شکوہ ظلمت شب سے تو کھیں بیتر تھا اپنے حصے کی کوئی شمع جلاتے جاتے Better light a candle than curse the darkness

Monthly e-Magazine

http://bakhabar.biharanjuman.org/

Be Aware, Always, Everywhere

Volume 4, Issue 11, November 2011

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Abu Hurairah relates that the Messenger of Allah (saws) spid, "There are no days more loved to Allah for you to worship Him therein than the ten days of Dhul Hijja. Fasting any day during it is equivalent to fasting one year and to offer salatul tahajjud (late-night prayer) during one of its nights is like performing the late night prayer on the mght of power. [i.e., Latatul Gadri." IRelated by at-

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We welcome Islamic New Year 1433 with the wish "May Allah keep you in goodness all year long!

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Dear All, Assalam o Alaikum

By the time, you will be reading this month's issue of BaKhabar-the news letter of Bihar Anjuman, am sure most of you have geared up to celebrate Eid-al-adha, the Feast of the Sacrifice when Muslims recall Hazrat Ibrahim's (peace be upon him) total obedience to Allah(SWT) in his willingness to sacrifice his son Hazrat Ismail (peace be upon him).

The trials and triumphs of Hazrat Ibrahim Khaleelullah (peace be upon him) have many lessons for us. May Allah bless the Muslim ummah with unity and prosperity! Aameen!

Yes, for we the Muslims, it is a time of celebration, a time to be with the family, a time to briefly lay aside the cares and stresses of ordinary daily life, a time to recall Allah's blessings on humanity and the peace He wills for us all.

This peace is something that we wish for all of humanity - and not just for Muslims. It has to be. We live in an increasingly interdependent world where people of multiethnic cultures and creeds come together in a way that was unimaginable a few decades ago. Hundreds of thousands live in the same towns and cities, work in the same offices, shop in the same shops, are educated in the same schools and universities; our homes are next door to one another. Never has humanity been so intermixed.

Let's pray, that this occasion builds a bridge of peace, love and affection linking different societies, cultures and humans. Aameen!

Starting this issue, going through the pages you will feel certain changes in BaKhabar; to make it more appealing to you, we have made special efforts and would wait to hear from you.

You'll find some permanent columns such as Health forum, Women's era and Kids zone in addition to other permanent columns, like quick monthly updates of Bihar Anjuman's ever-increasing activities, focus about the personalities whose faces get lost in the crowd, other regular articles and individual write-ups.

At the end, we wish that May the blessings of Allah fill your life with happiness and open the doors of success, now and always!....Kullo Aam Wa Antum Bakhair! Sincerely

Jamali

BaKhabar-Bihar Anjuman.

Tips for Weight Loss

Here are some excess weight loss tips that will help you shed your extra pounds:

Change your diet.

Shift to fiber foods instead of starchy fattening ones. Carbohydrates and sweets are the main causes of weight gain. Stop eating fatty and carbohydrates-loaded food. By increasing the amount of vegetables and fruits in your meals, you are ridding your body of toxins and enabling your digestive system to absorb nutrients better without allowing fat build-ups. The increased intake of fruits and vegetables is one of the great excess weight loss tips that have been proven to be very effective.

Increase water intake.

Most of the extra pounds on your body are stored water or what is commonly called as water weight. By depriving your body of fluid, your body tends to absorb and store water in all different places, mostly on your belly and thighs. Once you start hydrating your body more, you will flush the old stored water and your body will stop storing them. A noticeable weight loss will be seen after a month.

Exercise regularly.

The benefits of exercise have been stressed in many excess weight loss tips articles. Regular exercise helps your body increase the burning rate of calorie or fats accumulated through time. A thirty-minute to a one-hour exercise everyday is highly recommended. The more intensified exercise you take, the better your body will burn more calories. These three excess weight loss tips are guaranteed to help you quickly shed those extra pounds. The results of weight loss can be immediately noticed after 30 days of keeping to these tips. Eat healthier, drink more water, and exercise regularly to lose those extra pounds.

Nazm

Hai nafs ke hathon hum majbur kitna, sab jaan ke bhi hain aaj la shaoor kitna,

jis chehre ko hai ek din matti me mil jana, us chehre pe hai hamein gharur kitna,

ek sajde ke inkaar ne iblees ko shaitaan bana diya, hum khud jaan lein hamara hai qasoor kitna,

jin ki sunnat pe chalna hamein gawara nahi, humare waastay roye thay wo huzoor(s.a.w) kitna,

humne chaki hai faqat gunahon ki lazzat, hum kya jaane zikr-e-elahi me hai surur kitna,

humari shehragh se bhi zeyadah jo humare qareeb hai, phir bhi hum us khuda se hain door kitna...

Darta hoon maut se magar marna zarur hai, Larazta hoon kafan se par pahanna zarur hai,

Ho jata hoon ghamgheen janaze ko dekh ke, Lekin mera janaza bhi uthna zarur hai,

Hoti hai badi kapkapi qabron ko dekh kar, Muddaton andheri qabr me rahna zarur hai,

Duniya toh mere dil ko lubhati hai subho sham, par sach hai isko chhor ke sabko jaana zarur hai... UnKnown Poet......

Khabron ki Khabar



ek isaraili ko chhorane ke liye 1400 se zyadah falastini ko chhora gaya

- Muslim ki jaan shayed isi liye itni sasti ho gayi he.

GCC mulk me sabse ameer 22 hindustani me sirf 3 muslim

- kya is pichhrepan ke picche bhi koi taassub he? ya Muslim ke rawayye me hi koi kami he jiski wajah he har maidan me dusre logon se pichhe he?

Bihar Ak Sushil Kumar kaun banega Crorpati me 5 crore rupia jita

Ise kahte hain jab Allah deta he to chhappar phar kar deta hai.

\Rajasthan me darjano Muslim Police aur Hindu ki firing me helak lekin abhi tak kisi ko koi saza nahi.

Muslim ke khun ki koi qeemat nahi aur inke liye shayed insaf bhi milna ab kahin dushwar.

Nitish hukumat AMU ke branch Kishanganj me kholne ke liye zameen dene me sanjeeda nahi Kisi bhi tameeri kam me inka yahi rawayya hota he taakay muslim unke vote bank ke alawa kuch na ban sake.

Jo family 32 rupia kharch karne ke qabil wah garib nahi...planning commission.

- Agar aise planning commission ho to phir us desh ke planning ka Allah hi hafiz.

Nitish ne criminal ki biwi ko assembly election ke liye ticket diya.

yah he asli chehra Shushasan ke daawe karne walon ka.

Libiya me vidrohi ki kameyabi par England aur franc ke pm Libya gaye.

kyon na jaye, ab fast tayyar he kaatne ke liye,



Hindustan Times about Bihar Anjuman

ZIA HAQ ON SUNDAY, APRIL 18, 2010 http://blogs.hindustantimes.com/they-call-memuslim/2010/04/18/bihar%e2%80%99s-muslims-are-storming-in-make-way/

Bihar Anjuman, an Islam-based non-profit in the eastern state, admittedly came to being to fulfill a Quranic command. It is to be found in the third chapter of the Muslim holy book: "Let there arise out of you a group designed to carry out Allah's order in inviting people to what is good, enjoining what is right and forbidding what is wrong. And it is they who are the successful." (The Qur'an 3:104)

The non-profit used this verse as a call to action. "Let's put our unspent energy to constructive use," Bihar Anjuman states. It spurs Muslims to move forward, not sit back and lament. A majority of India's Muslims experience low literacy and high poverty rates.

Bihar Anjuman's website gives a quick clue to what's going on. Its home page pops up with some really exciting offers. Take this one: "Rahbar Coaching Centre, Rafiganj (Aurangabad): Classes start 2nd April 2010."

Or this one: "We're hiring part-time teachers for Science and Maths (teach 3 hours, before or after school hours, to earn Rs. 3,000 per month)."

This is even better: "Female teachers required, in Samastipur district of Bihar, for all subjects (primary and basic school CBSE and Islamic curriculum): Salary Rs. 3,000 to Rs. 4,000."

And this one no less significant: "Coaching project to reduce school drop-outs:"

There's also a package deal: "Project Proposal: Madarsa RAHBAR-e-Banat: Free holistic education to poor girls (Islamic + contemporary education + vocational training), with residential facility."

The non-profit also helps Muslims find a match through its free matrimonial service.

Its main objective is to bring together "Muslims from all walks of life to interact and act jointly with an objective to educate, motivate, inspire and instill confidence in our young generation".

Breaking the glass ceiling

This year, Bihar's Muslims have created a record of sorts. Muslim candidates have scored in the Bihar Public Service Commission (BPSC) examinations, 2010. Of 362 successful candidates, 37 are Muslims. That's about 10.22%, statistically significant.

Muslims make up 13.4 per cent of India's population, yet hold less than 5 per cent of government posts and make up only 4 per cent of undergraduates in universities, according to a November 2006 government report. Click here.

The total number of students appearing for Bihar's civil services exams was 893. So, even the failure rates of Muslim candidates have dropped, it can be inferred.

In the administrative services category, 12 Muslim candidates were selected among 164. (They are Mohammad Ishtiyaq Ajmal, Mohammad Mustaqeem, Mohammad Shafeeq, Mohammad Mustaqeem, Mohaamad Irfan Alam, Ishtiyaq Alam Ansari, Ehsan Ahmad, Iftikhar Ahmad, Mohammad Ziyaurrahman, Mohammad Manzoor Alam, Mohammad Sibghatullah and Mohammad Zafar Hussain.)

While in the Bihar Police Services, 8 Muslim students were among the 40 successful candidates. (Mohammad Aftab Alam, Noorul Haq, Shaharyar Akhter, Shamsh Afroz, Nisar Ahmad Shah, Mohammad Shahban Habib Fakhri, Anwar Javed Ansari, and Mohammad Tanweer Ahmad.)





- Qurbani ki tawaqqoham dusre se hi kyon karte hain, agar isan qurbani ki pahla apni taraf se karen to samaj me kitni tabdiliaa saktihe.

- ham log tawaqqo rakhte hain ke dusri qaum ke log Quran aur Hadees padhe takay unki galat fahmi door ho aur wah log Islam ke qarib aayen. kaash Muslim khud agar Quran aur Hadees ko thik se parhe aur us par amal kare to ek inqalab aa sakta he, samaj me bhi aur dusri qaum ka Islam ke mutalliq soch me bhi.

