض، آتش اور دشمنی کو بھی کم نہ سمجھیں۔
ہذا غریب وہ ہے، جس کا کوئی دوست نہ ہو۔
ہذا دوستی ایک پھول ہے، جو ہمیشہ اعماق و خلوص کی شاخ پر کھلا رہتا ہے۔
(محسن اکبر..... پنجگور)

دوست اور بھائی کا فرق

شیخ سعدیؒ سے کسی نے دوست اور بھائی کے بارے میں پوچھا کہ دوست اور بھائی میں کیا فرق ہوتا ہے؟ تو آپ نے جواب دیا۔
'دوست ہیرے کی مانند ہے جبکہ بھائی سونے کی مانند ہے۔ وہ شخص حیران ہو اور کہنے لگا 'حضرت جو خوبی رشتہ (یعنی بھائی) ہے اسے آپ سونے سے منسوب کر رہے ہیں جبکہ دوستی کو اتنی بڑی قیمت یعنی ہیرے سے منسوب کیا ہے۔ اس میں کیا حکمت ہے؟' شیخ سعدیؒ نے کہا۔

'سونا اگرچہ کم قیمت ہے لیکن اگر ٹوٹ جائے تو اسے پکھلا کر اصلی شکل دی جاسکتی ہے لیکن اگر ہیرا ٹوٹ جائے تو اسے اصلی شکل نہیں دی جاسکتی۔ یعنی اگر بھائیوں میں وقتی لڑائی جھگڑا ہو جائے تو ناراضگی جلد ہی دور ہو جاتی ہے جبکہ دوستی کے رشتہ میں اگر ایک بار دراز آجائے تو اسے کبھی بھی دور نہیں کیا جاسکتا'