- Muslim samaj me har taraf behtari aur Quran, Hadees ki bat hoti he lekin phir bhi amlan kuch nahi hota, kyonki sab hal to batate hain lekin koi us hal ka pura formula nahi batata, taqreer karke apna farz pura kar lete hain.

world's best universities

1. University of Cambridge (United Kingdom)

2. Harvard University (United States)

3. Massachusetts Institute of Technology (United States)

4. Yale University (United States)

5. University of Oxford (United Kingdom)

6. Imperial College London (United Kingdom)

7. UCL (University College London) (United Kingdom)

8. University of Chicago (United States)

9. University of Pennsylvania (United States)

10. Columbia University (United States

Eid Al-Adha (Festival of Sacrifice)

Gheyas S. Mahfoz Hashmi, Jeddah Email ID: hgheyas@albatool.com.sa

The Shariat Mohammadi has given us 2 Eids (festivals), Eid Al-Fitr and Eid Al-Adha. The word عيد which has come once only in Quran (5/114) religiously means physical expression of Thanks to Allah on His blessing, kindness and favour. It is known in English as Festival and the word المحى is colloquial which means sacrifice. The correct word is .We find words مدى ونسك و نحر in Quran in the meaning of Sacrifice. Since this festival is marked by sacrificing an animal it is known as Eid Al-Adha. This festival was given to us by Allah Almighty in commemoration of the prophet Ibraham (AS). So, slaughtering an animal by Hajis in Mina and by Non-Hajis at their respective places is Sunnah of the prophet Ibrahim (AS).

Sacrificing of an animal by Haji during Haj is Wajib for Mutamatte and Qarin and Masnoun for Mufrid. For Non-Haji (normal Muslim), it is Sunnah Muakkadah (confirmed Sunnah) as per Maliki, Shafayee and Hambali Schools of Thought. It is Wajib as per Hanafi. Please note that the rank of Wajib is between Fard and confirmed Sunnah according to Hanafi School of Thoughts. Every adult who has one month provision of foods can sacrifice an animal. As per Shafayee, sacrificing of an animal in a family is Sunnah Ain. Its time is from Zul Hijjah 10th Fajr to 12th Maghrib. According to Shafayee its time is up to 13th. Those who want to sacrifice animal should not cut their nails and hair from moon sighting time till sacrificing the animal (Muslim Sharif). Eid Al-Adha came into existence in 2 Hijri calendar.

As for 2-Rik'at Eid prayer, it is confirmed Sunnah according to Imam Malik and Imam Shafayee, Fard as per Imam Hambal, and Wajib according to Imam Abu Hanifah.

The first 10 days of Zul Hijjah is very important in terms of its blessing as seen by Salaf Saleheen. Quran (Al-Fajr:1-3) says. "By the dawn; by the ten nights, by the Even & the Odd". Swearing by Allah an oath by something indicates its importance and great benefit.

Although there are different opinion (as we don't have any authentic clear saying of the prophet-PBUH) about the interpretation of the above verse in connection with the determination of ten nights, whether it is of Zul Hijjah or Ramadan or Muharram, Ibn Abbas (R) says that the ten nights are nights of Zul Hijjah. Odd" means 9th Zul Hijjah (Arafat Day) and "Even" means 10th Zul Hijjah" (Sacrifice Day) as per some scholars of Quran interpretation. According to Ibn Temiah it is 10 nights of Zul Hijjah and he considers its value more than last 10 nights of Ramadan. There is no specific description of Ebadah in Hadith for these 10 days except glorification of Allah (Takbeer, Tahmeed, Tahleel and Tasbeeh). These days should be respected by doing any Ebadah (prayers, fasting, Sadaqah, etc), but fasting for Non-Hajis on 9th Zul Hijjah is recommended as per the Hadith.

Even for those who are not performing Hajj, the first ten days of this month are considered to be very sacred, seeking Allah's forgiveness, doing good and various other forms of worship.

Prophet Mohammed (S) has said about the first ten days: There are no days in which righteous deeds are more beloved to Allah than these ten days." The people asked, "Not even Jihad for the sake of Allah?" He said, "Not even Jihad for the sake of Allah, except in the case of a man who went out to fight giving himself and his wealth up for the cause, and came back with nothing (Bukhari).

No, doubt these days are very important for Hajis, but they were also made important for non-Hajis, so that they could partake in the blessings of Almighty Allah by observing them at their homes.

Personality in News

Steve Jobs, the mastermind behind Apple's iPhone, iPad, iPod, iMac and iTunes, has died, Apple said. Jobs was 56.

"When I was 17, I read a quote that went something like: "If you live each day as if it was your last, someday you'll most certainly be right." It made an impression on me, and since then, for the past 33 years, I have looked in the mirror every morning and asked myself: "If today were the last day of my life, would I want to do what I am about to do today?" And whenever the answer has been "No" for too many days in a row, I know I need to change something." ---Stanford commencement speech, June 2005.

"No one wants to die. Even people who want to go to heaven don't want to die to get there. And yet death is the destination we all share. No one has ever escaped it. And that is as it should be, because Death is very likely the single best invention of Life. It is Life's change agent. It clears out the old to make way



for the new. Right now the new is you, but someday not too long from now, you will gradually become the old and be cleared away. Sorry to be so dramatic, but it is quite true. Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma — which is living with the results of other people's thinking. Don't let the noise of others' opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary." ----Stanford commencement speech, June 2005.

"Sometimes life is going to hit you in the head with a brick. Don't lose faith."

"It's more fun to be a pirate than to join the navy." On life, 1982, quoted in Odyssey: Pepsi to Apple, 1987.

"A lot of companies have chosen to downsize, and maybe that was the right thing for them. We chose a different path. Our belief was that if we kept putting great products in front of customers, they would continue to open their wallets."

"Being the richest man in the cemetery doesn't matter to me ... Going to bed at night saying we've done something wonderful... that's what matters to me." Quoted in The Wall Street Journal, May 25, 1993.





World Population: 7 billion and rising

From Arab News, 1 November 2011

The United Nations says that the planet now has a population of seven billion people.

The baby that brings the population to that figure was supposedly born yesterday. In many countries, there were little ceremonies in maternity hospitals to celebrate the event. These, of course, were symbolic events. There is no way of knowing where the world's seven billionth person was born, or if he or she has yet been born at all. The US Census Bureau does not expect the seven-billion figure to be reached until mid-March.

Nonetheless, there is no getting away from the fact that the world's population is around the seven-billion mark and growing exponentially. It reached a mere two billion in 1927 — that is within

the lifetime of some people living today—and then took off. It was three billion in 1960, four billion by 1974, five billion in 1987, six billion in 1999. The speed of change is thanks to massively improved health care and nutrition the world over, resulting in much lower infant mortality and



extended longevity. For all the famines and disasters which must never be ignored, the burgeoning population is testimony to the fact that we live in much better times than our forefathers.

India - Toll-Free Numbers

Indian Railway Enquiries

Indian Railway General Enquiry 131 Indian Railway Central Enquiry 131 Indian Railway Reservation 131 Indian Railway Railway Reservation Enquiry 1345,1335,1330 Indian Railway Centralised Railway Enquiry 1330/1/2/3/4/ 5/6/7/8/9

Healthcare

Best on Health - 1800 11 8899 Dr Batras - 1800 11 6767 GlaxoSmithKline - 1800 22 8797 Johnson & Johnson - 1800 22 8111 Kaya Skin Clinic - 1800 22 5292 LifeCell - 1800 44 5323 Manmar Technologies - 1800 33 4420 Pfizer - 1800 442 442 Roche Accu-Chek - 1800 11 45 46 Rudraksha - 1800 21 4708 Varilux Lenses - 1800 44 8383 VLCC - 1800 33 1262

Home Appliances

Aiwa/Sony - 1800 11 1188 Anchor Switches - 1800 22 7979 Blue Star - 1800 22 2200 Bose Audio - 1800 11 2673 Bru Coffee Vending Machines - 1800 44 7171 Daikin Air Conditioners - 1800 444 222 DishTV - 1800 12 3474 Faber Chimneys - 1800 21 4595 Godrej - 1800 22 5511 Grundfos Pumps - 1800 33 4555 LG - 1901 180 9999 Philips - 1800 22 4422 Samsung - 1800 113 444 Sanyo - 1800 11 0101 Voltas - 1800 33 4546 WorldSpace Satellite Radio - 1800 44 5432

Couriers/Packers & Movers

ABT Courier - 1800 44 8585 AFL Wizz - 1800 22 9696 Agarwal Packers & Movers - 1800 11 4321 Associated Packers P Ltd - 1800 21 4560 DHL - 1800 111 345 FedEx - 1800 22 6161 Goel Packers & Movers - 1800 11 3456 UPS - 1800 22 7171

God, grant me the serenity to accept the things I cannot change; the courage to change the things I can; and the wisdom to know the difference. Anonymous

world's cheapest tablet computer

India unwraps what has been dubbed the world's cheapest tablet computer on Wednesday, to be sold to students at the subsidised price of \$35 to expand digital access in the Asian giant that lags peers such as China and Brazil in connectivity. The government says the device, called Aakash, which means sky, will initially be available in a pilot run of 100,000 units before being rolled out to millions of students over the next few months.

"Soon, a \$35 computer will be made available to every child in school. The tablet shall help enhance the quality of learning of children," Telecoms and Education Minister Kapil Sibal told reporters last week. The tablet will be officially launched later on Wednesday, by the minister and DataWind, the small British-based company that developed it. The expected price tag is 1,750 rupees.

Not everything is bad in Bihar

Here are a few things everyone should be very proud of: 1. Bihar has more number of Graduate than Andhra Pradesh & Kerala combined.

 More Biharis are doctors than Punjab and Gujarat combined.
 Bihar has produced more number of IAS officer than Kerala, Karnataka, Tamil Nadu , Andhra and Gujarat combined.

4. More Biharis are bank probationary office than any other state.

 More Biharis are in IIT compare to Maharashtra and Gujarat.
 Murder rate in Bihar is half of murder rate in Mumbai. Rape in Bihar is 1/10th of Delhi. Number of people killed in Bihar in communal violence is 1/75 th of Gujarat. Naxalites in Bihar have killed less people than in Andhra Pradesh.
 Bihar produces more wheat than Punjab.

8. Bihar is the only large state where no farmer has committed suicide.
9. More Bihari girls complete graduation than Kerala.
Thats' Bihar! Spread the truth and don't get carried away by gossips!
PROUD TO BE A BIHARI

Quote

You have spent several nights of indifference and complacency. For God's sake, get up now and see how much the sun has risen and how far your cotravelers (non-Muslims) have gone ahead of youafter 16th Century, the situation of knowledge in **Muslim and Christian** societies changed completely. Now Christians started following Muslims way of progressive thinking and enquiry whereas Muslims copied Christian's way of life of Middle Ages that was full of superstition, bigotry and retrograde thoughts (Ghubar-e-Khatir, Maulana Abul Kalam Azad

There are plenty of teams in every sport that have great players and never win titles. Most of the time, those players aren't willing to sacrifice for the greater good of the team. The funny thing is, in the end, their unwillingness to sacrifice only makes individual goals more difficult to achieve. One thing I believe to the fullest is that if you think and achieve as a team, the individual accolades will take care of themselves. Talent wins games, but teamwork and intelligence win championships."

Some practical tips for a Hajj Mabroor by Asma bint Shameem

Hajj is the Ultimate journey. They say it is the journey of a lifetime. Yet I see so many people, brothers and sisters, confused, angry, frustrated or just simply ignorant. So here is a piece of sincere advice for all of my brothers and sisters going for Hajj this year.

1. Educate yourself before you go

This is the most important point. They say "Knowledge is Power." And how true that is. I see people confused, not knowing what to do, looking left and right...bewildered. And in the end, they just follow what the rest of the crowd is doing without even knowing whether what they are doing is even from the Shareeah of Muhammad (Sal Allaahu Alaiyhi wa Sallam) or not!

So study the rituals of Hajj before you go. Learn how to perform this magnificent journey closest to the Sunnah. Because the closer to the Sunnah it will be, the more acceptable it will be to Allaah, Subhaanahu wa Taala.

Know the various rulings about the Meeqaat, Ihraam, Tawaaf, staying in Mina, stoning the Jamaraat, visiting the Prophet (Sal Allaahu Alaiyhi wa Sallam)s Masjid, etc.

2. Go with a prepared heart

Hajj is not only a journey of the body to the house of Allaah...it is also a journey of the heart and soul. And just as it is important to know the manners of performing Hajj, it is equally important to prepare yourself spiritually.

Remember, this is Hajj.... an act of Ibaadah....the fifth pillar of our Deen....something Allaah loves. So have khushoo in your Ibaadah....submit your heart and soul to Him, to the One Who has invited you to His Honorable House. Reflect on why you are here. Have tawakkul in Him and complete faith. Be sure to know that He will take care of you. Be kind to His slaves, have patience and forbearance, take everything in stride and look for the positive in everything, even if it seems bleak.

3. Know Salatul Janazah

The Prophet (Sal Allaahu Alaiyhi wa Sallam) said:

"Whoever attends the janaazah until he offers the prayer will have one qeeraat (of reward), and whoever attends until (the deceased) is buried will have two qeeraats."

It was said, "O Messenger of Allaah, what are the two qeeraats?" He said, "Like two great mountains," meaning, of reward. (Saheeh – agreed upon).

4. Don't get overwhelmed with the crowd

When you look at the large number of people there for Hajj, dont get overwhelmed or bothered. Instead, raise your head up high, feel proud and thank Allaah. After all, all those people are none, but your own brothers and sisters in Islaam.

This is the Ummah of your beloved Prophet, Muhammad (Sal Allaahu Alaiyhi wa sallam). They are from you and you are from them. They are a part of you, just as much as you are a part of them. All of you are there for one and one purpose only....to worship One God, Allaah, Subhaanahu wa Taala. So love them...and have mercy for them....and make dua for them.

5. Time is precious

Utilize your time to the MAX while in Makkah and Madeenah. Do all your 5 prayers in the Masjid, no excuses allowed! When you pray in Masjid al-Haraam in Mecca, your salaah is multiplied by 100,000 times.

Just imagine, if youre there for about two weeks (14 days), and you pray all five prayers in the masjid, thats equivalent in reward to praying more then 3800 years! Subhaan Allaah!

When you get to Mina, busy your self with making dua, dhikr, reading Quraan, etc. Your stay here is only a few precious days. You cant waste it by talking, relaxing, doing nothing, as some people do.

And once in Arafah, this is THE day you were waiting for.

This is what Hajj is all about.

The Prophet (Sal Allaahu Alaiyhi wa Sallam) said, "Hajj is Arafah." (Abu Dawud) Put in all you got during the day of Arafah. Take advantage of

each hour, minute and second. Do not waste even a single moment. Make a dua list and do lots and lots of dua, for this is the day to make dua. The Prophet (peace and blessings of Allaah be upon him) said: "The best of dua is dua on the day of Arafah, and the best thing that I and the Prophets before me said is Laa ilaaha ill-Allaah wahdahu laa shareeka lah (There is no god but Allaah alone with no partner or associate). (al-Tirmidhi, hasan by Albaani)

6. Hajj is not your annual vacation trip. Its an act of Ibaadah

Remember this is Hajj...not a cruise or a vacation. Remember when not so long ago people traveled for months through dangerous terrain and rough weather to get to Hajj, not to mention the heat, diseases, thugs and other hardships of travel. They had to draw water from a well and walk to the bushes to relieve themselves.

7. Dont just say it.... mean it

When you recite the Talbiyah, dont just say it like a parrot, without knowing what it means and what it implies. Think about the greatness of these words and an even greater Greatness of the One you are saying these words to. You are saying Labbaik, Allaahumma Labbaik.... What do these words imply?

Oh Allaah I am here....here to serve You, here to obey You, here to submit my life, my wants, my desires only to You. I am ready for change. Oh Allaah, I love you and I worship no one but you. So forgive me and guide me. This is the implication behind these words. So say these words from the heart...mean what you say...and let a tear roll from your eyes when you say it. And that goes for all the duas that you will recite.

8. Be nice

Obviously, everybody wants their Hajj To be Mabroor (accepted).. .because the Prophet (Sal Allaahu Alaiyhi wa Sallam) said, "...There is no reward for Hajj mabroor except Paradise." (Al-Bukhaari)

They said: "What makes Hajj mabroor, Messenger of Allah?" He said, "Providing food to people and spreading (the greeting of) salaam." (Fath al-Bari, 4/446)

Thus we see that being kind to the people, being generous and considerate, serving and helping them is the KEY to having your Hajj accepted.

So go ahead and help that old lady with her luggage, and the older brother across the street. Move over to make room in the saff for your fellow Muslim so that they too can find a place to pray. Distribute candy among the children, pass out glasses of Zam Zam, smile at everyone and say salaam to those you know and those you dont.

In other words, just keep you eyes and ears open for every opportunity to do good and jump at any chance you get to spread khair, all this for the sake of pleasing Allaah Alone and Insha Allaah your Hajj will be mabroor.

May Allah accept all the Hajj of all the brothers and sisters, and teach the coming Hujjaj how to best prepare and earn a Hajj Mabroor. Ameen.

Dharna held at Bihar Bhawan for AMU Kishanganj centre

Posted: 12 Oct 2011 08:41 AM PDT

By TCN News, New Delhi: Intensifying its movement for Kishanganj centre of Aligarh Muslim University, the AMU Centre Co-ordination Committee on 12th October organized a dharna (sit-in) outside the Bihar Bhawan in Delhi. Hundreds of people gathered at the call of the Committee shouted slogans against Bihar Chief Minister Nitish Kumar for not showing interest in resolving the land issue for the proposed centre in the Muslim-dominated most backward district of the state. The demonstrators comprised Delhi-based (residents of Bihar) working professionals, students, journalists and activists who came together to support the ongoing agitation for the establishment of AMU Special Centre in Kishanganj. The one hour long dharna was intended to push up the Bihar Government for immediate inception of the AMU centre in Kishanganj. They demanded Bihar Government to immediately allocate the required land to AMU VC. During the democratic dharna the protestors shouted slogans against the Nitish...

Health Forum **Diets for Diabetics**

Diabetes mellitus is a chronic metabolic disorder in which the body fails to convert sugars, starches and other foods into energy. Many of the foods you eat are normally converted into a type of sugar called glucose during digestion. The bloodstream then carries glucose through the body. The hormone, insulin, then turns glucose into quick energy or is stored for further use.

In diabetic people, the body either does not make enough insulin or it cannot use the insulin correctly. This is why too much glucose builds in the bloodstream.

There are two major types of diabetes:

1. Type 1

This is popularly known as Juvenile Onset Diabetes.

Here, the body produces little or no insulin. It occurs most often in childhood or in the teens and could be inherited.

People with this type of diabetes need daily injections of insulin. They must balance their daily intake of food and activities carefully with their insulin shots to stay alive.

2. Type 2

Also known as Adult Onset Diabetes, this occurs around 35 to 40 years. The more common of the two types, it accounts for about 80 per cent of the diabetics.

Here, though the pancreas produces adequate insulin, body cells show reduced sensitivity towards it.

Type 2 diabetes is usually triggered by obesity. The best way to fight it is by weight loss, exercise and dietary control.

Sometimes, oral medication or insulin injections are also needed.

~ Symptoms of diabetes

Here are a few:

• Extreme thirst and hunger

- Frequent urination
- Sores or bruises that heal slowly
- Dry, itchy skin
- Unexplained weight loss
- Unusual tiredness or drowsiness

• Tingling or numbness in the hands or feet WhetherType 1 or 2, diabetics need a balance of diet and exercise.

Here are some foods you can eat, and some foods you must avoid!

Foods you must avoid!

i.Salt

Salt is the greatest culprit for diabetics. Yo get enough salt from vegetables in inorganic form, so reduce the intake of inorganic salt. ii. Sugar

Sucrose, a table sugar, provides nothing b calories and carbohydrates.

Also, you need calcium to digest sucrose. Insufficient sucrose intake might lead to calcium being leached off the bones.

Substitute sucrose with natural sugar, like honey, jaggery (we call them in Bihar as "meetha"/"gur"), etc.

iii. Fat

8

Excessive fat intake is definitely not a good

habit.

Try and exclude fried items from your diet totally.

But, remember, you must have a small quantity of oil to absorb fat-soluble vitamins, especially vitamin E.

iv. For non-vegetarians

Try and stop the intake of red meat (Bade Miyaan!) completely.

Try to go in for a vegetarian diet. If you cannot, decrease the consumption of eggs and poultry.

You can, however, eat lean fish two to three times a week.

v. Whole milk and products

Try to switch to low fat milk and its products like yogurt (curd).

Replace high fat cheese with low fat cottage cheese.

vi. Tea and coffee

Do not have more than two cups of the conventional tea or decaffeinated coffee every day.

Try to switch to herbal teas.

vii. White flour and its products

Replace these with whole grains, whole wheat or soya breads and unpolished rice.

viii. Foods with a high glycemic index

Avoid white rice, potatoes, carrots, breads and banana -- they increase the blood-sugar levels.

Special food for diabetics i. Bitter gourd (karela)

This vegetable contains a high dosage of 'plant insulin'. It lowers the blood-sugar levels



effectively. Have the juice of three to four karelas early morning on an empty stomach. As a vegetable, too, it can be

taken on a regular basis.

Powder the seeds of karela (measuring 1 teaspoon), mix with water and drink it.

ii. Fenugreek (methi)

It is the most common food used to control diabetes.

Gulp a teaspoonful of these seeds with a glass of water daily.

Soak the seeds overnight. Have the water in which the seeds were soaked.

You can make a chutney with methi seeds. You can also eat them sprouted, dried and powdered, or mix them in wheat flour to make chapattis.

iii. Indian blackberry (jamun)

This fruit is very effective in preventing and controlling diabetes.

Powder the stone of the fruit and eat it -- it contains glucoside, which prevents the conversion of starch into sugars. iv. Garlic

This is used to lower blood-sugar levels.

Garlic is rich in potassium and replaces the potassium which gets lost in urine.

It also contains zinc and sulphur, which are components of insulin.

Take about three to four flakes of freshly crushed garlic daily.

v.Onion

Because of its diuretic and digestive properties, onion works against diabetes.



Raw onion is more useful.

vi. Flaxseed

This is the richest source of Omega 3 fatty acids.

It helps control diabetes because it maintains the sensitivity of the cell membrane, facilitates



insulin, and thereby the uptake of glucose by the cells.

vii. Fibre

Soluble fibre, found in apples, kidney beans, oatmeal, soyabean, etc, help control diabetes.



These aid slow

digestion and absorption of nutrients, resulting in a slow and steady release of glucose.

They soak up excess bile acids found in the intestinal tract, the same acids that are converted to blood cholesterol.

They also help empty the stomach and trigger satiety that can help Type 2 diabetics to achieve weight loss goals.

viii. Cinnamon solution

Water extracts of cinnamon have been found to promote glucose metabolism and reduce cholesterol.

You can boil cinnamon sticks in water and drink this water.

ix. Antioxidants

Diabetes is often associated with conditions like heart disease, diabetic retinopathy, immune deficiency and kidney disease.

Many are caused by free radical damage. Therefore, make sure you include antioxidants, especially vitamin C (lemons), E, selenium, zinc and chromium (Brewer's yeast), in your diet, as they have been shown to control blood sugar

levels.

Awaiting your feedback on mjamali68@gmail.co m





ON THE TIPS

Which Ghazal maestro passed away recently? Jagjit Singh

What is the name of weather satellite launched in India on 12th Oct 2011? PSLV-C18 carrying Megha-Trophiques

Name the Indo-French tropical satellite carried by PSLV-c18? Megha-Trophiques

Which two Indian sports persons is given the Lieutenant Colonel rank by the Army? MS Dhoni and Abhinav Bindra

Which UK Based company is setting up investment banking operations in India teaming up with Motilal Oswal? Investec

Which is the new variant of verito car launched by Mahindra targeting corporate professionals and businessmen? Verito Executive

Name the event that will be organized by Nasscom in Mysore onOctober15? Mysore 2.0 Conference

Which company is going to buy 45% stake in West Bengal's Haldia Petrochemicals(HPL) project? The Chatterjee Group(TCG)

Which company bagged Rs.4,000

Great achievement is usually born of great sacrifice, and is never the result of selfishness. - Napoleon Hill

In this world it is not what we take up, but what we give up, that makes us rich. -Henry Ward Beecher

Only he can understand what a farm is, what a country is, who shall have sacrificed part of himself to his farm or country, fought to save it, struggled to make it beautiful. Only then will the love of farm or country fill his heart.

Crore contract for setting up a thermal power plant in Andhra Pradesh from singareni Collieries Company? BHEL

Who won the Nobel Prize for Economics 2011? Thomas Sargent and Christopher

Sims Who won the Japanese Grand Prix?

Jenson Button

Who became Formula One's youngest double world champion after finishing third at Japanese Grand Prix? Sebastian Vettel

Which is the new movie and also the 100th film of Jackie Chan? 1911

What is the name of the Taiwanese movie filmed which is based on true story of Seediq tribes in Taiwan? Warriors of the Rainbow:Seediq bale

When and where was the first Busan International Film festival was held? 1996 in Busan

What is the name of the new book released by Chetan Bhagat? Revolution 2020

COMPILED BY: TANVEER FATMA Email: fatmao503@gmail.com

HAJJ

Hajj is a last pillar of Islam which is required to be done once in life-time. It is mistakenly understood that it is an action to be done at the last stage of life. In fact, it becomes obligatory upon an adult Muslim immediately if he can afford to perform it. Any delay is sinful and comes within the definition of disobedience to Allah Almighty. Hajj is a 5-day physical performance. Hence, recitation and supplication during Hajj remain non-obligatory.

Some Common Views:

Haj (Fard once in life), Supplication at seeing Ka'ba (Masnoon), Istelam & kissing one's hands (Masnoon), Ascending to Safa & Marwa (Sunnah), Stay in Mina & 5 prayers (Sunnah), Stay in Arafat (Rukn), Time Duration of stay in Arafat (Zawal to next morning), Departure from Muzdalafah (even for ladies, olds & children) before 3rd part of night passed (Not possible), Rami (Wajib), Allah-O-Akbar during Rami at each pebbles (Sunnah), Sacrifice of animal except for Mufrid (Wajib), Head shaving or cutting (Wajib), Rami Timing during Tashreeq (from afternoon), Tawaf Ifada (Rukn), Walking fast between 2 pillars during Sa'i (Sunnah).

Some Unlawful in Ehram:

Covering feet with shoe or sock or the like, using scent, covering face & using gloves (for ladies), anything that eggs on sexual desire, kissing women, committing indecencies, fighting & quarreling, cutting or removing hair & nail, covering head (for gents), wearing stitched clothes.

** (Few Malikis say it is Wajib, while few Hanbalis say it is undesirable)

Gheyas S. Mahfoz Hashmi/ Jeddah hgheyas@albatool.com.sa (Pls. remember me in your Dua)

How shall we applaud you?

Mother, wife, sister

You.

You.

Packing the kids to school, the husband to office, a hot cup of coffee, and you're ready to meet the day.

How shall we applaud you?

Your home is your castle.

Strong, warm, determined, shining.

Yes, that's you.



Why millions of animals are "needlessly slaughtered in the name of God during Bakri-Id?"

By Asrarul Haque, Delhi <asrarulhaque@hotmail.com>

Question from a non-Muslim: What about the millions of animals that are needlessly slaughtered in the name of God during Bakri-Id? When God permitted Abraham to sacrifice a ram instead of his son, he did not ask all people to do this every year. Why can it not be changed in more civilized times?

Answer (Better to call it Explanation): First of all your saying "needlessly" is not correct. It is not that the animals are sacrificed just for fun or the meat is wasted. The meat is consumed. So it cannot be called needlessly? Everyday so many animals are slaughtered or killed for use as food. Is there any difference between daily slaughter/killing and slaughter on Idul Azha (Baqraeid in India)? I think there is no difference as far as slaughtering or animal life is concerned. On day to day basis animals are used as food and on Baqraeid also it is used as food. But there is a big difference in purpose between the two. On normal days the animals are slaughtered/killed for profit. On Baqraeid there is no motive of profit. In fact only those who nurture the animals get profit. You may be aware that thousands of families survive on the profession.

In the market at present the mutton is about Rs 250 to 300 per kg. Even if one wants to buy 200 g, the cost will be Rs 50/60. A family which earns Rs 100 in a day cannot afford that. On the occasion of Baqraeid they get the meat as charity and they can enjoy the luxury for at least during the three four days of Baqraeid when animals are sacrificed by Muslims.

I am quoting few verses from the Qur'an in this connection.

To every people did we appoint rites of sacrifice that they may celebrate the name of God over the sustenance He gave them from animals fit for food. 22:34

To those whose hearts when God is mentioned are filled with fear who show patient perseverance over their afflictions, keep up regular prayer, and spend in charity out of what We have bestowed upon them. 22:35

The sacrificial camels We have made for you as among the Symbols from God: in them is much good for you. Then pronounce the name of God over them as they line up for sacrifice. When they are down on their sides after slaughter, eat ye thereof, and feed such as beg not but live in contentment and such as beg with due humility. Thus have We made animals subject to you, that ye may be grateful. 22: 36

It is not their meat nor their blood that reaches God. It is your piety that reaches Him. He has thus made them subject to you, that ye may glorify God for His guidance to you. And proclaim the Good News to all who do right. 22: 37

From the above it is clear that God does not get anything when animals are sacrificed. It is actually the piety of people which is tested. In the verse 22: 36 it is clear that the meat of the sacrificed animals is not only for those who perform the sacrifice. It is also for the poor. In fact the suggested and preferred practice is that the meat is divided into three parts. One part is kept for the consumption of the family which performs the sacrifice. One part is for relatives and friends, especially those who are not in a position to do the sacrifice. The purpose is that they too get opportunity to enjoy the delicacy. Otherwise it will happen so that family X will give to family Y and Y will also give to X. The end result, no one will give to anyone. The third part is strictly for poor but not for professional beggars (see above the verse 22: 36). That is how the poor get the meat at least on those three days when sacrifice is done. In the second and third parts i.e. for friends/relatives and for poor there is no restriction that it can be given to only Muslims.

Now the question is why on the occasion of Bagraeid only there is so much talk about the sacrifice and animals. Reason is our media and also some irresponsible Muslims contribute to that. Everyday so many animals are killed/slaughtered. But media does not show them and does not talk about them. On the occasion of Bagraeid they never miss the opportunity just because it is fanciful and more so because it is connected to Muslim community. On Dussehra, Sarhul, Holi and so many other occasions and also in so many temples on normal days large numbers of animals are killed by non-Muslims. But there is no news. Then there are some 'Muslims' who are interested in showing off their wealth. They purchase goats for very exorbitant price and then they stand with them, get photographed and give interviews for newspapers and TV channels. So it becomes more fanciful news for the media. In fact it is totally against the teachings of Islam. Islam totally prohibits showing off in anything. Even in Namaaz if someone does the Namaaz in a way that people may look at him/her, the Namaaz is not acceptable to God. In case of charity too it is best that it should not be made public. The best suggested course is that if the right hand gives, the left hand should not come to know of the same. Obviously, people who indulge in such show of wealth are not performing sacrifice. They want name and fame. The purpose is defeated.

One last aspect. Some people say that why cannot Muslims give up eating meat? The answer is simple. Are there only Muslims who eat meat? If you go by statistics more than 95% of the meat worldwide is consumed by non-Muslims. Even in India most of the meat and chicken are consumed by non-Muslims. Generally, Muslims are poor compared to other communities. Most of them cannot afford something which is Rs 250/300 per kg. A random visit to a meat/chicken shop can bring out the point. Even in restaurants and other eating places most of the non-veg food is consumed by non-Muslims. Muslims generally visit only those eateries about which they are aware that only Halaal meat is served i.e. meat or chicken etc. which are slaughtered by Islamic or Jewish method. There are more restaurants and eateries serving non-veg food about which such information is not available. As a result most Muslims shun from those places. Then who consumes the non-veg food there?

Certainly there is one interesting side of it. In so many families I personally know, meat is not cooked at home. But male members enjoy the same freely outside. Female members are denied in the name of religion/ritual/tradition etc. In Muslim families there is nothing like that. There is still another point. If eating meat is not good as animals or birds are to be killed, should we eat only plants and plant products? But plants are also living. You are an environmentalist. You know it well. And we have to kill the plants to be consumed. For that matter even milk should not be consumed. Nature produces the milk for the

Islam Against Racism And Prejudice Hajj as a shift against racism:

El Hajj Malik El Shabazz (Malcolm X)'s letter

Many Muslims who have been blessed to make Hajj often speak of how the journey is a life-changing experience. This is more the case for some than others.

MalcolmX is one Muslim who saw the light of true Islam through his Hajj in April 1964.As a former member and speaker for the Nation of Islam, a black spiritual and nationalist movement, he believed that the white man was the devil and the blackman superior.

After leaving the Nation of Islam in March 1964, he made Hajj, which helped change his perspective on whites and racism completely.

Here is an excerpt of a letter El Hajj Malik El Shabazz wrote about his Hajj experience. In it, he explains what it was during this blessed

journey that made him so profoundly shift his perspective on race and racism:

"There were tens of thousands of pilgrims, from all over the world. They were of all colors, from blue-eyed blondes to black-skinned Africans. But we were all participating in the same ritual, displaying a spirit of unity and brotherhood that my experiences in America had led me to believe never could exist between the white and the nonwhite.

You may be shocked by these words coming from me. But on this pilgrimage, what I have seen, and experienced, has forced me to rearrange much of my thought patterns previously held, and to toss aside some of my previous conclusions. This was not too difficult for me. Despite my firm convictions, I have been always a man who tries to face facts, and to accept the reality of life as new experience and new knowledge unfolds it. I have always kept an open mind, which is necessary to the flexibility that must go hand in hand with every form of intelligent search for truth.

During the past eleven days here in the Muslim world, I have eaten from the same plate, drunk from the same glass and slept in the same bed (or on the same rug)-while praying to the same God with fellow Muslims, whose eyes were the bluest of the blue, whose hair was the blondest of blond, and whose skin was the whitest of white. And in the words and in the actions and in the deeds of the 'white'Muslims, I felt the same sincerity that I felt among the black African Muslims of Nigeria, Sudan and Ghana.

We are truly all the same-brothers.

All praise is due to Allah, the Lord of the worlds." Sent by Perwez Ahmad email: perwez.str@amjaad.com Source: http://www.soundvision.com/info/racism/xletter.asp

Be hunar hoke jo baitho to qaum ki gaali suno ba hunar ho ke jo chamko to taana e Haali suno humko peeran e tarikat ne diya hai yeh sabaq qissa-e- Mansoor dekho aur qawwali suno."

Continued...Why millions of animals are "needlessly slaughtered in the name of God during Bakri-Id?"

young animals. But what we do? We encroach upon their food and in turn we force them to eat grass or straw. Is it humane? Can we do it with human babies? But it does happen. It may not surprise you. In certain tribal belts there is so much poverty that lactating women sell their milk by mixing the same with cow or buffalo milk just to get some money. Also, it has been an age old tradition that when women in rich families gave birth to babies, they did not feed them as the women had the idea (wrong or right) that by breast feeding their body will go out of shape. So, some poor woman was found with newly born child. She was paid to feed the baby of the rich family. As a result her own child was deprived of the mother's milk. Can we consider it humane? Just one more example. The eggs that we relish are meant for reproduction of the birds (hens or ducks in Indian context) as they contain the zygotes i.e. miniature birds. But we grab them and consume. An interesting side of it is that the hens are kept in cages without cocks. As a result the expense which could be there in nurturing the cocks is saved. But at what cost? By forcing the hens to live without sex. We know it very well that all living organisms want sex. When we force celibacy on the hens, can we consider it humane? But it gives one more consolation to our ego. People consider such eggs as 'Vegetarian Eggs". So, even those people who do not consume non-veg food otherwise do not hesitate to eat those eggs.

I would also like to draw your attention towards the case of tigers, leopards, cheetahs and for that matter most of the birds, lizards, snakes, spiders etc. They kill other animals big or small and eat. Even the cat we keep so dear is always looking for opportunity to kill a rat, mouse or squirrel. Dogs also kill and eat if they get a chance. That is the rule of nature. Can we make them vegetarian? If we want to stop killing of all animals, we have to eliminate all these preying species. Then what about the food chain and the ecosystem balance? The importance of these preying animals cannot be overemphasized in maintaining the balance in the ecosystems. You may be aware that the Andaman forests, where spotted deer population has become a threat to the survival of the forests just because there are no preying carnivores. Also, we must desist from killing flies, mosquitoes, cockroaches, snakes and all sorts of pests. After all these are also living organisms.



Give me the Wisdom to understand my boss.

Give me the Love to forgive him.

Give me the Patience to understand his deeds.

But Dearest God, don't give me the Power

because if you give me the Power

I'll break his head

RAHBAR-e-Banaat Madrasa-cum-School

Holistic education & guidance to Girls of weaker sections, in Bihar & Jharkhand

Details @ http://school.biharanjuman.org/

Current Priority: Sponsor construction cost of the boundary wall (Rs. 3 lakhs) to secure the girls hostel, and make it usable. What could be a better opportunity to earn eisal-e-sawab and sadaqa-e-jaariya. Your contribution to this Bihar Anjuman's first school-cum-madrasa

project is an INVESTMENT in the community.

On 29th Oct 2011, 3rd storey's roof was cast, for the hostel building (1st building being constructed to accommodate lady teachers and orphan girl students) For other sponsorship opportunities of construction costs or operational costs, please visit the project's website @ http://school.biharanjuman.org/.



Send your contributions to A/c name: RAHBAR

A/c number: 00891450000123 Bank name: HDFC Bank Branch: D-965, Mata Ka Mandir, New Friends Colony, New Delhi - 110065 IFSC Code: HDFC0000089 MICR Code: 110240009

Uniform for the girl students of RAHBAR-e-Banat Madrasa-cum-School: Kindly commit your share [Project details >>

Donations received, or committed: Rs. 1,00,521/= for 92 students @ Rs. 1,100/= for each student [for 2 sets of uniform @ Rs. 325 each + 1 set sweater + head-scarf @ Rs. 450 each]

Target: Rs. 1,10,000/= for 100 students, in session 2011-12 Remaining funds needed for Uniforms: Rs. 9,479/= for 8 more students.

Kindly write to **school@biharanjuman.org** specifying number of sets and number of students you would like to sponsor; an idea of the budget is given in the table, below.

Individual NRI Donors may please transfer their contributions to the following bank account of RAHBAR, the NGO of Bihar Anjuman [Kindly send an email to school@biharanjuman.org, once you have made the transfer, so that we may be able to maintain a proper account, at our levels.

Also, please send scanned copy of your ID proof (passport copy for NRIs), which is a mandatory requirement.

In case of any problems in transferring the committed amount, please write back to us (school@biharanjuman.org) so that we could find an alternative means of transferring the funds.

Non-Indian donors, kindly do not transfer any funds to this bank account.

A/c name: RAHBAR A/c number: 00891450000123 Bank name: HDFC Bank Branch: D-965, Mata Ka Mandir, New Friends Colony, New Delhi - 110065 IFSC Code: HDFC0000089 MICR Code: 110240009

Invitation to INSAN Foundation's 45th Anniversary

An Educational & Humanitarian Foundation for the Betterment of fellow Human (Insan) P O BOX 874, Walnut, CA, USA 91789-0874 www.insanmission.com

To Bihar Anjuman members

Ref: Invitation to INSAN's 45th Anniversary

Dear brothers:

It will give us immense honor to have you as one of our guests and speakers at the INSAN's 45th Anniversary on November 19-20, 2011.

Jaago aur Jagau/Wake up & Awake Oth<mark>ers</mark> Educate, Enlighten, Make a Better World

Our metaphoric name Insan which means 'mankind' emphasizes human values and betterment through education. For 45 years, INSAN School/College/ Mission in India and its various projects have been contributing to educational and humanitarian causes and have been recognized as a role model in its field. Its founder Dr. Syed Hasan is a U.S.-educated eminent educator-humanitarian-reformer who has also donated his services to many other organizations, guided government policies and projects, and served at the Central Advisory Board of Education (Govt. of India) gratis for the last 46 years. His devotion, efforts, sacrifices, and vision have been an inspiration for generation of students, educators and social workers.

Thank you for a record of outstanding public services, and zeal for constant efforts to improve social concerns of the country. We would like to take this opportunity to bridge our relations and work together in the future toward our shared goals.

Event: INSAN's 45th Anniversary

Theme: Jaago aur Jagau/Wake up & Awake Others; Educate, Enlighten, Make a Better World Program: Student led and performed Debates, Essays, Arts', and Sports Competitions, Art & Science Exhibitions/ Models, Bazaar, Stage Shows; Conference and Award Ceremony Dates: Nov 14-20, 2011 (flexible to accommodate

Dates: Nov 14-20, 2011 (flexible to accommodate yourschedule)

Place: Kishanganj, Bihar, INDIA (near Darjeeling)

Warm regards, Saba Hafeez sabahafeez@aol.com Please RSVP as soon as possible to: Shefa Hafeez Mo: 993-159-6300 Ld: 6456-222970 Em: shefashafeez@yahoo.co.in (Kishanganj)

RAHBAR Coaching Centre, Gopalganj

(a) Hathwa conducted its 6th Awards Ceremony on 1st October 2011 in the premises of Iqra Public High School, Khas Tola, Hathwa. The chief guest on the occasion was Mrs. Manju Prasad, SDM, Hathwa,

Gopalganj. The program started at 4:45 with the recital of the Holy Qur'an by Zeba, a student of Grade IX. The Chief Guest was welcomed by Ms. Alphiya Jamal, an honorary teacher on call of this coaching centre. Br Tarique Anwar, Member, Management Committee, and Principal of Iqra Public Svchool was requested by Dr Manoj Kumar to present a memento to the Chief Guest on behalf of the RCC.

Dr. Manoj Kumar anchored the program. Prof Sharfuddin, an ex-member of the local Management Committee, welcomed the Chief Guest and the guardians. He introduced Mrs Manju Prasad as the only

lady SDM in Bihar. He said that the women and girls sitting there need a lot to learn from the Chief Guest. Her carrier has been so exemplary. She graduated from Guwahati, and she got married while she was studying. But marriage and a family life did not deter her from achieving her goal. She completed her Post-Graduation from Patna University in Botany. She continued striving to make her carrier, and she competed in the 40th exam of BPSC. She served as a Circle Officer in Bhagalpur, her first posting place. She joined as the SDM of Hathwa in the beginning of 2010. Her life and carrier prove that if a woman wants to achieve her goal in life then nothing can deter her.

Rs 1000/= as awards to winners of Prophet's Seerat Test was special feature of this ceremony.

The prizes for Best Performance were given by Mrs Manju Prasad. Dr

Sarfaraz Ahmad gave cash Merit Scholarships to the two highest rankers of this centre.

In a 1st for any RCC, a PowerPoint presentation was made by Dr Hashmi on the occasion of completing six months of services by RAHBAR at Hathwa.

The Chief Guest Mrs Manju Prasad expressed her happiness realizing the challenges that the RAHBAR has accepted. She, during her speech, asked the students to gain as much they can from the people at RAHBAR. She said that any segment of our society will never improve unless its educated people accept the challenge to improve it, and unless

they come forward to introduce the changes according to time. She said that a student should always think about his future and the challenges that it has. She told the audience about the challenges she faced. She further shared her own student life and told the students how she used to study for hours, how she used to 'steal' time for her studies. This is a golden opportunity that the students are availing at RAHBAR, she said. The government is also doing its best in improving education and educational systems in Bihar, but a government alone cannot do it unless people come forward for this pious purpose. She was happy to see that even girls were receiving prizes. She advised them to make their own future without being a burden on their family. She held a special conversation with the girl students and the ladies present there.

3 months Free Tally & AutoCad coaching

SI. No.	Name	Course
1	Fauzia Tarannum	Tally
2	Mohammad Sikandar Azam	AutoCad
3	Syed Abdullah Adil	AutoCad
4	Md. Javed	Tally
5	Md Shaquib jamal	AutoCad
6	Azharuddin	AutoCad
7	Khalaf Hayat	AutoCad
8	Umar Khaiyam	Tally
9	Mohammad Usman	Tally
10	Md Shayan Shamim	Tally
11	Samina Naaz	Tally
12	Inzamamul haq	AutoCad
13	F. Neyazi	Tally
14	MD.SAJID	AutoCad
15	Mohd.Azeem	AutoCad
16	MD Abdur Raqueeb	Tally
17	MD Shahbaz Raza	Tally
18	Turaab Suhail	Tally
19	Nazish Nehal	AutoCad
20	Md Gheyasuddin Ahmad	AutoCad
21	Md. Rahmatullah Hassan	AutoCad

by Delhi chapter of Bihar Anjuman: List of selected students for 1st batch declared, weekend classes to start on 20th November.

Delhi Chapter has initiated free coaching to poor and needy people for Tally & AutoCad in collaboration with Netzone Cyber Cafe, Madangir, New Delhi.

It's really encouraging to see that Delhi chapter of Bihar Anjuman is evolving into a dynamic and vibrant team. Advertisement for admission to this free coaching was published in Milli Gazette's online edition

[http://www.milligazette.com/news/2450-apply-for-free-autocad-tallytraining-in-delhi-indian-muslims-software], thus spreading the news as far and wide as possible. Pls note that facebook ads were noticed by a much larger group of internet surfers than the email messages sent to thousands of brothers and sisters.

Alhamdolillah, the final selection has been done through interviews (to gauge the need, sincerity, etc) on Sunday, the 23rd October.

Following is the list of candidates, finally selected for the free coaching program sponsored by Delhi chapter.

Come, join hands, to bring about positive change - write to "Bihar Anjuman Delhi Chapter" <biharanjumandelhi@gmail.com



Easy and Difficult

RAHBAR Coaching Centre, Hajipur

Easy is to judge the mistakes of others – Difficult is to recognize our own mistakes.

Easy is to talk without thinking – Difficult is to refrain the tongue.

Easy is to hurt someone who loves us – Difficult is to heal the wound.

Easy is to forgive others – Difficult is to ask for forgiveness.

Easy is to set rules - Difficult is to follow them.

Easy is to dream every night – Difficult to fulfill the dream.

Easy is to stumble with a stone – Difficult is to get up.

Easy is to enjoy life every day- Difficult to give its real value.

Easy is to promise something to someone. Difficult is to fulfill that promise...

Easy is to say we love – Difficult is to show it every day.

Easy is to criticize others – Difficult is to improve oneself.

Easy is to make mistakes – Difficult is to learn from them.

Easy is to think bad of others – Difficult is to give them the benefit of the doubt.

Easy to receive – Difficult to Give.

Easy to send Email – Difficult to Digest (just added)

conducted its 5th Awards Ceremony on 4th October 2011, at Minority Hostel Campus Jadhua, Hajipur. The Award Ceremony started at 03.30 pm. with recital of the Holy Our'an by Hassan Raza Sahab, a teacher of this centre. The chief guest on the occasion was Prof Md Waizul Haque Sb of Hajipur. Special invitees included Janab Md Enam Khan convenor of Bihar Anjuman's Patna chapter, Janab M. A. Gufran Sb. of Patna, Janab Najmul Hassan

Najmi Sb, from Phulwarisharif, Patna, and Janab Md Haider Ali Sb, Ward Commissioner of Hajipur.



Md Enam Khan S a h a b announced that those students who compe

those students who compete for polytechnic admission will get full scholarship from Bihar Anjuman to cover their full expenses from admission formalities to completion of their Diploma Engg course. He also briefed the audience about Rahbar Free Coaching Centres.

M H Gufra Sb guided the teachers of this center about the mode of teaching which could maximize benefits for students. Najmul Hassan Sahab gave away cash awards of Rs. 50 each to the handicapped students and advised to follow the teaching mode of Bihar Board syllabus.

Md. Waizul Haque, our chief guest, announced an award of Rs. 1000 cash to each student who qualifies for Polytechnic admission.

The vote of thanks was delivered by Azimuddin Ansari Sb, co-ordinator. The ceremony concluded at 5:45 PM.

RAHBAR Coaching Centre, Muzaffarpur

conducted its 16th Awards Ceremony on 26th October 2011, at Minority Hostel Campus Jadhua, Hajipur. The chief guest on the occasion was Prof. Dr. Abuzar Kamaluddin (Principal M.P. S. Science College Muzaffar pur). Special invitees included Prof. Mansoor Alam Sb., Ali Ahmad Manzar Sb., Maulana Anwar Hussain Sb. The Award Ceremony started at 03:00 P.M. with recital of the Holy Qura'n by Md. Anwar, a student. Ms. Homa Kausar of class 9th, Sarfraz Ahmad and Abdul Majid of class 10th explained respectively the

Sunnah about how to drink water, how to take bath, and "Money is lost nothing is lost, health is lost something is lost but Character is lost everything is lost."

Prof. M. Mansoor Alam Sb., Prof. Abuzar Kamaluddin Sb. Distributed awards to students.

The Patron of the coaching Prof. M. Mansoor Alam thanked director of coaching, and said, "education implies bringing everything to everyone". He illustrated about Sushil of Motihari, a man of lower economic power, who won Rs. 5 Crores in KBC. This Coaching brings a chance for students and the only means to understand Allah is by education. Students are the leaders of humanity and he/she has to feel it is the best opportunity for students of weaker section to learn here. If someone has to achieve the success then he/she has to be educated. There are a lot of examples that remind us that person from lower economic background became a great personality, it is because of their continuous striving. Financially weak condition is not a problem while the



problem lies in lack of commitment. In this Competitive era, everyone has to devote himself to get the desired results. The vote of thanks was delivered by Dr. Aazam Rahmani Sb. The program ended with the dua of Prof. M. Mansoor Alam Sb. for Success of students and the whole Muslim Ummah.

Tell me something about yourself."

Ideal answers of 10 tough interviewquestions

Ideal Answer:

It's time to make a brief but systematic statement which highlights your education, professional achievements, future goals and also covers a description of your qualifications for the job and potential contributions you could make to the organization.

2. "You want to work here because"

Ideal Answer: Work up a little enthusiasm and unless you're in sales, don't say 'money'! Show the interviewer your interest in the company. Share what you learned about the job, the company and the industry through your own research. Talk about how your professional skills will benefit the company.

3. "You left your previous job/want to leave your current job because?"

Ideal Answer: Don't launch into a diatribe against your previous/current employee. The interviewer is trying to find out if you had any problems on your last job. If you did not have any problems, you could opt for the following answers: relocated away from job; company went out of business; laid off; temporary job; no possibility of advancement; wanted a job better suited to your skills. Now, if you did have problems, be honest. Show that you can accept responsibility and learn from your mistakes. You should explain any problems you had (or still have) with an employer, without switching to the 'bitching' mode.

4. "What are your best skills?"

Ideal Answer: If you have sufficiently researched the organization, you should be able to imagine what skills the company values. List them. Then give examples where you have demonstrated these skills.

5. "What is your major weakness?"

Ideal Answer: Be positive; turn a weakness into a strength. For example, you might say: "I often worry too much over my work. Sometimes I work late to make sure the job is done well."

6. "Do you prefer to work by yourself or with others?"

Ideal Answer: Flexibility is the key, but if you'd rather be honest, go ahead. Give examples describing how you have worked in both situations.

7. "Career Aspirations?"

Ideal Answer: Answer this one with caution as your interview is comparing your plans and the company's goals, to see if the twain meets. Let him know that you are ambitious enough to plan ahead. Talk about your desire to learn more and improve your performance, and be specific as possible about how you will meet the goals you have set for yourself.

8. "What are your interests other than work??"

Ideal Answer: Your interviewer is obviously looking for signs of skills outside of your professional experience. For example,

hobbies such as chess or bridge demonstrate analytical skills. Reading, music, and painting are creative hobbies. Individual sports show determination and stamina, while group sport activities may indicate you are comfortable working as part of a team. He/she may also be curious as to ascertain whether you have a life outside of work. The common observation is that those with a creative or athletic outlet for stress tend to be more pleasant and more productive.

THE BIGQUESTION

9. "Salary Expectation?"

Ideal Answer: Before going for the interview, find out the current salary range is for the profession. Talk to people in the profession and get an estimate. Negotiate for the best package. Try not to answer this one with a figure. You could ask the interviewer what he is planning to pay the best candidate. Let the employer make the first offer and then if it is not good enough, make a quote.

10. "Is There Something I Have Forgotten To Ask You?"

Ideal Answer: Use this as a chance to summarize your good characteristics and attributes and how they may be used to benefit the organization. Convince the interviewer that you understand the job requirements and that you can succeed.

RAHBAR Coaching Centre, Rafiganj

Aurangabad conducted its 11th Awards Ceremony on 8th October 2011, at Shams Academy, Rafiganj. Janab Dr. Md. Tabrez Alam Sb (L.D.A.F, Kolkata) was the chief guest at this function, while Md Mohiuddin (Social Worker), Md Shafiqur Rahman (Guardian Representative), Md Khurshid Alam (guardian), Dr Ejaz Ahmad (Member), Md Mumtaz Ahmad (guardian) graced the occasion as special Invitees. The Award Ceremony started at 3:30 PM with recital of the Holy Qura'n by Akber Ali (Student).

The Ceremony was conducted by Md Shahin Eqbal Sb, in-charge of RCC. First of all, Md Shahin Eqbal Sb introduced the centre's activities. Md. Mohiuddin Sb, a social worker of Rafiganj, in his



speech, said that previously it was his misunderstanding that this coaching was like any ordinary coaching, but when he attended this function, his views changed, this was really a precious gift to needy students. It is all made possible by Prof. Md. Zeyauddin, Vice Principal GTCH, Patna. He actually wanted to do something for his native place, and finally proved that he is a true son of the soil. He also thanked Bihar Anjuman for their financial supports for needy students.

Lastly, chief guest Dr. Tabrez Alam Sb delivered a short speech which focused on oral hygiene. The Vote of Thanks was delivered by Dr Ejaj Ahmad Sb. The ceremony concluded at 4.15pm.

Bihar Anjuman's 19th RAHBAR Coaching Centre

inaugurated (a) Hazaribagh on 22nd Oct, 2011 (http://hazaribagh.biharanjuman.org/). The journey of the RCCs to 19 places has become possible with your help and contributions which Allah accepted and carried us forward. Subhanallah! Following table summarizes the journey of RCCs:



Aurangabad, Gopalganj, Arwal, and Chapra

Year No. of RCCs Location (District)

- 2009 3 Patna, Samastipur and Darbhanga
- 2010 7 Chakradharpur, Muzaffarpur, Jamshedpur,

2011 9 Gopalganj2, Kishanganj, Hajipur, Sitamarhi, Ramgarh, Motihari, Dhanbad, Bhagalpur, Hazaribagh

Location: Millat Academy, Kabristan Chowk, Khirgaon, Hazaribagh (Jharkhand)

Team Leader: Prof. Ziyaul Haque, M.Sc (Zoology), B.Ed, Professor in Karanpura college, B.gaon, Hazaribagh and social activist Mob. No. 8235438010, Email: zhaqueansari@gmail.com

Management Committee of RCC Hazaribagh:					
	Name	Qualification	Profession	Contact	
1	Dr. A A Faroquee	MD, MBBS	Physician	9431140972	
2	Mr.Rizwan Ahmad rizwanahmadmail@rediffmai.com	M.A, B.Ed	Civil services (Allied)	08447327440	
3	Mr. Sayeed Akhtar	M.A, EDP (AMU)	Principal	9304412801	
4	Mr. Ejaz Ahmad	M.A, B.Ed	Resource Teacher	8092656450	
5	Er. Sartaz Quraishi	B.Tech (Elec.)	Asst. Engineer	9122976576	

Teachers of RCC Hazaribagh:

S No.	Teacher 's Name	Name of school/Institution (currently teaching)	Experience	Contact No.
1	Mr.Parwez Ahmad	National Public School Hazaribag	6 yrs	8987612243
2	Mr.Ayatullah Habib	Millennium Girls High School, Hazaribag	2yrs	8797361658
3	Mrs Nahida Fatema	National Public School Hazaribag	3yrs	
4	Mr Waris Raza	Science chamber Coaching centre Hazaribag	3yrs	9835557263

Kindly keep pouring in your precious suggestions, encouragemen ts, and contributions. Kindly do consider helping the people of your own place, and do your best to take the projects of **Bihar Anjuman**

RCC Hazaribagh conducted its first

Awards ceremony along with the inauguration ceremony, on 22nd Oct 2011: The formal Inaugurations of coaching Classes of Rahbar Coaching Centre, Hazaribagh was held on 22nd Oct, 2011. The RCC classes had already been running since 1st Oct 2011. The programme commenced with the recitation of the holy Quran by Jb. Ayatullah Habib. Then the key note address was presented by the team leader Prof. Ziyaul Haque. He described in detail about the aim & objectives of RCC. The programme was presided over by Jb. Islam Khan Sb., Retd. General Secretary of Police Association and at present a legal counsellor of family court, Hazaribagh. In his presidential speech, he inspired the students to study hard , be sincere in their classes and try to achieve distinguished success in the examinations. He asked them to be a good human being also.

Jb Abrar Hussain Sb, Retd.Teacher of Govt High School, in his address appealed the students to be honest towards their studies. They must also try to become a beneficial part of the society. After that Jb Ejaz Ahmed, member of RCC committee asked the

student to acquire positive attitude, set up a dream of their lives and try to achieve it.

The prize was awarded by Jb Islam Khan Sb. The whole Programme conducted by Jb Syed Akhtar Sb Member RCC. The vote of thanks was delivered by Mr. Perwez Ahmed. In this programme all teachers Mr. Waris Raza, Suresh Kumar, Ayatullah Habib, Nafis Ahmed, Perwez Ahmed and approx 60 students were present.



Students like Ismat, Huma Nahid and Afreen Naaz also expressed their feelings and experience about the centre, its teachers and their significant method of t e a c h i n g . T h e y applaused all these and hoped for their better f u t u r e b y t h e

contribution in their study of the centre.

After that the prizes were distributed among the students who have performed well in the monthly test.

Rank	<u>Class VIII</u>	<u>Class IX</u>	<u>Class X</u>
1 st Prize	Shakir Hussain	Nazia Perween	Farhan Akhtar
2 nd Prize	Huma Nahid	Taiyaba	Zeenat Kausar
3 rd Prize	Darakshan Jamal	Nazish Nigar	Arshad Alam

RAHBAR Coaching Centre Bhagalpur got inaugurated

on 10th Oct 2011: The ceremony started, at 8:30 AM with an attendance of 60 people including students and parents. It was presided over by Jb. Syed Ali Manzoor Sb. (Local Committee head). The ceremony was opened with narration of "Iqra Bisme rabbika" and the explanation of the same by Hafiz & Alim Matiur Rahman sb.

The coaching centre was inaugurated by Prof. Qamrul Hoda Sb. (Professor of Economics, Bhagalpur University). Meaning and importance of education was emphasised by him, in his speech.

Jb. Vinay Poddar Sb (middle school headmaster where the coaching classes are arranged), in his speech appreciated the efforts of Bihar Anjuman and promised his full cooperation in smooth running of classes and obtaining necessary approval from the DSE-Bhagalpur.

All speakers stressed the importance of education, and Jb. Syed Ali Manzoor sb, stated that a village is weighed by the quality of residents rather than their count. Students were motivated and told to work hard to set examples for others to follow.

The ceremony concluded with a vote of thanks and distribution of sweets. The expense incurred in the arrangements (INR 500) was contributed by the committee members.

Classes started from 11-10-2011 with the following schedule:

Day	Timings	Subject
Mon-Thursday	6:30- 9:30 AM	Maths, Science, Social science & English
Friday	10:00-11:00 AM	Common Class for Deeniyat
Saturday & Sunday	11:00 AM – 2:00 PM	Maths, Science and Urdu

Classes are starting on time with full cooperation of the head master of the school. It was encouraging to observe that the students reach the coaching centre 15-20 minutes before the start of classes.

Committee and Responsibilities:

Over all supervision: Jb. Syed Ali Manzoor

Teacher in charge: Jb. Mahfooz alam (Responsible to follow up and keep track of the teachers)

Centre Incharge: Jb. Ali Siddiqui Sb. (Responsible for the arranging the coaching centre in terms of timely opening, stationary etc.) List of Teachers:

SI.	Name	Subject	Salary
1	Md.Mahfoozul Haque	Maths	2000
2	Md. Rizwan	Science	2000
3	Drakshan Najmul	English & Social Science	2000
4	Jb. hafiz Mati-ur- rahman sb	Urdu & Deeniyat	1500

RAHBAR Coaching Centre, Tajpur, Samastipur

RAHB conducted its 2nd awards ceremony, on 3rd October 2011, at Tajpur Public School, Tajpur: Janab Ejaz Ahmad Sb, translator of B.D.O. office, Sakra was the chief guest at the function, while Md. Quasim Salfi, Anwarul Haque Sb, Md. Khursheed Sb, Ansar Ahmad Sb, Nooruzzoha Sb graced the occasion as special Invitees.

The Second Award Ceremony of RAHBAR Coaching Centre, Tajpur, Samastipur was organized on 03-10.2011 at Tajpur Public School, Tajpur (place). The Award Ceremony started at 10 am with recital of the Holy Qura'n by Ms. Munira Iqubal, d/o Janab Fakhruddin Ahmad Sb, the team leader of RCCTajpur.

The program was presided over by Janab Md. Quasim Salafi Sb, Vice Principal of Inter College, Tajpur. In his welcome address, he said, "education is the original beauty, not the dress or external appearances." Later, the chief guest, Janab Ejaz Ahmad Sb, suggested to the boys to make the best of this opportunity provided by Bihar Anjuman, and study more attentively and work hard with a view to educate themselves in the true sense.

The co-team-leader, Janab Abrar Ahmad Sb urged the students to aim

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Samastipur [http://Samastipur.bih

higher, and look forward to a better performance every time. He stressed upon the fact that everything was possible, as the word "impossible" is found only in the dictionary of fools. He further elaborated that if the word "impossible" is separated into three parts i.e. I-M-possible, it gives out an affirmative meaning. So, no one should consider anything impossible. The program concluded with dua-kalam by Jb. Md. Quasim Salfi Sb.



Rahbar Coaching Centre, Chitarpur, Ramgarh

conducted its 1st Awards Ceremony, on 09/10/2011: Welcome speech was delivered by Sarfaraz Alam Sb to all guests. He presented a bouquet to Janab

Dr. Rrasheed Uddin Ahmad Sb while welcoming him after the introduction of guests. Janab Lal Khan Sb, in his talk, stressed upon the fact that this RCC was the first charity/social work in this village for needy students. All members of RCC Chitarpur deserve to be congratulated and appreciated for establishing a free coaching centre in this remote part of the world. This credit goes to Bihar Anjuman, who have proved beyond the need for any words that they truly care for our community.



Janab Dr. Akhlaque Ahmad Sb explained why we must include teaching of moral values along with education of other academic

subjects - it is important to guide the students towards the point of view of Islam which focuses on moral development of every individual. Bihar Anjuman included Urdu & Islamics in their coaching program along with other subjects. This is a special

feature of Bihar Anjuman's misison.

Janab Dr Rasheed Uddin Ahmad Sb, the chief guest of the ceremony told that he was very happy at being invited to this ceremony. He said, "I Know your activities through your coaching students, and their progress reflects the quality of your efforts. In this regard your hard work will never go waste; it has already influenced the Chitarpur society in many ways. I am hopeful that society will cooperate with you in the best ways possible. I shall be ready to contribute my bit today, tomorrow, and forever, Inshallah. Vote of thanks was presented by Md. Yusuf Sb. The ceremony

concluded with dua.

Rahbar Coaching Centre, KISHANGANJ

conducted its 6th Awards Ceremony, on 09/10/2011: Chief Guest on the occasion was Janab Shamim Akhter Saheb, News Producer (Ariana News, Kabul, Afghanistan). Among special invitees who

graced the occasion were Adv. Abdul Haque sb., Adv. Masiuzzaaman sb., Md. Arif sb., Mr. Tauhid Alam sb., Mr. Rizwan sb., and Md. Maroof sb.

The 6th Award Ceremony of RAHBAR Coaching Centre, Kishanganj was organized at Millat Girls High School. The Award Ceremony started at 9 am with recital of the Holy Qura'n by Mr. Tausif Reza Saheb.

The Chief Guest addressed the students and expressed that there is no shorter way to achieve the goal of life. Hard work and continuous effort is necessary to get one's goal in life. He also put stress health sanitation. Shamim Akhter Saheb belongs to Kishanganj and after completion of graduation from Jawahar Lal Nehru University (JNU), New Delhi. Hailing from a financially weak family, Shamim Akhter Saheb didn't compromise with education. With his sincerity he has turned the fortune for



himself and his near and dear ones. Shamim Akhter Saheb is a good inspiration for the students of RCC who belong the financially weak families. The Vote of Thanks was delivered by Mr. Naeemuddin Qasmi Saheb . The ceremony concluded at 10.00 am.

BNMU, Madhepura, he had completed post graduation from

RAHBAR Coaching Centre, Patna

conducted its 26th Awards Ceremony on 23rd October 2011, at Najam High School at 11 AM. Janab Dr. Syed Shah Taqiuddin, Nadvi, Salfi, Madni & Mazhari , was the chief guest at the function, while Md. Enam Khan, Najmul Hassan Najmi, Mullick Habib Ghufran, Jameel Mazhari, BA Manager., Masood Jami, Qaumi Tanzeem reporter, Arun Kumar (Teacher), Santosh Kumar (Teacher), Miss Nuzhat (Teacher), Mr. Nishat (Teacher), graced the occasion as special Invitees.

The programme was started with recitation of Quran by a girl child. Najmul Hassan Najmi sb welcomed the guests and chief guest was incidentally his relative as well.

Janab Enam Khan Sb informed the students that 19 RCC is inaugurated and competition is tough for 10th grade students. He told them that 8 students of MANUU passed their 1st year exams who were sitting in front of us in 2009. Now it is their turn to go to diploma engineering if they performed well. Chief guest, Dr. Syed Shah Taqiuddin Sb, narrated his student life, describing how he started from

Madarsa, then to Banaras Salfia and to Nadwa and to Madina and finally Jamia Azhar in Egypt. He was teaching Arabic, Hadis and Quran to Arabs, for 45 years in Saudi Arabia. He told the students "poverty is never an impediment in getting high education. You are lucky that BA is giving full support to you, so take advantage of it". He gave interview to Qaumi tanzeem Urdu daily of Patna. The awards ceremony conclued on Nishat sb's dua.



Rahbar Coaching Centre, Jamshedpur

conducted its 10th Awards Ceremony on 18th October 2011, at Syed Salman Nadvi hall of M.O. S Academy, Jamshedpur: Janab Prof. Syed Shamim Ahmad Madaney was the chief guest at the function, while Dr. Shah Hasan Usmani, and Janab Anisur Rahman graced the occasion as special Invitees.

The 10th Award Ceremony of RAHBAR Coaching Centre, Jamshedpur was organized on 18.10.2011 at Syed Suleman Nadvi Hall of M.O Academy. The Award Ceremony started at 11:30 AM with recital of the Holy Qura'n by Gulshan Firdaus (student of RCC).

Prof Syed Shamim Ahmed Madaney emphasized on the need of education. He advised students to focus on their studies. Education is the only solution to eradicate the poverty from the Muslim community. He also urged teachers to prepare student in the way that they can compete with the other community. This is the need of today world. You cannot succeed unless you compete with others. A prosperous future



18th Oct. 2011 [http://Jamshedpurkbiharanjuman.org/]

is secured only with proper education.

Finally, Prof. Madaney distributed prizes among the successful students. The Vote of Thanks was delivered by Mr. Samee Ahmad Khan. The ceremony concluded at 12:30PM.

Rahbar Coaching Centre, Sitamarhi

conducted its 4th Awards Ceremony on 8th October 2011, at Crescent Public School, Rajopatti, Sitamarhi. Janab Jb Shahnawaz Alam sb, Social Worker was the chief guest at the function, while Jb Parwez Ahmad sb, Teacher and Mohd Mohsin Azam Khan sb, Teacher, graced the occasion as special Invitees. The 4th Award Ceremony started at o3:30 PM with Dars-e-Quran by Hafiz Tahoor Anwar sb. Who recited some initial Aayahs of Surah Luqman and explained how 'Shirk' is the worst evil, so we should keep away from all major and minor shirk. Jb Ghayoor Anwar sb delivering the Ders-e-Hadees explained the value of 'Deen-e-Islam' in our life and also

defined the true meaning of Deen. After that Abdus Salam, student of class 10th, pleased us delivering the Tarana.



Jb Shahnawaz Sb, Social worker, delivering the speech as a chief guest said that we should be thanks fulto God because He gave us the chance to acquire education and it is also the praiseworthy work of Bihar Anjuman to provide a free coaching for students to those who are economically weak. He said further that this facility should be considered as the best opportunity given by Allah (S.T). He explained also the value of education and persisted to

implement it in our society. Jb Parwez Ansari Sb. and Mohsin sb delivered guest lectures to all the students. The program concluded with some suggestive words of Br. Asghar Ali sb.

RAHBAR Coaching Centre, Dhanbad

got inaugurated on 4th Oct 2011 (a) Baghakuri, Kumardhubi, Dhanbad: The function was organized near the Jama Masjid, at 10am. The chief guest on the occasion was Janab Mohd Akhlaqur Rahman Khan Sb, secretary of All India Ideal Teachers Association, Bihar Zone. In his address, he expressed pleasure at the fact that Bihar Anjuman has opened many free coaching centres in Bihar and Jharkhand. He congratulated everyone on their first

Inauguration Caramony, RAHBAR Coaching Centre, Baghakuri, Kumardhubi Dhanbad (Jharkhand), 4th Oct. 2011 [https://Dhanbad.biharanjuman.org/]



coaching centre in the district of Dhanbad, although it was the 18th centre for them, overall. RAHBAR's manager, Janab Jameel Mazhari Sb briefed the aims and objectives of these coaching centres stressing upon the fact that this is a mission to reduce the school drop-outs among weaker sections of the society, and that Bihar Anjuman ensures that the students passing 10th grade from these centres must get respectable employment as quickly as possible. Janab Fayyaz Beg Sb, the team-leader of RCC Dhanbad explained the main features of this centre, like the grades that will be coached, the timing of classes, the admission procedures, assessment system, and the monthly awards system, etc.



What a motherhood

Editorial Board

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Together we can change our society. Join Bihar Anjuman www.biharanjuman.org

write to bakhabar@biharanjuman.org, to form a chapter in your city or country

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Kolkata	\times	Hyderabad	\bowtie	Toronto	>
Muzaffarpu	\aleph	Ranchi	\times	Gaya	>
Dammam/Khobar California Chicago					

Good Books to Read



Who Killed Karkare by S.M. Mushrif

Minhajul Muslim publisher Darussalam This is excellent book for every Muslim

Kameyabi ki kunji Abdul Badie Saqar

Hindustan Times about Bihar Anjuman Continued from page 3

In the list of 27 successful candidates for Commercial Tax Officers, there are five Muslims. (S.M. Irshad Arif. Majid Ahmad, Amir Nayyer, Asadullah Ghalib Ansari and Mukhtar Akram.)

There are 8 Muslims among 41 selected for the post of additional electoral officers. (Suhail Ahmad, Muneer Shaikh, Mohammad Ghazali, Javed Iqbal, Mohammad Nazrul Haq, Sarfraz Nawaz, Mohammad Ashraf Afroz, and Parveen Jahan.)

Among the 19 selected as labour superintendents, a couple of Muslims made the cut. (Mohammad Aftab Alam and Javed Rahmat.) Mohammad Sattar Ansari is among the 12 selected to be excise inspectors. Likewise, Asghar Alam Khan is the lone Muslim among 19 selected for Bihar Education Services.

Muslims don't need to be Nobel winners to change things. They just need to be educated and gainfully employed. Small steps forward make a big difference.

Educated Muslims not just do well for themselves; they also open a whole new door for many others. They serve not just this country good but also their parents and children. They bring dignity to a community whose ways are doubted and capabilities are questioned.

They will pull generations out of poverty. When one generation of Muslims breaks the barriers of disadvantages, life becomes easy for many others that follow. But it is important to remember what makes this possible—accessto education.

My message to young Muslims: try. Imagine a man about to drown. He doesn't give up. If you fail, try once more. Every failure must be followed by a renewed shot at success. If we become worthy sons of the soil, we only help ourselves.

I am stubborn in my belief that, with a little help, we shall overcome. We will overcome.

